

Melody Reyes

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PROFESSIONAL PROFILE:

Otolaryngology / Medical Surgical Telemetry Registered Nurse,

With 17 years of nursing clinical background and proven ability to provide excellent patient quality care. Highly regarded as a valuable collaborator in implementing the values and vision of every healthcare, delivering outstanding clinical and service quality, and offering compassionate care that leads to better patient outcomes.

Extensive Float Nurse clinical experience,

Developed flexibility and adaptability by working in a variety of units and with multiple specialties and caring for a diverse patient population within established guidelines.

WORK HISTORY:

RN Outpatient Ambulatory Patient Clinic, Washington DC VA Medical Center (From 1/2020 - Present)

- Specialized in same day procedures/surgeries unique to Otolaryngology (ie. Nasal Endoscopy, Flexible and Rigid Laryngoscopy, Dexamethasone Ear Injections, Myringotomy / Tympanostomy Tube Placement, Botox Injections (Parotid / Submandibular Glands), Fine Needle Aspiration for Thyroid Nodules, Nasal Debridement, ENT Biopsy, Laryngo-Videostroboscopy, Vocal Fold Injection etc
- Primarily assigned to follow established guidelines to safely evaluate patients to the appropriate level of care and to provide interventions for patient evaluation and treatment.
- Applying collaborative team approach in identifying, analyzing and resolving patient care problems. partners with team members for effective disease and chronic care management of the veteran through an understanding of and respect for culture, unique needs, preferences, and values.
- Focuses on Multidisciplinary team approach in coordinating care that is patient centered with emphasis on health promotion, disease prevention, smooth transitions between levels and types of care, health education and improving management of symptoms to avoid complications from disease and/or disability.
- Assess, plans, facilitates, coordinates care, evaluates and advocates for options and services to meet individual comprehensive health needs through effective communication and available resources, in order to promote patient safety and high quality of care. Maintains current knowledge of multidisciplinary resources, programs and services, referring patients for community resources as appropriate.
- Gives Individualized patient care, sets realistic goals with an assigned panel of patients and team members for effective disease and chronic care management. Makes Telephone follow up post procedure for discharge care, review veterans home medications and home care. Makes Telephone visits for future appointments, continuity of care, sets up patients for covid testing prior to procedures and surgeries. Coordinates veteran care with PACT RN until patients are discharged back to their primary care team.
- Lead, participates in and supports performance improvement activities designed to promote and enhance quality and safety, improve efficiency in care delivery, and evaluate impact on patient outcomes. Responsible for performing in person, telephone, and care management appointments as necessary.
- Promotes, advocates for and strives to protect the health, safety and rights of the patient by providing care in a non-judgmental, non-discriminatory manner.
- Functioning independently as Charge nurse to achieve positive patient outcomes,

SKILLS:

- Certified COVID-19 Vaccinator
- Certified by Occupational Health & Safety Services to be a Fit Test Trainer / Instructor for the DCVAMC respiratory protection program and part of the Fit Test Team for Qualitative & Quantitative Fit Testing for Employees
- Proficient in Cerner, Meditech, and CPRS Software
- ACLS (advanced cardiac life support) 2015
- BLS (basic life support) certified
- Telemetry monitoring
- Wound Care Specialist
- ESRD (end-stage renal disease) Dialysis patient care
- Geriatric and Stroke care
- Bariatric surgical patient care
- Hospice cancer patient care
- Immunization in newborn and school-age children
- CGFNS certified (commission on graduates of foreign nursing school)
- Proficient in IV insertion and Central Line care
- Wound VAC (Vacuum Assisted Closure) specialist
- Delivered pre and post surgical care

responsible for the collection, analyzing of data and implementing evidence-based changes to practice based on data results.

- Demonstrates understanding of infection control precautions. Member of Covid-19 task force team which educates staff regarding new development about the disease process and latest infection protocol policies. Ensures the clinic is in compliance with Joint Commission Standards. Initiated Covid-19 check-in screening station for all 2b clinics.
- RME champion. Follows hospital policy regarding set ups, use, stocking, pre treatment, reprocessing, and maintenance of Reusable Medical Equipment. Monitor and coordinate flow in Ambulatory Specialty Clinic.

Charge Nurse Medical Surgical Telemetry, Holy Cross Hospital, Maryland (From 8/2011 - 12/2019)

- Provides supervision and leadership, clinical oversight, facilitates staff engagement and department operations. Guiding and motivating staff, completing administrative tasks, and ensuring high level of care. highly skilled in taking care of patients with complex medical surgical needs. Cared for a variety of critical patients including tracheostomy and dialysis patients.
- Acted as a clinical preceptor, providing one on one training and orientation to new nurse colleagues. Functions effectively as Charge Nurse, used advanced clinical knowledge to promote staff involvement in planning, decision-making and evaluating outcomes.
- Heads the nursing Interdisciplinary team. works alongside with physicians, pharmacist, social workers, case managers during huddle for care coordination and safe discharge planning.
- Ensures the highest quality and safe delivery of patient care, maintains compliance with professional nursing, JCAHO, and all federal and state standards of care. Demonstrates correct responses to codes, emergencies, handles complex patient situations and initiates effective action to emergency situations. initiates referrals to other providers/services and transfers patients to higher levels of care when appropriate. Works with social workers, case management for continuity of care.
- Maintain compliance with training, infection control, and education and safety requirements. Provides care, respecting patients personal values, cultural and belief system.
- Wound and Wound Vac champion. serves as educator regarding complex wound management, ostomy, and wound vac application and care. Taught patients prior to discharge how to take care of their wound vac at home. Makes Telephone follow up post discharge for continuity of care.
- Treated patients with Acute and Chronic health problems. Skilled in handling patients with but not limited to- Hospice, Palliative, Bariatric, Stroke, Parenteral Nutrition, Diabetes, Sickle Cell, PCA, Mental health, Arrhythmias, COPD, problem.
- Recipient of STOP THE LINE twice and Star of the Quarter Award.

