**Alexis Cox**

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**Objective**

Registered Nurse with experience in Level 1 Trauma, adult medical-surgical units. Strong passion for working with diverse patient populations and promoting healthcare equity. Efficiently managed medical treatment and care plans for up to 6 patients on both day and night shift. Looking for a Registered Nurse position to expand in knowledge and proficiency, while creating strong nurse-patient relationships where patients can feel accepted and represented.

**Education**

Illinois Wesleyan University, Bloomington, IL

*Bachelor of Science in Nursing,* May 2020

**Licensure & Certifications**

Registered Nurse, Illinois State Board of Nursing **License number 041.500272**

New Graduate Registered Nurse Residency **September 2021**

Epic proficient

Pyxis MedStation technology proficient

FEMA, ICS-100 certified

**Skills**

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| * Intravenous Therapy
* Safe Medication Administration and Management
* Patient Advocacy
 | * Delegation, Prioritization, and Time Management
* Infection Control and Aseptic Technique
* Interdisciplinary Collaboration
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**Work & Leadership Experience**

**Advocate Christ Medical Center,** Oak Lawn, IL **September 2020 – Present**

*Registered Nurse,* Trauma & Medical-Surgical

* Provided patient care to pre-operative and post-operative patients transferred from OR, ER, and ICU; experienced in low to high acuity levels in patients
* Performed physical assessments, intravenous therapy, complex wound care, and managed orthopedic devices; monitored various drainage systems, chest tubes, PEG tubes, nasogastric tube management and insertion, tracheostomy care, and pain management
* Collaborated daily and facilitated interdisciplinary communication to achieve optimum patient care and recovery process
* Facilitated patient and family education regarding medications, procedures and treatment plan
* Maintained patient’s physical and psychosocial health while emphasizing patient safety and patient advocacy
* Precepted current nursing students by teaching effective time-management, complex wound care, management of tubes and drains, and correct interdisciplinary communication
* Conducted peer interviews to aid in the hiring process of new nurses and patient care assistants to the unit

***Diversity, Equity, and Inclusion Board,***October 2021

* Worked on the unit council and hospital wide board to examine the diversity and inclusion culture throughout individual units and the hospital as a whole
* Introduced new ways to expand cultural competence hospital wide by integrating racial and religious education and working to eliminate communication barriers

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| **Relevant Experience**  |
| **Student Intern,** Carle Foundation Hospital, Urbana, IL * Performed all RN duties and gained clinical experience on the Acute Medical-Surgical Unit
* Worked with unit staff and leadership to implement a quality improvement project focused on improving patient mobility
 | **January 2020 –** **May 2020** |
| **Healthcare Technician,** Med-Surg, Carle Foundation Hospital,Urbana, IL * Exhibit proficiency in organization and prioritization while collaborating with the healthcare team to promote patient outcomes
 | **August 2019 –** **March 2020** |
| **Student Nurse Extern,** Carle Foundation Hospital,Urbana, IL * Performed all RN duties and gained clinical experience on the Medical-Surgical Unit
* Demonstrated time management and teamwork in a fast-paced setting
 | **June 2019 –** **August 2019** |
| **Global Medical Brigades,** Honduras * Promoted public health in underserved rural communities with medical, dental, and water initiatives
* Engaged in community traditions and used Spanish speaking abilities to form culturally competent relationships
* Provided medical and dental attention to over 700 people and made sustainable sanitation improvements in several communities
* Documented patient health information through online databases in a timely and accurate manner
 | **June 2018** |

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| **Additional Employment** |
| **Outback Steakhouse Waitress,** Orland Park, IL * Utilized strong organizational skills and worked cohesively with coworkers to provide the best customer service possible
 | **May 2017 – May 2019** |
| **Caregiver,** Private Family, Illinois * Overnight and day-time caregiver
* Responsible for assisting with G-tube feedings, meal prepping, bathing, toileting, and maintaining the safety of children
 | **March 2018 – March 2019** |
| **Counseling Services,** Illinois Wesleyan University* Increased student awareness on health issues prevalent to the campus by planning unique events
* Analyzed student survey data and enhanced communication and listening skills
 | **September 2017 – October 2018** |