# **Melody J. Caruso**

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###### **OBJECTIVE**

To obtain a position as a registered nurse and advance my professional development in the healthcare field.

###### **EDUCATION**

BRADLEY UNIVERSITY —Peoria, Illinois

* Bachelor of Science in Nursing May 2009

ILLINOIS CENTRAL COLLEGE—East Peoria, Illinois

### **EMPLOYMENT HISTORY**

FIDELITY ON CALL

Pre/Post-op; PACU RN

THE CENTER FOR COSMETIC & LASER SURGERY, LLC - PRN

April 2021 - present

Pre- & Post-Op RN/Recovery RN/Circulating Nurse

RASHID PUTMAN PLASTIC SURGERY - PRN

2019 - present

Pre- & Post-Op RN/Recovery RN/Circulating Nurse

PRAIRIE SURGICARE LLC (2-4 days/wk) March 2017-July 2021

**Director of Nursing/Pre- & Post-Op RN/Recovery RN/Circulating Nurse**

* Pre-op, recovery, and post-op care as stated below
* Manages all the necessary care inside the surgery room, assisting the team in maintaining and creating a comfortable, safe environment for the patient and observing the team from a wide perspective
* Director of Nursing role as follows:
  + Responsible for the management of the nursing services and is accountable for the identification and enforcement of applicable professional and ethical standards for the nursing staff
  + Commensurate with the authority conferred by the Governing Body and consistent with the legal and professional requirements governing the operation of PSC
  + Assumes responsibility for the continuing evaluation of nursing staff performance relative to compliance with PSC policies and procedures and professional standards
  + Monitors the nursing participation in the Quality Management Program and performance improvement activities.

UNITY POINT HEALTH - PROCTOR Dec 2016-April 2021

**Pre-op RN (PRN)**

* Assess patients prior to surgery
* Ensure that operative and informed consents are signed and in order
* Take and record vital statistics of patients to ensure readiness for surgical procedure
* Initiate IVs and ensure that patients are informed about the procedure
* Monitor vital signs
* Log all findings in patient files
* Answer patient questions and ensure they are kept comfortable
* Monitor patients for condition changes and report any changes to the physician
* Nominated for the Daisy Award

Soderstrom Dermatology/Peoria Ambulatory Surgery Center (PRN) April 2013-present

**Dermatology RN, PACU RN, Mohs RN**

* Pre-op, recovery, and post-op care as stated below
* Inform patients of diagnosis, medications recommendations, and treatment plans for various dermatological issues, as well as ensure patient and family understanding of diagnosis, treatment, and all accompanying relevant information
* Provide education to patients and families in preventive skin care and medication properties
* Assist surgeon during Mohs surgery and during repairs, and educate patients and responsible party on post-op care; ensure all information given was understood by patients/responsible parties

PEORIA DAY SURGERY CENTER October 2011-present

**PACU RN (PRN)**

* Manage patient admission process into surgical preoperative area ensuring wristbands and documentation are accurate and complete
* Assess patient emotional well-being, pre- and post-operatively, to provide compassionate support services as needed
* Take and record patient vital statistics pre-operatively to determine baseline and ensure preparedness for surgical procedure
* Performed vital sign checks every 5 minutes in phase 1, and in appropriate intervals in phase 2, to ensure all vitals are within acceptable ranges
* Proficient in starting IV’s
* Inform patients and family members regarding surgical procedures and immediate post-op care and environment

HCR MANORCARE/RIVERVIEW — E. Peoria, Illinois June 2010-October 2011

**RN, Supervisor**

* Ensure that employees are adequately oriented and trained to perform their duties; assist and encourage employees in developing their skills and self-confidence, and in understanding where and how they fit in our operations
* Set meaningful individual objectives and specific job expectations; ensure employees know what is expected and the standards by which will be evaluated; give adequate guidance and supervision; periodically review employee performance
* Establish and maintain effective two-way communication to understand the needs and concerns of employees
* Managed care of geriatric population with variety of diagnoses
* Developed patient care plans, including assessments, evaluations, and nursing diagnoses.
* Instructed patients and family members on proper discharge care
* Made appropriate interventions when patient had a change of status
* Employee of the Month for May 2011

BASTA O’NEILL’S, JONAH’S JOHNNY’S ITALIAN

STEAKHOUSE August 2001-June 2010

**Server**

* Use interpersonal skills to service customers
* Check with customers to ensure that they are enjoying their meals and take appropriate action to correct any complaints or requests
* Talk about the menu to patrons and answer all questions about menu items
* Work with restaurant staff to give the most efficient service possible

### **RELEVANT SKILLS**

* State of Illinois RN License #041.383421
* BLS certified
* PALS & ACLS certified
* Strong critical and analytical thinking skills
* Strong organizational skills, written and oral communication
* Possesses time management skills and the ability to multitask
* Works very well independently or with a group
* Positive attitude even in times of stress
* Adapts very well in various medical environments

**References:** Available Upon Request