# Kesha Bedgood

Pineville, LA 71360 keshabedgood@gmail.com +1 318 473 5767

Compassionate nurse committed to quality patient care within clinical settings. Soothing and calm demeanor well accustomed to active pediatric and geriatric environments. Experience in multiple medical settings, including emergency rooms, specialized units and medical offices.

#### Core Qualifications

- Focused healthcare provider with ability to stay calm and intervene during crises; an effective problem solver able to think critically in challenging situations; able to prioritize and manage heavy workload without direct supervision
- Cares deeply for the well-being of all patients
- · Highly organized and efficient,
- Strong interpersonal skills, with considerable experience communicating effectively, professionally and courteously in culturally diverse environments with people from all different ages, backgrounds and socio-economic levels
- Proficient with various medical software applications to include Chairside, E-cube Clinicals, SAM, Schedulewise, EPIC, Micromedex, Pyxis, Powerchart as well as the full spectrum of Microsoft Office products while having the ability to quickly and easily learn and apply new technology

Authorized to work in the US for any employer

## Work Experience

# **RN Hospice Case Manager**

St.Joseph Hospice - Alexandria, LA June 2021 to Present

Coordinated end-of-life healthcare, counseling and social services for 20-25 patients and their families with LPN.

Admitted, assessed, evaluated and directed all aspects of patient care.

Evaluated a patient's physical condition and developed a care plan that addressed any medical needs and social services.

Overseen a collaborative hospice care team that included healthcare providers, at home care services, mental health specialists and spiritual advisors. Also, addressed psychological needs of patients and their families through counseling and education efforts by participating in IDG weekly meetings.

Provided hands-on nursing care to clients and worked closely with DON and MD for all needed changes and reasons, expected outcomes.

Insured all nursing assistants and family members working directly with personal hygiene for patient completely understood the importance, as well as required duties and responsibilities related to patient care.

Accessed and De-accessed ports as needed.

Insured all family with access to Narcotics or any controlled substances available for patient treatment, were educated on all medication information, including responsibility and possible legal action that could occur if abuse was suspected.

Prepared, educated, and provided end of life care of patients and patient's family with compassion, empathy, and grievance resources at bedside.

Able to identify patient status change from infectious, pain management, terminal, to actively dying.

Pronouncement of death of the deceased, prepared all documentation per P&P, prepared end of life care, and provided moral support for family.

### **RN Case Manager Home Health**

Elara Caring - Alexandria, LA December 2020 to June 2021

Assessed all medications to identify possible ineffective drug therapy or adverse reactions, significant side effects, drug allergies, and contraindicated medications.

Established realistic measurable, observable goals consistent with the patient's diagnosis

Complied with applicable legal requirements, standards, policies and procedures.

Assessed and charted observations the patient's condition at each visit

Completed evaluation tasks, including reviewing medications and vital signs.

Administering Physician prescribed medication via oral, rectal, IV, PICC or mediport.

Wound care as prescribed

Provided education to patients and families on proper home health care procedures and strategies.

Coordinated with Physicians, Physical Therapists, Occupational Therapists, and other individuals in the patient's care plan.

Kept the patient comfortable through palliative care.

Recommended tools or devices that may improve the quality of life for the patient.

#### Hemodialysis Charge Nurse II

Fresenius Kidney Care March 2019 to December 2020

- Participate staffing and the appropriate hiring, firing and disciplinary actions. Recommend disciplinary action to Facility Administrator and initiate as appropriate in the department
- Ensure compliance with all company and facility approved procedures and policies as well as regulations set forth by state and federal agencies.
- Approve or disapprove time or personnel schedule changes in the absence of the Facility Administrator ensuring compliance with applicable regulations, policies and procedures for documenting time of work hours for staff members on assigned shift.
- Participate in patient care plan meetings.
- Maintain knowledge in the current practices related to the principles and techniques of dialysis by participating in all scheduled in- services.
- Train and orient staff as necessary.
- Routinely observe and guide direct patient care staff for appropriate technique and adherence to facility policies and procedures.
- Promote and assist with compliance to OSHA programs in order to maintain a safe and clean working environment.
- Maintain overall shift operation in a safe, efficient, and effective matter.
- With Facility Administrator conduct staff meetings at least monthly or as needed to keep patient care staff informed of changes in patient care needs or operations to improve delivery of care.
- Meet routinely with the Facility Administrator to discuss personnel and patient care status, issues, and information.
- Supervise all documentation of patient information.
- Coordinate Charge Nurse duties with Staff RNs acting in the relief charge capacity.
- Assess daily patient care needs and develop and distribute patient care assignments appropriately.
- Assume primary responsibility in an emergency situation.
- Implement changes in patient care/treatment as directed, Assess patient needs, respond to dialysis treatments, and communicate concerns to rounding physician.
- Monitor and supervise all patient care activity during dialysis and assist as necessary.
- Collaborate with direct patient care team in making decisions to benefit patient care.
- Continuously monitor patient's condition with regards to problems and potential complications associated with dialysis.
- Administer medications to patients per physician's orders.
- Act as the subject matter expert and as a resource for staff members.
- Supervise and participate in completion of short and long term care plans.
- Admit new patients according to facility procedure.
- Ensure educational needs of patients are met and educate the patient and family about End Stage Renal Disease, dialysis therapy, diet and medication.
- Supervise the safe and effective use of all equipment involved in direct patient care.
- Operate all dialysis related and emergency equipment safely and efficiently when needed.
- Perform required testing and verification and initial the checklist for start-up and shut-down procedures as outlined in the Technical Services Manual.
- Complete Nurse's Technical Training Program/Water Quality Facility
- Assist with special projects or other duties as assigned by the Facility Administrator
- Assist with the interviewing of potential direct patient care staff
- Promote efficient use of medical supplies.
- Attend and participate in monthly Quality Assurance meetings.

