4232 Arlington Drive

Richton Park IL, 60471

(773)891-9125

Shepherdsirena@gmail.com

Shepherd, Sirena

| **Objective** |  |
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| To obtain the position as a Registered Nurse with Advocate Aurora Healthcare enhance my skills in the Nursing field as a RN and also where I can apply my education, over 11 years of working in the nursing field as a CNA and over two years as a telemetry tech, along with my experience of working with Geriatric, Mental Health, and Alzheimer patients and providing my patients with great care, dignity and compassion. |
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| **Skills & Abilities** | Leadership Teamwork Detailed OrientedCreative Problem solving Epic Software Trained  Time Management Skills  |
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|  **Experience** | Advocate South Suburban Hospital-Emergency Department RN11/2021- Current * Assess critical patients
* Monitor and treat life threatening illinesses
* Start IVs, read labs

Advocate Corporate Building, Oak Brook IL,- Telemetry Technician 12/2020- 10/2021* Monitor 30-48 patient heart rhythms
* Promptly address and recognize abnormal Arrhythmias
* Overlook more than 4 floors and correctly contact RN of dysrhythmias.

South Suburban Hospital, Hazel Crest, IL- Telemetry /CNA04/2019-12/2020 * Monitor 30-45 patient heart rhythms
* Promptly address and recognize abnormal Arrhythmias
* Care for patient on a Medical Surgical floor- ACCU checks, ADLs

Amita Health , Bolingbrook, IL –CNA/ Certified Dementia Practitioner 12/2015- 2019* Caring for patient with Alzheimer’s.
* Caring for geriatric psych residents.
* Providing In-Services to staff
* Employee of the month/year

Joliet Terrace Mental, Joliet, IL-CNA 05/2013- 2015* Monitor and assisting residents with mental health problems.
* Delivered individualized patient care by recording vital signs, documenting observations and anticipating patient needs.

Fairview Care Center, Joliet IL –CNA/ Activity Director 07/2011- 10/1/2012* Caring for patient with Alzheimer’s.
* Leading and directing activities with patients to boost cognition, improve overall memory and provide age appropriate entertainment.
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| Education | Prairie State College- 2019-2021* ADN Degree

Joliet Junior College Joliet, IL- January 2014 To 2017* AA Degree
* I was inducted into the Honor’ Society, 2014 Fall Semester
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| leadership | * Community Service Chair for Aspiring Women in Health Care Organization
* Lead Cheerleading Coach for Richton Park Raiders
* Administered Covid-19 Vaccines Clinic at South Suburban Hospital
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| Certifications | \*CNA \*Telemetry ECG/EKG \*CPR/BLS \*ER RN \*ACLS  |
| References | References are available on requests |