

Abbey Silva

Chantilly, VA

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I have been a Registered Nurse for 20 years. My primary background is critical care with a focus in cardiology and cardiovascular intensive care units. I also have experience in pre-op and post-op recovery units. I worked in Endoscopy briefly, giving me a knowledgeable background in GI and pulmonary procedures (E.g., EGD's, bronchoscopies, etc.).

Authorized to work in the US for any employer

Work Experience

PACU Staff Nurse

Northern Virginia Surgery Center - Fairfax, VA

October 2019 to Present

Job Duties:

- Recover patients in phase 1 and phase 2 stages post operatively. Surgeries include ortho, ENT, pain, GI, plastics, urology, GYN.
- Demonstrated knowledge and clinical skills to provide care to post operative adult and pediatric patients until discharge. Deliver postoperative instructions to patient and family members. Communicates and works closely with anesthesia and surgeon to create post op plan of care for patient.
- Demonstrated documentation skills by accurately maintaining nurses' notes and promoting sufficient communication among care staff. Continuously collaborate with physicians and make important inputs to the physicians' decision. Constantly review and evaluate my own performance against established clinic/unit standards of practice and regulations.

ICU Staff Nurse

Providence Little Company of Mary - Torrance, CA

August 2015 to July 2019

90503

Job Duties:

- Demonstrated knowledge and clinical skills to provide specialized nursing services to critically ill patients requiring complex and specialize treatment. Provide continuous and rapid assessments throughout the shift and select an appropriate course of action based on assessed data. Demonstrates the clinical acumen to make significant changes in treatment approaches independently and recognizing the need for and obtaining additional information i.e. vital signs, laboratory test and x-rays especially when caring for critically ill medicine and surgical patients.
- Provided direct patient care with emphasis on meeting both physical and emotional needs of the patient, family and others to the treatment plan. Help alleviate anxiety and stress to the patient and family by providing information about the condition and treatments in collaboration with the health care team. Provide constant support to the patient and family by providing information on disease process, pre

and post operative care, diagnostic procedures, use of equipment related to disease/care, expected and possible adverse reactions to medications health maintenance and illness prevention.

- Demonstrated documentation skills by accurately maintaining nurses' notes and promoting sufficient communication among care staff. Initiate and update nursing care plans' and continuously collaborate with physicians and make important inputs to the physicians' decision. Constantly review and evaluate my own performance against established hospital/unit standards of practice and regulations.
- Administered IV fluids, medications, and antibiotics and observe for adverse reactions and side effects. Continue to update knowledge on potentially lethal, special and experimental drugs in order to determine normal action adverse reaction and corrective interventions in response to the disease process.
- Assessed, monitored, examined, reported and follow-up on lab data, blood work, and urinalysis results. Ability to interpret special screening, developmental tests and laboratory findings in order to identify problems and plan nursing care and interventions. Knowledge and skill sufficient to interpret EKG patterns regarding life-threatening arrhythmias. Knowledge in the use and effects of intravenous fluids and blood products.
- Knowledge of emergency and resuscitative measures. Skills in the ability to utilize highly complex technical equipment such as hemodynamic monitoring devices, Invasive Thermodilutional Catheters, intra-aortic balloon pump, ventilators, CPAP machines, temporary pacemakers and chest tubes. Ability to interpret, evaluate and diagnose actions to be taken based on Patients' physiological and psychological condition. Assists physicians with complex or potentially life threatening procedures such as cardioversion and insertion of invasive lines, e.g., arterial, venous and pulmonary artery catheters and intubation.
- Acted as a preceptor for new grad nurses and nurses transitioning into ICU.

CVICU Staff Nurse/ heart and vascular short stay

pre-post op Nurse

Our Lady of the Lake Hospital - Baton Rouge, LA

April 2013 to June 2015

70808

Job Duties:

- Demonstrated knowledge and clinical skills to provide specialized nursing services to critically ill patients requiring complex and specialize treatment. Provide continuous and rapid assessments throughout the shift and select an appropriate course of action based on assessed data. Demonstrates the clinical acumen to make significant changes in treatment approaches independently and recognizing the need for and obtaining additional information i.e. vital signs, laboratory test and x-rays especially when caring for critically ill medicine and surgical patients.
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Endoscopy Staff Nurse

Baton Rouge General Hospital - Baton Rouge, LA

June 2012 to April 2013

70809

Job Duties:

- Demonstrated the knowledge and clinical skills to provide specialized nursing care to GI and Pulmonary patients in the clinical and hospital setting. Admits patients, start's IV's, draws labs, interprets lab results, EKG's, provides conscious sedation, monitors VS, hang IV fluids. Circulate and tech in procedures including: colonoscopies, EGD's, bronchoscopies, food boluses, tracheostomies, ERCP's, PEG placement/removals. Provide patient care in Endoscopy recovery room as demonstrated by educating patient and family members on procedure, procedure outcomes, medications, discharge planning.
- Demonstrated knowledge and clinical skills to provide specialized nursing services to critically ill patients requiring complex and specialize treatment. Provide continuous and rapid assessments throughout the shift and select an appropriate course of action based on assessed data. Demonstrates the clinical acumen to make significant changes in treatment approaches independently and recognizing the need for and obtaining additional information i.e. vital signs, laboratory test and x-rays especially when caring for critically ill medicine and surgical patients.
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MICU Staff Nurse

CVICU - Fort Sam Houston, TX

May 2009 to May 2012

Job Duties:

- Demonstrated knowledge and clinical skills to provide specialized nursing services to critically ill patients requiring complex and specialize treatment. Provide continuous and rapid assessments throughout the shift and select an appropriate course of action based on assessed data. Demonstrates the clinical acumen to make significant changes in treatment approaches independently and recognizing the need for and obtaining additional information i.e. vital signs, laboratory test and x-rays especially when caring for critically ill medicine and surgical patients.
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- Served as a role model and provide guidance and leadership to orientees, students and paraprofessional nurses.
- Worked with Nexus PI, participated process improvement by formulating data collection spreadsheets and charts, collecting data, auditing charts, presenting findings and cumulative data to staff.

ICU travel Staff Nurse

Maxim Healthcare - San Antonio, TX
February 2009 to May 2009

7820

Job Duties:

- Patient Care Unit (Cardiac ICU/step-down/telemetry unit combined), cared for pre/post cath patients, i.e., permanent pacemakers, ICD battery change, angiograms, etc. acute MI's, chest pain, CHF patients.

ICU travel Staff Nurse

Maxim Healthcare - San Antonio, TX
November 2008 to December 2008

78258

Job Duties:

- Adult Intensive Care Unit.

ICU travel Staff Nurse

Maxim Healthcare - San Antonio, TX
2008 to December 2008

78229

Job Duties:

- Medical Intensive Care Unit, float to Progressive Care Unit, Coronary Care Unit as needed.

ICU travel Staff Nurse

Angel Staffing - San Antonio, TX
August 2008 to September 2008

78236

Job Duties:

- Medical Intensive Care Unit and Coronary Care Unit. Tasks done similar as found below under EJGH.

ICU Staff Nurse

East Jefferson General Hospital - Metairie, LA
March 2004 to June 2008

70006

Job Duties:

- Provide care for patients' in Coronary Care Unit pre and post angiograms, acute MI, pre-CABG, ability to pull sheaths, titrate cardiac drips, IABP experience, care for ventilated patients, cardiac monitoring, TPA patients, titration of sedative drips, experience with conscious sedation, assisting in cardioversions, central line placements, TEE's, GI scopes, insertion and discontinuation of IV's, foleys, NG/ OG

tubes, discontinuation of and management of arterial lines, CVP, Swan Ganz, management of external temporary pacemaker, experience with patients pre and post permanent pacemaker/AICD placement, chest tubes, JP, pinrose, axel drains, hemovac, wound vac, fecal incontinent system, colostomy, J-Tubes, PEG tubes and more

Step down Unit Staff Nurse

Benefis Healthcare - Great Falls, MT

July 2002 to December 2003

59405

Job Duties:

- Telemetry floor "Progressive Care Unit" caring for patients coming out of ICU.
- Performed bedside duties such as: clinical assessments, dispersed medications, assisted with bedside procedures, patient teaching.

Certifications/Courses

- American Heart Association ACLS Provider
- Basic Life Support
- PALS

Personal:

- Spouse is an Active Duty Officer in the United States Air Force assigned to Ft Belvoir, VA, but works near Dulles airport.

Education

Bachelor of Science in Nursing in Nursing

University of New Orleans

August 2002 to December 2003

Associates Degree in Nursing in Nursing

Montana State University

August 2000 to May 2002

Pre-Nursing

Louisiana State University

August 1999 to May 2000

Nursing Licenses

RN

State: VA

Skills

- RN

- PACU
- Staff Nurse
- Critical Care Experience
- ICU Experience
- Hospital Experience
- Vital Signs

Certifications and Licenses

ACLS Certification

BLS Certification

PALS Certification