Charge Nurse Medical Surgical Geriatric Stroke Unit,, Providence Hospital, Washington, DC (From 11/2006 - 6/2019)

- Designated to function as night shift charge nurse, assigned to manage up to 18 patients and 5 medical staff while having own set of patients, provides full oversight and responsibilities for the department functions. Supporting Staff from a leadership perspective. Functioning as an expert in clinical practice on areas related the assigned roles and responsibilities.
- Stroke Champion. Managed the Stroke awareness program with stroke coordinators to improve stroke protocols that eventually Led our unit to transition to provide care not only to Geriatric/Alzheimer's patients but also to becoming one of the central units for our stroke patients, resulting in the hospital becoming STROKE Joint Commission Certified.
- Serves as Preceptor to New Nurses. Assigns staff to effectively apply care based on staff competencies, nursing process and evidence-based practice within a collaborative, interdisciplinary practice setting to facilitate the effective care of patients.

- Worked in a collaborative, team-oriented environment as a patient advocate, treating patients with empathy and respect. Knowledgeable regarding but not limited to- end of life care, Geriatric Syndromes, Stroke, multifactorial conditions that comprises Alzheimers and Dementia care, sundowning syndrome, Sepsis, CHF, Dialysis, pre and post surgical care.
- Wound Care Specialist. Serves as an educator in complex wound care. Works closely with case and social workers for safe patient discharge to home, rehab, skilled nursing facility. report any abuse found during care with the Adult Protective Services. Fall Champion- helped develop hourly rounds and was able to minimize staffing shortage issues by conducting awareness of the benefit of Telesitter which eventually made the unnecessary use of restraints nearly abolished.

RN Float Agency Nurse, Washington Hospital Center and George Washington University Hospital in Washington, DC (From 01/2008 - 8/2011)

- Floated to different floors with multi-specialties and diverse patient needs.
- Provided all aspects of care to adult medical/surgical patients

RN Patient Care Coordinator, Perry Family Health Center, Washington, DC (From 1/2008- 8/2011)

- Coordinates clinic to adhere with the principles and objectives similar from the Patient Centered Medical Home Concept where it requires patients to become active, prepared knowledgeable participants in their care which requires a team care approach that aims to personalize, prioritize and integrate care to improve the health of the individual, families, communities and population. Care is based on a long term partnership between the health care team and the patient, focusing on the whole health of the patient. Quality care is improved through effective interprofessional team collaboration.
- Provided care from newborn to adult patients, duties assigned but not limited to, give immunizations to newborn, school age children to adults. Helped families care for themselves and stay healthy through regular appointments, Family planning, infectious disease, STD, screening test and give information on maintaining a healthy lifestyle, nutrition guidance, annual physicals, health prevention. Conducted telephone visits/follow up. Also assisted with women's health services including gynecological exams. provides evidenced-based patient and family health education with a focus on self management, prevention, and wellness based on the patients goals. Provides ongoing education/reminders in women's health care including cervical cancer screenings like PAP smear, mammography and breast care.
- Identify and follow-up on all referrals made to assure continuity of care and patient/family needs are met. Demonstrates leadership and command of practice in delivering and improving holistic care through collaboration strategies with others to provide comprehensive nursing care to patients assigned. advocates for patients by providing care in a non-discriminatory, non-judgemental, holistic care that will promote the well being and improves patient's mental, physical, emotional and spiritual health, thus preserving their autonomy, dignity and rights.
- Makes Telephone follow up, review home medications, post discharge care, reminding them about upcoming immunization, screening and appointments. Monitors and coordinate patient's treatment plans, educate about their condition, connect them with health care providers, refers patients, and evaluate their progress. Monitors patients at high risk for hospitalization and keeps Primary care Provider appraised of clinical issues needing provider intervention.
- Checks in on the patient regularly and evaluate and document their progress. Assist the care team with developing and assessing health preventions and interventions.

RN Charge Nurse, Fatima University Medical Center, Philippines

From 1/2004 - 11/2006

- Delivered care as a Charge Nurse in a unit where there are mixed, different types of patients in the same floor, with diverse medical problems not limited to Med/Surg, Dialysis, Obstetrics and Gynecology, Pediatrics, Orthopedic, post-op, ENT.

EDUCATION & LICENSE:

Bachelors Degree in Nursing (BSN), Our Lady Of Fatima College, Manila, Philippines

District of Columbia Registered Nurse, RN1009173

Maryland Registered Nurse, RN195447

REFERENCES:

Karole Thomas: Washington DCVA Medical Center Patient Safety Specialist

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Iyesata Deen: Washington DCVA Medical Center ENT Nurse

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