**Alexis Cox**

1306 W Eddy St. Apt 1, Chicago, IL 60657 | ascox708@gmail.com | 708-408-4001



**Objective**

Registered Nurse with experience in Level 1 Trauma, adult medical-surgical units. Strong passion for working with diverse patient populations and promoting healthcare equity. Efficiently managed medical treatment and care plans for up to 6 patients on both day and night shift. Looking for a Registered Nurse position to expand in knowledge and proficiency, while creating strong nurse-patient relationships where patients can feel accepted and represented.

**Education**

Illinois Wesleyan University, Bloomington, IL

*Bachelor of Science in Nursing,* May 2020

**Licensure & Certifications**

Registered Nurse, Illinois State Board of Nursing **License number 041.500272**

New Graduate Registered Nurse Residency **September 2021**

Epic proficient

Pyxis MedStation technology proficient

FEMA, ICS-100 certified

**Skills**

|  |  |
| --- | --- |
| * Intravenous Therapy * Safe Medication Administration and Management * Patient Advocacy | * Delegation, Prioritization, and Time Management * Infection Control and Aseptic Technique * Interdisciplinary Collaboration |

**Work & Leadership Experience**

**Advocate Christ Medical Center,** Oak Lawn, IL **September 2020 – Present**

*Registered Nurse,* Trauma & Medical-Surgical

* Provided patient care to pre-operative and post-operative patients transferred from OR, ER, and ICU; experienced in low to high acuity levels in patients
* Performed physical assessments, intravenous therapy, complex wound care, and managed orthopedic devices; monitored various drainage systems, chest tubes, PEG tubes, nasogastric tube management and insertion, tracheostomy care, and pain management
* Collaborated daily and facilitated interdisciplinary communication to achieve optimum patient care and recovery process
* Facilitated patient and family education regarding medications, procedures and treatment plan
* Maintained patient’s physical and psychosocial health while emphasizing patient safety and patient advocacy
* Precepted current nursing students by teaching effective time-management, complex wound care, management of tubes and drains, and correct interdisciplinary communication
* Conducted peer interviews to aid in the hiring process of new nurses and patient care assistants to the unit

***Diversity, Equity, and Inclusion Board,***October 2021

* Worked on the unit council and hospital wide board to examine the diversity and inclusion culture throughout individual units and the hospital as a whole
* Introduced new ways to expand cultural competence hospital wide by integrating racial and religious education and working to eliminate communication barriers

|  |  |
| --- | --- |
| **Relevant Experience** | |
| **Student Intern,** Carle Foundation Hospital, Urbana, IL   * Performed all RN duties and gained clinical experience on the Acute Medical-Surgical Unit * Worked with unit staff and leadership to implement a quality improvement project focused on improving patient mobility | **January 2020 –** **May 2020** |
| **Healthcare Technician,** Med-Surg, Carle Foundation Hospital,Urbana, IL   * Exhibit proficiency in organization and prioritization while collaborating with the healthcare team to promote patient outcomes | **August 2019 –** **March 2020** |
| **Student Nurse Extern,** Carle Foundation Hospital,Urbana, IL   * Performed all RN duties and gained clinical experience on the Medical-Surgical Unit * Demonstrated time management and teamwork in a fast-paced setting | **June 2019 –** **August 2019** |
| **Global Medical Brigades,** Honduras   * Promoted public health in underserved rural communities with medical, dental, and water initiatives * Engaged in community traditions and used Spanish speaking abilities to form culturally competent relationships * Provided medical and dental attention to over 700 people and made sustainable sanitation improvements in several communities * Documented patient health information through online databases in a timely and accurate manner | **June 2018** |

|  |  |
| --- | --- |
| **Additional Employment** | |
| **Outback Steakhouse Waitress,** Orland Park, IL   * Utilized strong organizational skills and worked cohesively with coworkers to provide the best customer service possible | **May 2017 – May 2019** |
| **Caregiver,** Private Family, Illinois   * Overnight and day-time caregiver * Responsible for assisting with G-tube feedings, meal prepping, bathing, toileting, and maintaining the safety of children | **March 2018 – March 2019** |
| **Counseling Services,** Illinois Wesleyan University   * Increased student awareness on health issues prevalent to the campus by planning unique events * Analyzed student survey data and enhanced communication and listening skills | **September 2017 – October 2018** |