Alexxis Hopkins

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# Professional Summary

Vigilant, compassionate, and eager Registered Nurse offering a combination of various clinical experiences, academic excellence, compassion, strong interpersonal and leadership skills. Devoted to providing quality, safe, and cost-effective care to all individuals to assist them in meeting their optimal outcomes. Secure and competent in building rapport and communicating therapeutically with patients and their families. Able to develop and implement nursing care plans for patients and collaborate with multidisciplinary team members to facilitate integrated and comprehensive care. A strong attribute to a team, clear verbal and written communication skills, along with sound clinical judgment. Applies critical thinking skills and evidence-based practice to respond to differing status’ of patients quickly and efficiently. Successful in competently delivering care to multiple clients, balanced with high volume task loads. Expresses proficiency in all aspects of patient care, including assessment, medication administration and facilitating learning. Agile and responsive to dynamic patient needs and environmental conditions.

# Personal Statement

Proficient Registered Nurse with experience in multiple, diverse healthcare facilities and technology systems. Competent in utilizing EPIC, MEDITECH, Omnicell, and Pyxis to provide safe, prioritized, competent care to patients. Clinical experience on Medical-Surgical, labor and delivery, postpartum, nursery, psychiatric health, and pediatrics floors. Eager to offer your facility and its patients safe and quality care, and to support the hospital staff in performance improvement initiatives.

# Skills

* Proficient in using the nursing process
* Demonstrates professionalism in all aspects of the workplace
* Comfortable establishing inter-professional relationships and utilizing therapeutic communication
* Rapport building
* Competence in prioritization, time management, and critical thinking skills
* Efficient and reliable team player
* CPR/First Aid/BLS Certified
* Proficient use of Epic, MediTech electronic health record training, Omnicell and Pyxis systems
* Direct/Indirect patient care and planning
* Comfortable and competent in devising and discussing plans for patient care and collaboration among healthcare teams to give patient opportunity for best possible outcome
* Proficient in antepartum, postpartum, and nursery care
* Competence of venipuncture and vaccination skills
* Obtains understanding of patients’ right
* COVID-19 pandemic preparedness and experience
* Experience with multi-level acuity patient care and education
* Experience as Charge Nurse guiding flow of admissions/discharges, supervising/guiding patient care, alongside ensuring the unit follows standards and regulations for safe, quality care.

# Experience

## JUNE 2020-SEPTEMBER 2021

### Wayne UNC Health Care Goldsboro, NC*- Registered Nurse, RN*

## Determined clinical needs of diverse patients

## Established and maintained long-term, quality relationship with relatives of patient to effectively communicate every important aspect of the health care

## Took charge of assigning patients, reviewing records to assess their medical conditions, and directing physician to schedule a therapy, as necessary

## Worked collaboratively with dieticians, home health teams, occupational/physical therapy teams, and other healthcare teams to determine if patients are going to be discharged from the acute care setting of a hospital

## Consistently provided exceptional patient care to continuously secure new patients

## Instructed patients on their disease, treatment, and care plan to enhance their quality of life and promote a positive attitude

## Functioned effectively as preceptor for nursing students and nurse externs and educated them on nursing skills including the prioritizing, direct patient care, medication administration, school counseling, disease processes, and health promotion teaching skills when educating patients

