

Sharon Benigar

ICU Registered Nurse

Edmond, OK 73013

shaztido@gmail.com

Graduate with professional experience in healthcare settings and private duty nursing. Committed to the medical profession and to quality patient care. Nursing style blends evidence based practice with professionalism, capability and compassion to truly integrate patients' medical and emotional care within hospital facility or private duty environment. Communicates well with doctors, colleagues and patient families, ensuring continuity of patient care.

Work Experience

Critical Care Registered Nurse

Gifted Healthcare - Oklahoma City, OK

October 2021 to Present

Critical Care RN float pool at OU Health.

LTAC ICU-Charge Nurse-Clinical Supervisor

AMG Specialty Hospital - Edmond, OK

January 2021 to Present

Supervise nursing staff, handle daily patient/nurse assignments, monitor critical labs and physician notification, attend daily flash meetings, and new patient admits as well as bed assignments for new admissions, assist physicians during bedside procedures, and moderate sedation.

Registered Nurse

Cedar Ridge Hospital - Bethany, OK

July 2019 to January 2021

My responsibilities are to offer nursing care per the ANA Standards of practice and facility policy, which include physical assessments of residents and implementation of treatment plans, evaluating responses to treatment, and providing complete documentation of the patient's progress. Ensuring safe environments for the patients, providing education on self-care and developing healthy coping mechanisms, among other duties. Administration of medications and physical restraints when needed and assessment of proper method of physical restraints.

ICU Registered Nurse

Alliance Health Midwest Hospital

June 2016 to June 2019

My responsibilities are to offer direct patient care to extremely ill patients. To assess, plan, and implement plan of care for the patient using high tech equipment, to monitor closely for any changes and initiate timely and appropriate intervention to prevent patient deterioration, assist physicians with bedside medical procedures like putting in central lines, bronchoscopy endoscopy, endotracheal intubation, Transesophageal echocardiography among others. Work closely with physicians and all members of the healthcare team to ensure best patient outcome. To advocate for patients' and family needs.

Licensed Practical Nurse

Baptist Village Communities - Oklahoma City, OK
July 2015 to June 2016

9700 Mashbun Drive, Oklahoma City, OK.

Skilled/ Rehabilitation Care. July 2015 to June 2016

My responsibilities as charge nurse were to assist individuals with disability, chronic illnesses or post-surgery to attain and maintain maximum function. Designing and implementing treatment strategies and care plans that are based on scientific nursing theory to promote self-care, physical, psychosocial and spiritual health. Performing hands on nursing care like dressing changes, medication administration, patient teaching, admissions and discharges. Communicating with the whole healthcare team, the client and his/her family members to achieve overall goals set for a patient among other duties assigned.

Licensed Practical Nurse

Skilled/ Rehabilitation Care Nurse

Parcway Rehabilitation Center - Oklahoma City, OK
November 2014 to October 2015

My responsibilities were to assist individuals with disability, chronic illnesses or post-surgery to attain and maintain maximum function. Designing and implementing treatment strategies and care plans that are based on scientific nursing theory to promote self-care, physical, psychosocial and spiritual health. Performing hands on nursing care like dressing changes, medication administration, patient teaching, admissions and discharges. Communicating with the whole healthcare team, the client and his/her family members to achieve overall goals set for a patient among other duties assigned.

Private Duty Nurse

Preferred Pediatrics - Oklahoma City, OK
August 2014 to July 2015

Perform total patient care for a 13-year-old patient with shaken baby syndrome who had major developmental disabilities. My duties included medication administration, personal hygiene, range of motion, tube feedings, PT and OT for twelve hours a day. Working with the case manager, I determined needs in initial home visit evaluation and initiated beneficial changes including establishment of nursing care plans, a charting system to insure continuity of care, and development of comprehensive patient history for emergency hospitalizations. Compassionate and pro-active approach to patient's care, encouraged purchase of high-top sneakers for patient's foot drop.

Nursing Assistant

Robison Medical Resource Group - Oklahoma City, OK
August 2010 to July 2013

My duties were varied depending on the assignment the agency gave me which included working in hospitals, private duty, nursing homes and rehab centers. My responsibilities included but not limited to taking patients; vitals, blood sugar finger stick readings, personal hygiene, help with use of assistive devices and any other assigned duty.

Education

BSN

South Western Oklahoma State University

June 2016 to May 2017

Associate's degree in Nursing

Oklahoma City Community College - Oklahoma City, OK

August 2015 to December 2015

Skills

- Critical Care Experience
- Nursing
- ICU Experience
- Tube Feeding
- Vital Signs
- Laboratory Experience
- EMR Systems
- Hospital Experience
- Medication Administration
- Experience Administering Injections

Certifications and Licenses

Basic Life Support (BLS)

Present

Advanced Cardiovascular Life Support (ACLS)

Present

RN