

KRISTEN HENDERSON

• registered nurse •

ABOUT ME

Compassionate RN with excellent interpersonal, communication, and critical thinking skills seeking a travel assignment to diversify clinical experience and enhance professional capabilities.

CONTACT

Phone (561) 222-3848
Email Kris.hen9896@gmail.com
Address 18304 Flagship Circle
Jupiter, FL

EXPERIENCE

Palm Beach Gardens Medical Center

September 2019- Present

Relief Charge Nurse

- Manage admissions and discharges on orthopedic and telemetry units.
- Assess acuity of patients and form night shift assignments accordingly.
- Assist with physician and family communication to provide optimal patient care.

Orthopedic Nurse

- Provide pre and post-operative care for patients with diverse musculoskeletal and spinal conditions and injuries.
- Complete neurovascular assessments and perform surgical dressing changes.
- Help facilitate pain relief in collaboration with patients using oral and intravenous pain medications, as well as patient-controlled analgesia and nerve blocks.
- Collaborate with physical and occupational therapists to educate patients on proper body mechanics and weight-bearing status.

Float Nurse

- Perform care for up to six patients requiring complex cardiovascular and pulmonary management and interventions on telemetry unit.
- Monitor cardiac rhythms and titrate drips according to physician orders.
- Track fluid and electrolytes, medications, nutritional therapy, and comfort measures for up to seven patients on medical-surgical unit.

EDUCATION

University of Florida
2015-2019
Bachelor of Science in Nursing
Cum Laude

CERTIFICATIONS

Basic Life Support 

Advanced Cardiac Life Support 

Telemetry 
