# Mary Jackson

#### Mary B. LungstrumJackson, R.N.

Chico, CA 95928 mountainlady76@hotmail.com +1 530 919 4558

Experienced Staff RN with over 40 years of experience in acute and long- term care with rehabilitation, and direct patient care. Extensive experience across acute, focused on medical- surgical, as well as Orthopedics, Urology, OB/GYN, Well- Baby Nursery, Mother- Baby, Pediatrics, Neurology, ER, Cardiology, Outpatient surgery and ICU. Using the nursing process to assess, plan, implement, and evaluate patient care, producing quality outcomes and high patient satisfaction. Worked in almost every level of nursing, and in most specialty with all included hand and equipment skills. I have always insisted on 'doing the right thing', in my career and my personal life. Also, considering the patient as the center of all plans and interventions.

Authorized to work in the US for any employer

# Work Experience

# **Private Caregiver**

Personal Enterprise November 2020 to December 2021

Issues completely resolved and eagerly looking for my next step in my nursing experience.

## **Staff RN - Night Shift**

Windsor Chico Creek Care and Rehabilitation - Chico, CA August 2016 to November 2020

• Came aboard as the Staff RN and progressed quickly to the Night Supervisor of the entire building, overseeing 4-7 Nurses, who themselves had 2-3 CNAs helping them with direct care operations.

• Effectively served alongside the Nursing team and managed at least 50 long-term residents or at least 25 Rehabilitation patients, depending on assignments, which included handling all medications, treatments, and dressings for these patients.

• Strategically coordinated staffing assignments, managing scheduling issues and any urgent happenings and providing overall supervision of resident care activities while reporting directly to the Assistant Director of Nursing

Services.

• Admitted, transferred, and discharged patients, including arranging transportation, as well as indicated resident Plans of Care on admission, received verbal orders and transfers/preadmission information from Primary Caregivers.

• Requisitioned and arranged for diagnostic and therapeutic services as ordered by the Physician, and contributed to carrying out restorative and rehabilitative programs, including self-help initiatives for the patients.

• Closely reviewed medication sheets for completeness of information, accuracy in the transcription of physician orders, and adherence to stop order policies, while also ensuring that narcotic records were current at all times.

• Efficiently charted TPRs, blood pressures, and blood glucose, as well as charted Nurses' notes in an informative, descriptive manner that reflected the care provided along with the resident's response to the care.

• Administer professional services such as catheterization, tube feeding, suction, applying and changing dressings, packs, colostomy and drainage bags, taking blood, sputum, and urine specimens, and care of the actively passing or passed.

• Forwarded new diet orders or changes to the Dietary Department and ordered prescribed medications, supplies, and equipment as established by the facility's policies and procedures.

• Made rounds with the Primary Care Provider and provided support with examinations and treatments, as well as reported all discrepancies of physician order, diet, or charting to the Primary Care Provider, RN Supervisor, or Assistant Director of Nursing.

## **RN - Pediatric Home Care**

Maxim Healthcare Services - Santa Rosa, CA April 2000 to August 2016

• Provided quality care to an acute pediatric cardiac patient, including administering medications and completing assessments, while revising the individualized Plan of Care according to changes in condition and Physician orders. Skills with this infant including intake and output with diaper weights, O2 with monitoring, continuous GT feed, frequent monitoring of GT status and respiratory status.

• Built and maintained rapport with the patient and her family, including them in all aspects of care, as well as aided patient and family with healing and recovery after heart surgery.

• Evaluating patient's symptoms and signs that indicated physiologic/psycho-social changes, and collected, analyzed, and interpreted data from fellow healthcare members.

• Documented the patient's POC using identified nursing diagnoses, expected patient outcomes, and selected nursing interventions, while also reporting any changes in condition to the MD and company supervisor.

• Effectively performed interventions according to identified priorities, treatment plan, and company policies and patient care outcome standards.

• Utilized deep knowledge and clinical judgement in the evaluation of activities to meet patient care needs, as well as collaborated closely with Clinicians, parents, and Physicians on a continued plan of action. She is now 22 years old.

