# Katherine Williams

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Highly qualified advanced practice registered nurse focused on providing quality care and maintaining direct lines of communication with patients and the entire healthcare team. Solid credentials and diversely experienced with a comprehensive background in oncology, medical-surgical, telemetry, progressive care, and emergency medicine. Strives to maintain knowledge of current evidenced based practices. Flexible, quick learner who adapts easily to new situations and welcomes a challenge. Selfmotivated professional with a commitment to providing quality nursing care. Strong organizational and communication skills.

# Work Experience

### **APRN**

Wellpath March 2020 to Present

March 2020-Present

- Corrections APRN
- · Collaborating with a multidisciplinary team, performing assessments, diagnosing patients, and medication management.
- Collect data and perform History and Physicals.
- Initiate laboratory/diagnostic studies deemed appropriate to manage resident care.
- Follow up abnormal examination findings, laboratory/radiological studies and record this information in the patient's chart. Communicate to the CMC Medical Director and/or supervising physician for followup as deemed necessary.
- Collect specimens for and carry out commonly performed blood, urine and stool analysis.
- · Document resident encounters in progress notes, accurately and on a timely basis. Documentation cosigned as required per specific state mandate.
- Initiate emergency management for situations such as cardiac arrest, injuries, burn treatment, hemorrhage and other emergencies within scope of the PA/NP practice and personnel training.
- Perform clinical procedures when indicated which may include but are not limited to: venipunctures, intradermal tests, EKG and interpretations, care and suturing of minor lacerations, casting and splinting, performing pap smear and vaginal cultures, removal of sutures and foreign bodies (wooden splinters, etc.) aseptic dressings, ear lavage techniques, biopsies, incision and drainage and any other procedure deemed appropriate by the supervisory physician and in accordance with state laws.
- · Consult CMC Site Medical Director and/or supervising physician for purpose of sharing information or for additional guidelines in patient management.
- · Inform the CMC Site Medical Director, (supervising physician) and Health Unit Supervisor of any significant changes in a resident's physical and/or mental status.
- Refer residents whose present clinical complications that are outside the PA/NP scope of practice to CMC Site Medical Director and/or supervising physician.
- Act as a resource for crisis intervention, suicidal prevention and preventive health maintenance strategies and other patient education endeavors.

- Assist the Quality Improvement Committee, Medical Director, and Health Unit Supervisor in obtaining or maintaining accreditation at facility.
- Work with CMC and CMC defense counsel in defending any claims or causes of action against CMC.
- Provide other professional services as requested by the CMC Site Medical Director (and/or staff physician)
- Assist with Emergency Staff coverage as needed.
- Encourages, participates, and supports safety program components including development, education, training, and communications regarding mandatory OSHA trainings and employee health and safety programs.

# **Urgent Care PRN APRN**

Primary Care

September 2019 to Present

- Orders, interprets, and records results of clinical tests and reports results to physicians.
- Prescribes medications and makes recommendations for other therapeutic forms of treatment.
- Provides initial wound care including suturing of uncomplicated wounds, and application of splitting materials for sprains and fractures as indicated.
- Provides emergency response to patients in distress of offices in this facility.
- Examines and treats all patients within established guidelines and scope of practice.
- Diagnose, and treat patients with illnesses or injuries. Assess patient conditions, educate patients and family members about medical options, prescribe medications and treatments, and perform other duties to support patients.

## On Call Hospitalist PRN

U of L Mary & Elizabeth Hospital September 2019 to May 2020

#### ΔPRN

- Refer patients to medical specialists, social services or other professionals as appropriate.
- Participate in continuing education activities to maintain or enhance knowledge and skills.
- Direct, coordinate, or supervise the patient care activities of nursing or support staff.
- Prescribe medications or treatment regimens to hospital inpatients.
- Order or interpret the results of tests such as laboratory tests and radiographs (x-rays).
- Diagnose, treat, or provide continuous care to hospital inpatients.

## **APRN**

Corydon Pain Management May 2019 to March 2020

#### Pain Management APRN

- Monitor and communicate with patients about their chronic conditions.
- Knowledgeable about prescribing different opioid and non-opioid medicines along with educating patients about adverse effects.
- Create care plans individualized to each patients needs.
- Analyze and interpret imaging. Effectively explain findings to patients.
- Educate and encourage other modalities for managing pain such as PT, OT, Chiropractic, Aqua therapy, etc.

#### **Travel Nurse**

AMN Travel Agency - Louisville, KY

### March 2018 to July 2019

## 3A Progressive Care

Appalachian Regional Medical Center (Hazard, KY) - 2A Progressive Care KentuckyOne Health Saint Joseph Hospital (Lexington, KY)-Emergency Room IU Health University Hospital (Indianapolis, IN)- Krannert-Oncology/Urology University of Kentucky (Lexington, KY)-5A Med Surg Lake Cumberland Regional Hospital (Somerset, KY)-2A Surgical Indiana University West Hospital (Avon, IN)- 3A Emergency Room

- Utilized practice in neurological assessment; post-surgical care of cardiac, vascular, and neurosurgery patients; post pacemaker insertion care; and monitoring of patients who have had heart attacks, angioplasty, or stent placement.
- Provided care to patients that require heart monitoring with conditions such as hypertension, heart disease, and heart failure.
- Provided care to patients with acute pulmonary conditions including thoracotomies, COPD, and respiratory failure.
- Demonstrated leadership and served as a preceptor.
- Proficient in reading EKGs and reporting abnormal findings to physician.
- Provided care to patients with chest tubes.
- Utilize knowledge and skills to provide direct age-specific and culturally appropriate patient care through the use of the nursing process based on knowledge of principles of growth and development.
- Serve as a clinical resource. Demonstrate leadership and serve as a preceptor. Utilize critical thinking skills and multi-tasking to manage a diverse patient population.
- Perform and assist in life-saving interventions/procedures. Collaborate within a multi-disciplinary team. Implement nursing interventions according to departmental policies, procedures, and protocols required to maintain a safe environment for patients, visitors and staff at all times.
- Provided nursing care and teaching to a high volume of patients with multitude of urological needs; catheter changes of all types, medication administration of all types, removal of surgical drains, sutures, and staples. Intravesical chemotherapy instillations, assessment of post-operative and emergent patients. Wound packing and maintenance.
- Assisted the physician in bedside procedures, maintained sterile field while being flexible in the needs of the physician as needs arise.
- Specialized in treating and caring for urinary specific disorders. Managed and reported strict I/O's. Intervened when appropriate to maximize a patient's care.
- Offered key recommendations to doctors regarding changes in plan of care or therapy based on knowledgeable observations.
- Identified, developed, implemented, and evaluated a plan of care.

## Education

# **Master of Science in Nursing**

Chamberlain University April 2019

# **Bachelor of Science in Nursing**

University of Indianapolis