



CHRISTINA ROGERS

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Summary

CNA offering 20 years assisting individuals and supporting family members by providing care services. Enhanced quality of life by helping clients with ADLS. Demonstrated empathy and understanding when communicating with and caring for clients. Compassionate CNA with background caring for clients in-home settings. Delivered quality services by assisting individuals with various daily personal care tasks. Focused on providing companionship to keep clients socially engaged. Friendly and professional when communicating with clients and family members. Compassionate Nurse Aide with strong work ethic and 20 years of experience providing basic care to patients. Proficient in assisting patients with bathing, dressing and toileting. Well-versed in taking and recording temperatures, blood pressure and other vitals. Cert Devoted CNA with advanced understanding of medical terminology and procedures. Energetic and personable with compassionate bedside manner. Excellent ability to communicate with healthcare professionals across all organizational levels.

Skills

- Medical terminology knowledge
- Catheter change and preparation
- Valid [State] driver's license
- Grooming and bathing assistance
- Medication administration
- Understands mobility assistance needs
- Understands medical procedures
- Calm and level-headed under duress
- Respiratory equipment training
- Able to lift [Number] pounds
- General housekeeping ability
- Reliable transportation
- Quick problem solver
- HIPAA
- Infection control
- Documentation procedures expert
- Wound care
- Charting expertise
- Physical therapy
- Meal preparation
- Active listening
- Housekeeping
- Client satisfaction

Experience

DAVE AND MARRY | Geneseo, IL
HOME AIDE
09/2020 - 02/2021

- Attended to client grooming and personal care needs and requests.
- Observed health status and reported health changes to [Job title].
- Ran errands for clients, including grocery shopping.
- Prepared and served healthy meals and beverages, meeting dietary needs.
- Transferred and positioned clients in and out of bed, chairs and wheelchairs to assist with mobility.
- Documented care provided and health events in patient records.
- Performed light housekeeping and organization to maintain safe and clean environment.
- Provided care by assisting with activities of daily living such as bathing, dressing and eating.
- Engaged patients in conversation and leisure activities to offer companionship and relieve primary caregiver or family members.

Iowa Masonic Health Facilities & Masonic

- Conducted routine checks on standard patient vitals, including blood

Village | DAVENPORT, IA
CNA
05/2019 - 08/2020

- pressure, blood sugar and heart rate.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Engaged with patient family and friends to provide courteous, efficient visit experience.
- Rendered hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures.
- Managed and maintained patient rooms, shared-living areas and nursing stations.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.

ALDEO HEALTH AND REHAB | ALEDO, IL
CNA
05/2014 - 10/2019

- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.
- Documented activities and recorded information in EMR system.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Engaged with patient family and friends to provide courteous, efficient visit experience.
- Rendered hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures.
- Managed and maintained patient rooms, shared-living areas and nursing stations.
- Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.
- Exhibited compassionate care and communication regarding issues surrounding death and dying.
- Used mobility devices and [Type] equipment to transport patients.
- Collected specimens, monitored vitals and maximized patient comfort to maintain optimal environment.

JOE AND CARAL | SPRINGFIELD, MO
CNA
10/2011 - 05/2014

- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Engaged with patient family and friends to provide courteous, efficient visit experience.
- Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.

Oxford Health | SPRINGFIELD, MO
CNA
05/2010 - 09/2011

- Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.
- Engaged with patient family and friends to provide courteous, efficient visit experience.

THE MAPLES HEALTHCARE |
SPRINGFEILD, MO

CNA

08/2008 - 05/2010

- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Rendered hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Engaged with patient family and friends to provide courteous, efficient visit experience.
- Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.

Christian Health Care | SPRINGFEILD,
MO

CNA

10/2007 - 08/2008

- Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.

JOHN AND JOANN | SPRINGFEILD MO,
MO

Home Health Aide

05/2005 - 10/2007

- Improved patient outlook and daily living through compassionate care.

Help at Home Senior Care | Rock Island,
IL

Home Health Aide

04/2000 - 11/2004

- Improved patient outlook and daily living through compassionate care.

Education and Training

WILTON HIGH | Wilton, IA

High School Diploma

01/1995

Certifications

- CNA License 75090A 01/11/2008