

# Hi, I'm Lauren Mersinger.

Registered Nurse

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## SUMMARY

Experienced nursing professional bringing demonstrated clinical expertise, leadership skills and technical knowledge. Proficient in updating charts, monitoring medications and working with multidisciplinary teams to optimize patient care. Quality-driven and efficient with strong interpersonal abilities.

## SKILLS

- People skills
- Relationship building
- Problem resolution
- Time management
- Family and patient support
- SBAR communication
- Correct Documentation
- Patient Advocate
- HIPAA compliance
- Maintain Sterile Environment

## EXPERIENCE

**Registered Nurse- Circulator** 05/2021 - Current  
Memorial Hospital Belleville *Belleville, IL*

- Assisted with nursing duties in short-staffed areas.
- Educated patients and families on medical and surgical procedures, medication regimens and pain management.
- Discussed surgical patients with healthcare team to address and resolve concerns.
- Built relationships with pre- and post-surgical patients with compassion and positive attitude.

**Registered Nurse- Circulator** 01/2019 - 05/2021  
Anderson Hospital *Maryville, IL*

- Prepared operating rooms by setting out and verifying equipment and assessing for compliance with asepsis standards.
- Observed body language, movement and demeanor to anticipate surgeon's needs and maintain procedure sterility during operation.
- Performed nursing tasks to deliver high level of care and comply with procedures and regulations.

**Registered Nurse- ICU** 05/2018 - 10/2018  
Memorial Hospital *Belleville, IL*

- Monitored and managed various treatment and care interventions.
- Updated physicians on patient test results and assisted in developing care plans.
- Juggled multiple projects and tasks to ensure high quality and timely delivery.

**Patient Care Technician- Cardiothoracic ICU** 01/2017 - 05/2018  
Barnes- Jewish Hospital *St. Louis, MO*

- Responded promptly to patient call lights to provide physical and emotional support.
- Collected and labeled specimens to prepare for delivery to laboratory.
- Used hospital-approved devices and techniques to transport and lift patients.

**Patient Care Technician- Operating Room**

05/2016 - 12/2016

Anderson Hospital *Maryville, IL*

- Restocked unit frequently with necessary medical supplies.
- Kept instruments and equipment clean and sanitized.
- Collected biological specimens and packaged for laboratory transport to complete diagnostic tests.
- Performed minor housekeeping tasks to keep patient areas clean and sanitized.

**Certified Nursing Assistant**

01/2015 - 05/2016

Rosewood Care Center *Edwardsville, IL*

- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Facilitated activities of daily living, personal hygiene management, feeding and ambulation.
- Conducted routine checks on patient vitals, blood pressure, blood sugar and heart rate.
- Managed and maintained patient rooms, shared-living areas and nursing stations.

EDUCATION AND  
TRAINING

**Bachelor of Science: Nursing**

04/2018

*Goldfarb School of Nursing At Barnes-Jewish College, St. Louis, MO*

**Pre-Nursing**

05/2016

*Southwestern Illinois College, Belleville, IL*

Completed pre-requisite courses prior to starting nursing school at Goldfarb School of Nursing at Barnes-Jewish College.

**Certified Nursing Assistant**

12/2014

*Southwestern Illinois College, Belleville, IL*

Course to obtain certificate in Nursing Assistant

CERTIFICATIONS

- Licensed Registered Nurse- Illinois - 2022
- American Heart Association- Basic Life Support- 2022
- American Heart Association- Advanced Cardiac Life Support- 2022