

Nacirema Frisch

Registered Nurse

Woodridge, IL 60517
naciremaf@gmail.com
+1 331 775 8009

Ethical and compassionate professional seeking a Registered Nurse position in a challenging and progressive health care organization. Strong communication skills and proven success in working in a team environment. Quick to take charge and delegate in a critical thinking situation. Respect for cultural diversity, life experience, and education. Driven to increase the development of successful interpersonal relationships with patients and their families in a critical, long term, or acute care environment.

Willing to relocate: Anywhere
Authorized to work in the US for any employer

Work Experience

Registered Nurse/ Charge Nurse/critical care COVID unit floor RN/ Weekend Supervisor

HOLY FAMILY VILLA - Palos Park, IL
May 2020 to November 2021

- Supervised all nursing professionals.
- Delegated tasks in critical emergency situations.
- Provided care for terminal residents on COVID unit.
- Performed routine nursing skills such as wound care treatments, including wound vac maintenance, head to toe assessments, chest tube treatments, IV insertion, g tube maintenance, medication administration, ADL, assisted PT/OT/ST, admissions, and frequently monitored for status change post surgery, documented plans of care.
- Trained incoming nursing professionals.
- Followed all safety and quality of life regulations per facility protocol within my scope of practice

Caregiver

PRIVATE CARE - Chicago, IL
January 2008 to December 2019

with ADL, glucose monitoring, insulin injections, g tube procedures and maintenance, check vital signs, administer chemo medications

CNA - Certified Nursing Assistant

Oakridge healthcare center - Hillside, IL
September 2013 to December 2015

My responsibilities include but are not limited to, assisting nurses in any way necessary, help patients with activities of daily living in a skilled nursing facility, supervising patients with diminished capacity and monitoring their safety.

Skills Used

Very proficient with hoyer lifts, checking vital signs, giving the utmost care to my patients, helping with daily activities, perineal care, and wound care.

I was commended for responsibility, dependability, teamwork, and consistency of empathetic care.

Provide high-quality patient care as a CNA within rehabilitation, home-healthcare, and nursing-home settings

- Preserve patient dignity and minimize discomfort while carrying out duties such as activities of daily living and personal hygiene
- Commended for responsibility, dependability, team work, and consistency of empathetic care

Certified Nursing Assistant

Peterson Park Health Center - Chicago, IL

September 2014 to October 2014

Provided nursing assistance to residents in a skilled nursing facility

* Assisted residences with activities of daily living

* Supervised patients with diminished capacity and monitored their safety

Caregiver

PRIVATE CARE - Naperville, IL

February 2007 to April 2011

Assisted terminally ill patient with ADL, G-tube interaction/feeding/machine maintenance, and mobility

Education

Associate's degree in Nursing

Rasmussen College-Illinois - Romeoville, IL

April 2018 to March 2020

CNA Certification in nursing

Career Training Center of Chicago - Chicago, IL

2014 to 2014

Nursing Licenses

RN

Expires: May 2022

State: IL

Skills

- Nursing (2 years)
- Hospital Experience (1 year)
- Experience Administering Injections (4 years)

- Caregiving (10+ years)
- Medication Administration (2 years)
- Medical Records (1 year)
- G tube maintenance, NG tube insertion/removal, IV insertion/removal, tracheostomy care, COVID unit care, end of life care, chest tube maintenance, wound care, and documentation. (2 years)
- Home care (10+ years)
- Customer service (1 year)
- Microsoft Office (10+ years)
- Hoyer Lift (5 years)
- Vital Signs (10+ years)
- Critical Care Experience (2 years)
- Nurse Management (1 year)
- Assist with ADLs and Feed patients (10+ years)
- Practice proper medical terminology (10+ years)
- Maintain patient monitoring, care, and safety (10+ years)
- Practice Proper Privacy/HIPPA regulations (10+ years)
- Sanitation

Awards

Dean's List

March 2020

I made the deans list and/or honor roll every semester of nursing school.

Certifications and Licenses

BLS for Healthcare Providers (CPR and AED)

March 2018 to March 2022

First Aid Certification

January 2012 to September 2023

CNA

January 2012 to January 2015

ACLS Certification

Registered Nurse (RN)

May 2022

Assessments

Clinical judgment — Proficient

December 2021

Assessing a patient's condition and implementing the appropriate medical intervention
Full results: [Proficient](#)

Protecting patient privacy — Proficient

December 2021

Understanding privacy rules and regulations associated with patient records
Full results: [Proficient](#)

Clinical judgment — Proficient

December 2021

Assessing a patient's condition and implementing the appropriate medical intervention
Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Groups

NSNA

August 2018 to Present