4232 Arlington Drive

Richton Park IL, 60471

(773)891-9125

Shepherdsirena@gmail.com

Shepherd, Sirena

| **Objective** |  |
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| To obtain the position as a Registered Nurse with Advocate Aurora Healthcare enhance my skills in the Nursing field as a RN and also where I can apply my education, over 11 years of working in the nursing field as a CNA and over two years as a telemetry tech, along with my experience of working with Geriatric, Mental Health, and Alzheimer patients and providing my patients with great care, dignity and compassion. |
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| **Skills & Abilities** | Leadership Teamwork Detailed Oriented  Creative Problem solving Epic Software Trained  Time Management Skills |
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| **Experience** | Advocate South Suburban Hospital-Emergency Department RN  11/2021- Current   * Assess critical patients * Monitor and treat life threatening illinesses * Start IVs, read labs   Advocate Corporate Building, Oak Brook IL,- Telemetry Technician  12/2020- 10/2021   * Monitor 30-48 patient heart rhythms * Promptly address and recognize abnormal Arrhythmias * Overlook more than 4 floors and correctly contact RN of dysrhythmias.   South Suburban Hospital, Hazel Crest, IL- Telemetry /CNA  04/2019-12/2020   * Monitor 30-45 patient heart rhythms * Promptly address and recognize abnormal Arrhythmias * Care for patient on a Medical Surgical floor- ACCU checks, ADLs   Amita Health , Bolingbrook, IL –CNA/ Certified Dementia Practitioner  12/2015- 2019   * Caring for patient with Alzheimer’s. * Caring for geriatric psych residents. * Providing In-Services to staff * Employee of the month/year   Joliet Terrace Mental, Joliet, IL-CNA  05/2013- 2015   * Monitor and assisting residents with mental health problems. * Delivered individualized patient care by recording vital signs, documenting observations and anticipating patient needs.   Fairview Care Center, Joliet IL –CNA/ Activity Director  07/2011- 10/1/2012   * Caring for patient with Alzheimer’s. * Leading and directing activities with patients to boost cognition, improve overall memory and provide age appropriate entertainment. |
| Education | Prairie State College- 2019-2021   * ADN Degree   Joliet Junior College Joliet, IL- January 2014 To 2017   * AA Degree * I was inducted into the Honor’ Society, 2014 Fall Semester |
| leadership | * Community Service Chair for Aspiring Women in Health Care Organization * Lead Cheerleading Coach for Richton Park Raiders * Administered Covid-19 Vaccines Clinic at South Suburban Hospital |
| Certifications | \*CNA \*Telemetry ECG/EKG \*CPR/BLS \*ER RN \*ACLS |
| References | References are available on requests |