## **Home Manager**

QUALITY PRIVATE DUTY CARE - Redding, CA July 2009 to December 2009

Helping my girls adjust to new schools, groups, friends and friendships , and getting our family settled into our new home.

# Staff Nurse, Medical/Surgical

Mercy Medical Center - Redding, CA January 1994 to December 1999

Provided excellent nursing care all patients I was assigned. The patients Under my care included: those pre and post op Abdominal, urological, orthopedic, gynecological, occasional chest surgeries, and medical patients with the diagnoses of stroke, pneumonia, or gastric illness, Many of these patients were very ill. I did my best to improve their stay.

## **Household Manager**

Private Company - Shingletown, CA

January 1994 to December 1994

Moving into a new house, getting familiar with area, enrolling children in schools.

#### **RN Staff Nurse**

St. Bernardine's Medical Center - San Bernardino, CA January 1981 to December 1994

I was an employee of St Bernadine's for almost 19 years. I worked as a CNA part time while going to school, was promoted to Ward Clerk, and also floated as a Ward Clerk to other units. After graduating, I began working on the acute Med/Surg unit and remained there for several years while floating to almost all units retaining a great deal of nursing knowledge.

Education

#### Associate of Science in Nursing

San Bernardino Valley College - School of Nursing - San Bernardino, CA February 1977 to June 1981

## Associate in Science (AS) in Nirsing in Nursing

San Bernardino Valley Colleg School of Nursing - San Bernardino, CA February 1977 to May 1981

## **Nursing Licenses**

RN Expires: July 2023 State: CA

## Skills

- Trained in In- & Out-Patient Care (10+ years)
- Addressing a Variety of Elevated Acuity Issues (10+ years)
- Enthusiastic Caregiver & Patient Advocate (10+ years)
- Ensuring Patient Safety & Comfort (10+ years)
- Preparing & Administering Medications (10+ years)
- Verifying Patient Identification & Allergies (10+ years)
- Patient & Family Education (10+ years)
- Strong Medical Ethic & Culturally Sensitive (10+ years)
- Transcribing Physician Orders to Charts (10+ years)
- Medication & Treatment Administration Records (10+ years)
- Excellent Verbal & Written Communication (10+ years)
- Nursing (10+ years)
- Catheterization (10+ years)
- Tube feeding (10+ years)

- Acute care (10+ years)
- Basic IV
- Hospital experience (10+ years)
- Experience administering injections (10+ years)
- Patient monitoring (10+ years)
- Laboratory experience (10+ years)
- Critical care experience (5 years)
- ICU experience (5 years)
- Care plans (10+ years)
- Anatomy knowledge (10+ years)
- ADLs (10+ years)
- Foley catheter (10+ years)
- Vital signs (10+ years)
- Hospice care
- Triage
- Phlebotomy
- Catheter care
- Caregiving
- English
- Home Care
- Clerical Experience
- Case Management
- EMR Systems
- Primary Care Experience
- Order Entry
- Managed Care
- Laundry
- Medical Records
- Medical Office Experience
- Employee Orientation

# Certifications and Licenses

## Registered Nurse, #343459

## The State of California

## **CPR** Certified

April 2020 to June 2023 Adult, Child, Infant C.A.R.E. CPR & First Aid

# **The American Heart Association**

# Expires 05/2023

# **BLS Certification**

# Active until 07/2023

# Assessments

## Medical terminology — Highly Proficient

December 2021

Understanding and using medical terminology Full results: <u>Highly Proficient</u>

## **Clinical judgment — Proficient**

October 2021

Assessing a patient's condition and implementing the appropriate medical intervention Full results: <u>Proficient</u>

# Attention to detail — Familiar

December 2021

Identifying differences in materials, following instructions, and detecting details among distracting information Full results: Familiar

run results: <u>raminar</u>

# **Protecting patient privacy — Proficient**

December 2021

Understanding privacy rules and regulations associated with patient records Full results: Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.