#### **Hemodialysis Nurse I**

Fresenius Kidney Care

- Performed an initial assessment of each patient before dialysis
- · Ensured each dialysis treatment was provided in accordance with physicians' orders
- Prepared dialyzer and extracorporeal system for each patient
- Monitored the condition of each patient during the dialysis treatment
- · Administered medications as per protocol, algorithms, and physicians' orders
- Continuously assessed patient's intake and output of fluids and diet
- Performed monthly medications reviews and foot assessments. Completed care plans, and made access appointments as necessary.
- Permanent Access champion

## **RN II, Emergency Room Services**

Nicklaus Children's Hospital

November 2016 to March 2017

- Took vital signs for all pediatric patients and triaged
- Administered care for minor injuries, including cuts and minor wound care
- Explained procedures to parents and answered questions as needed
- Performed IV insertions, vaccinations, phlebotomy and sampling duties for laboratory.
- Assisted physicians with administering emergency care to patients.
- Collaborated with pharmacists, nutritionist, physical therapists, psychologist, child psychiatrists, child life specialists, and other providers regarding patient care and referrals as directed by physician.

## RN II, 7 South Orthopedics and Neurology

Memorial Healthcare System May 2015 to November 2016

- Provides direct patient care to orthopedic, neurologic and trauma patients.
- Demonstrates exceptional observation, assessment, and intervention skills while ensuring open lines of communication between patient, families, and medical professionals in a fast-paced hospital unit.
- Perform head to toe assessments, telemetry monitoring, placing and maintaining IV lines, administering IV fluids and medications, blood transfusions, wound care, chest tubes, caring of drains, and coordination of care with physicians
- Pre-op and post-op care for orthopedic and neurologic surgeries including lumbar laminectomies, craniotomies, anterior/posterior cervical discectomies, total hip and knee replacements, etc.
- Educate patients on the disease processes, medical-surgical procedures, precautions and potential postop complications and other aspects of therapeutic regimens such as proper use of braces, prosthetics and other orthopedic equipment with a focus on safety.
- Manage pain effectively, implementing position changes, cold therapy, activity, and timely administration of analgesics
- Position patients with respect to proper alignment, using understanding of body mechanics
- Set up and maintain various components of orthopedic equipment such as cryo cuff, femoral nerve blocks, CPM, traction and overhead frame.
- Collaborate effectively with an interdisciplinary team of medical and health care professionals comprised of a physician, pharmacist, nurse manager, dietician, social worker, case manager, and physical therapist.
- · Monitor patients closely for changes in condition and advocate as needs arise
- Maintain supportive relationship with coworkers and delegate as appropriate

## Clerk Specialist IV

Broward County Public Schools - Fort Lauderdale, FL November 2006 to August 2012

- Accounts/billing management; responsible for reconciling bank statements for maintenance department
- Initiated new policy and procedures for Facility Support Services
- Liaison between the maintenance department and vendors

## **Medical Secretary**

The Greater Ft. Lauderdale Heart Group January 2002 to August 2006

- Used medical knowledge to answer questions from patients over the phone
- Transcribed dictation taken by doctor
- · Assisted physicians with reports
- Scheduled hospital visits for patients
- Recorded medical history when patient calls in to relate to doctor
- Stayed abreast of current insurance rules and policies
- · Maintained office billing practices
- Documented information in medical charts
- Scheduled appointments for patients
- · Scheduled surgeries and consultations and was present in Cath. Lab per Cardiologist request
- Helped patients obtain referrals and make appointments with specialists
- Prepared reports, invoices, financial statements, letters, case histories and medical records

#### **Education**

#### **Associates of Science in Nursing**

Broward College - Pembroke Pines, FL

# **Nursing Licenses**

#### RN

Expires: January 2024

State: LA

#### Skills

- Dialysis Experience
- Epic
- Vital Signs
- Triage
- · Chairside Assisting
- EMR Systems
- Case Management

- Nursing
- Medication Administration
- Experience Administering Injections
- Critical Care Experience
- Cerner
- Hospital Experience
- Patient Care
- Phlebotomy
- Hospice Care
- HIPAA
- Medical Records
- Laboratory Experience
- Patient Monitoring
- Medical Scheduling
- Home Care
- Venipuncture
- Pain Management
- Managed Care
- Order Entry

# Certifications and Licenses

## **BLS Certification**