

Helena Tshikaya

A nurse that will provide holistic care across the board

Normal, IL 61761

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To Obtain A Master's in Interdisciplinary Public Health Science: w/ a concentration of epidemiology

Willing to relocate to: Lincoln, IL - Bloomington, IL - Peoria, IL

Authorized to work in the US for any employer

Work Experience

LPN

Bickford Senior Living - Bloomington, IL

October 2018 to Present

- Well versed in monitoring documenting patients progress.
- Educate families and patients on safe treatment of illness and condition.
- Well versed in Quickmar and PointClickCare

Hospice Nurse

OSF HealthCare - Bloomington, IL

March 2020 to March 2021

Symptoms management

Post-mortem care

Medication management

CNA/LPN

Heritage Health Nursing home

January 2015 to October 2018

Well Versed In Providing Affection And Safety To Residents

- Highly Skilled In Supervising And Interacting With Resident Positively
- Assist At Directing Resident In Eating, Resting And Personal Hygiene

INTERN CMA

BROMENN MEDICAL wound care center - Bloomington, IL

January 2015 to May 2015

I Job Shadow a Doctors, Nurses, Clinicians

- Train on how to remove a foot cast
- Assisted with Skin Graft

Nurse's Aide[Intern]

Illinois Cancer Center - Bloomington, IL

August 2014 to December 2014

I job shadowed an oncologist

- Taught basic Clinical Medical Office Assistant (COMA) task

Education

Associate in LPN to RN

Illinois Central College - Peoria, IL
Present

LPN

Capital Area Career Center - Springfield, IL
August 2017 to June 2018

Nursing Prerequisite

Heartland Community College
August 2015 to August 2017

General Education

Bloomington High School
August 2011 to May 2015

Skills

- Cna Certified
- LPN
- Home Health
- Dementia Care (3 years)
- Medication Administration
- Nursing
- Vital Signs
- Medical Office Experience
- Tube Feeding
- Alzheimer's Care
- Hospice Care

Certifications and Licenses

CPR

LPN

CNA