AUSTIN JONES 328 Tessa Grace Way, Murfreesboro, TN 37129

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Experienced in the health field with degree in Exercise Science and Nursing. Passionate about personal health, fitness, sports and helping people in their daily life. Highly disciplined and dependable, relational team player with strong communication skills

# **EXPERIENCE**

#### 2021-2022

## **EMERGENCY ROOM NURSE, VANDERBILT BEDFORD MEDICAL CENTER** 2017 – 2021

### SALES ASSOCIATE, NUTRISHOP

- Delivered information on nutrition and supplemental facts
- Facilitated InBody testing & analysis
- Created meal plans based on each individual needs

#### 2018

#### PHYSICAL THERAPY INTERN, TENNESSEE ORTHOPEDIC ALLIANCE

- Interacted with clients during recovery
- Assisted physical therapist with exercises for clients
- Documented client rehabilitation progress

#### 2016 - 2017

## FLOOR SUPERVISOR, MTSU CAMPUS RECREATION CENTER

- Managed all building operations during shift
- Provided care for every patron
- Communicated what a team environment needed to look like

### DECEMBER 2020 NURSING, SOUTH COLLEGE

#### NASHVILLE, TN

#### MAY 2018 MURFREESBORO,TN EXERCISE SCIENCE, MIDDLE TENNESSEE STATE UNIVERSITY

- National Society of Leadership and Success
- National Society of Collegiate Scholars
- Golden Key Honor Society
- Gamma Beta Phi Honor Society
- ACLS Certified
- PALS Certified
- ASFA Sports Nutritionist Certification
- ASFA Sports Nutritionist Certification
  ACSM Personal Trainer Certification
- ACSM Personal Trainer Certification
- BLS CPR and First Aid Certified

- Young Life youth leader and mentor
- Team leadership
- Personal discipline

## **EDUCATIONSKILLS**