## Serve as a resident advocate to ensure that the resident's medical and emotional needs are recognized and met.

## Accountable for supervising the nursing care provided by professional and ancillary nursing staff.

## Record accurate and prompt documentation of all nursing tasks.

## Provided professional assessments of the needs and desires of the residents.

## Communicated with family and interdisciplinary staff to provide holistic resident care.

## Performed medical care as directed by the Health Care Provider and set up medications for proper administration.

## JUNE 2018-AUGUST 2018

### A Brighter Future Fayetteville NC*- Nurse Aide I*

* Assisted patients with mobility needs, including moving to and from beds, organizing wheelchair's and preparing assistive devices.
* Supported ambulation and physical therapy needs by conducting planned exercise routines.
* Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.
* Helped patients effectively manage routine bathing, grooming and other hygiene needs.
* Conferred with a multidisciplinary healthcare team to help effectively manage patient conditions with regular testing and vitals assessments.
* Maintained a clean and safe environment in patient homes, using aseptic technique to prevent infections and cross-contamination.
* Gathered dietary information, assisted with feeding and monitored intake to help patients achieve nutritional objectives and support wellness goals.
* Cared for clients with diagnoses such as respiratory failure, diabetes, Parkinson's disease and muscular dystrophy.
* Promoted good oral and personal hygiene by aiding various patients with shaving, bathing and teeth brushing.
* Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
* Transported patients between rooms and appointments or testing locations.
* Employed mobility devices and mechanical equipment to lift patients from chairs to beds, following all safety procedures to avoid injuries.
* Oversaw and maintain patients' homes and living areas.
* Delivered individualized patient care by recording vital signs, documenting observations, and evaluating patient needs.
* Checked patient vitals such as temperature, blood pressure and blood sugar to stay on top of symptoms and keep RN's informed of changes.
* Delivered high-quality, efficient support to meet all needs of the patient.

## JUNE 2016- AUGUST 2018

### Shelton Hawley C.P.A, Angier NC*- Personal Assistant*

* Exhibited organization and time management skills by keeping an orderly environment and completing assigned tasks in a timely manner.
* Able to understand, follow instructions and transmit information clearly and honestly.
* Flexible to changes in daily schedule and adapting to new tasks.
* Provided administrative support to the company and personal support to the business owner.
* Cleaned and disinfected living quarters and offices of business.

## AUGUST 2013 - AUGUST 2014

### Loren Jackson, Clinton NC *- Child Care Provider*

* Strong skills in providing instruction to elementary aged children.
* Excellent interpersonal skills and age-appropriate communication.
* Patience and self-control skills
* High physical stamina and perseverance
* Decision making, critical thinking, evaluation, and problem solving
* Ability to design, plan, implement, and lead education schedules to complete required class assignments
* Extensive knowledge of the needs of elementary aged children.
* Provide emotional support for distressed children.
* Active listener and expresses intentional communication.
* Ability to provide affection, security, and comfort.
* Built a personal relationship between the family dynamic.
* Maintained upkeep of maintenance in home.

## JUNE 2012 - AUGUST 2013

### The Learning Station, Clinton NC*- Child Care Provider/Tutor*

* Strong skills in providing instruction to children.
* Excellent interpersonal and age-appropriate communication.
* Patience and self-control skills.
* High physical stamina and perseverance.
* Decision making, critical thinking, evaluation, and problem solving.
* Ability to design, plan, implement, and lead education programs and activities.
* Extensive knowledge of the needs of children of all ages.
* Provide emotional support for distressed children.
* Active listener and expresses intentional communication.
* Ability to provide affection, security, and comfort.
* Building personal relationships with parents and children.

# Education

## MAY 2020 - PRESENT

### University of North Carolina at Wilmington, Wilmington, NC*- Enrolled Nursing Program (Bachelor’s Degree 0f Nursing)*

Currently enrolled at UNCW obtaining my Bachelor's Degree with intended graduation to be during Summer semester.

## JUNE 2016 - MAY 2020

### Sampson Community College, Clinton NC *- Associate Degree of Nursing Program (ADN)*

Associate Degree of Nursing Graduate (RN) of an accredited nursing program from SCC in which professionalism and proficiency were highly valued.

AUGUST 2013 - JUNE 2016

### Clinton High School, Clinton NC *- High School Diploma*

Member of various medical organizations and community resources. Active within my church, placed in a leadership role concerning young adults.Active member of the Special Olympics staff and organized an annual event. An honor student with rewards in different clubs such as: Health Occupations Students of America (HOSA), CTE Honor Society, Key Club, Student Government Association (SGA), Art Club, Fellow Christian Students (FCA).

#  Certification/Awards

1. CNA License Certification
2. CPR Certification (BLS)
3. Greenhand Certificate (FFA)
4. CTE Honor Society Certificate and Cord
5. Sampson Community College Grant Award

# References

**Dawn Norris, RN**

* Director of Med-Surgical/Orthopedic Unit
* dnorris@wayne.health.unc, (919)-738-8944

**Jessica Williamson, RN**

* Staff Registered Nurse, Co-worker
* jwilliamson@wayne.health.unc, (252)-281-3700

**Jonesa Royal**

* Hargrove Elementary School, Teacher
* jroyal@sampson.k12.nc.us/(910)-533-3444; *work*, (910)-214-4022; *cell*

**Becky Spell**

* The Learning Station
* becky@timsgift.com, (910)-592-8776