# MARKEISHA WILDER

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#### PROFESSIONAL SUMMARY

A registered nurse who values working as a team player in order to provide safe, efficient care to the population. Enjoy the challenge of the dynamic healthcare system and eager to obtain more knowledge in order to implement the best care.

#### **EDUCATION**

Valdosta State University, Bachelor of Science in Nursing August 2010 - December 2015

Herschel V. Jenkins High School

August 2006 – June 2010

#### **WORK EXPERIENCE**

United States Air Force Ambulatory RN for 61 ST Medical Squadron 42 treatment rooms

Mar 2020-present Los Angeles, CA 90045

Administers medications according to military treatment facility (MTF) policy Triage patients via telephone consults for symptom-based calls and/or walk-ins Provide medical care to patients using STCC and CSSP protocols to assist with critical thinking Ability to communicate and interact effectively with patients, providers and colleagues Cognitive ability to accurately observe, analyze and interpret medical data both verbal and written

Assists with specialized diagnostic and therapeutic procedures Notifies physician of abnormal findings

### **Infection Control Officer of Medical Squadron**

Educated entire medical squadron on potential outbreaks in community and population at risk Trained new Infection Control Coordinators to be responsible to teach members in respective sections on how to reduce the risk of infection at MTF

Update Infection Control Plan, Summary and Risk Assessment annually and as needed. Brief monthly meetings for Infection Control Coordinators to create a space for ideas to help improve the program and discuss compliance

Conduct biweekly rounds at MTF to monitor for infection control compliance Educate staff at MTF how to work as a team to help keep the environment clean and safe for patients and healthcare personnel

## **Supplemental Health Care**

February 10 2019-June 2019

Correctional RN at Chatham County Detention Center (PRN)

Savannah, GA 31405

Educate inmates of health promotion and disease prevention

Administer PPD skin test to each inmate if no contraindications exist. Place them in isolation if they refuse and must obtain a chest x-ray in order to go to general population

Provide pregnancy test to all female inmates regardless of age and history (i.e. tubal ligation)

Gather assessment information by collecting pertinent medical history

Respond to codes that could signify suicide by hanging or cutting, chest pain, seizures, assaults, etc.

Notify on-call physician if inmate has abnormal assessment findings or vital signs Assess each inmate located in booking within 4 hour window per facility's policy

## Lakeside Behavior Crisis Center Charge Nurse (PRN) 16 bed unit

Aug 8 2018-2019 Bloomingdale,GA 31302

Responsible for well-being of staff and residents in facility

Delegate tasks to PCTs and LPN in regards to patient safety

Effectively communicate to psychiatrist about potential intakes to facility

Fax appropriate documents (i.e. consents) to outlining facilities prior to transport

Assess for critical lab work, required assistive devices, & home meds of potential intakes

Demonstrate professionalism when speaking with case managers from outlining facilities

Utilize Behavioral Health Assessment tool for new intakes and explain what to expect during extended stay

Monitor for any inappropriate behavior amongst children and adolescent

Effectively communicate with parent/guardians about the residents' progression

## Memorial Health University Medical Center Mother Baby (Full Time) 20 bed unit; 1:8 nurse/patient ratio

Oct 30 2017-Mar 2020 Savannah, GA 31404

Provide continuous education during postpartum period

Explain the importance on signs and symptoms of complication from mom and baby

Perform head to toe physical assessment and accurately obtaining newborns vital signs

Obtain blood draw on newborns and explain abnormal lab results

Assess for signs and symptoms of drug withdrawal in newborns

Educate mothers on post circumcision care and signs of inflammation

Provide education on benefits of breastfeeding and risks of supplementation at young stage of life

Demonstrate what to do when baby is choking on amniotic fluid to parents

Assess fundus per facility guidelines and as often when concerns for post-partum hemorrhage

### Registered Nurse at St. Joseph Candler Hospital

Feb 18 2016-Jan 9 2019

Neurological Medical surgical floor w/ Telemetry (Full time to PRN)

Savannah, GA 31419

## 24 bed unit; 1:6 nurse/patient ratio

Worked diligently with the interdisciplinary team to ensure optimal patient care services.

Value the art of being a patient advocate and providing the best care possible.

Obtained leadership skills as a prn charge nurse when staffing was critical.

Responded in an urgent manner to patients who demonstrated symptomatic arrhythmias and assessed which types of patients were not appropriate med-surg.

Can identify signs and symptoms sepsis and when to initiate protocol.

Performed risk assessments on every patient to be able to avoid *Never Events*.

Know which type of codes to call based on patients changed status (i.g. Code CAT Sepsis, STEMI, Neuro)

Understand how to interpret lab values with current illnesses and which interventions that may affect the outcome.

## Patient Care Technician at Memorial University Medical Center

June 1 2014-July 31 2014

### (Part time; RN float pool)

Savannah, GA 31404

Displayed mutual respect for patients, family, physicians, team members, etc.

Communicated with team members to promote optimal care for patients

Accurately recorded the patient's vital signs and alerted the nurse or physician if they were abnormal

Accurately documented objective and subjective patient data

Work diligently and safely under pressure and during rush hours

Turn immobile patients every two hours

- Provide oral care for patients heavily sedated or in coma
- Gathered requested lab specimen for urinalysis
- Ambulated patients safely

Assisted clients with ADLs (bathing, toileting, feeding, and dressing)

#### Clerk at Enmark

Sept 8 2013-Jan 5 2014 Port Wentworth, GA 31407

#### (Full time)

Worked on the Lottery machine and loaded money on iHope cards for customers

Explained the instructions on how our cash card worked to save money

Constantly made sure my draw would not be over \$200; deposited extra money in drop box.

Promoted up sales for selected items

Swept parking lot and collected any trash that was around the gas pumps

Wiped down pumps and applied gravel on oil spills

Drove to the nearest gas stations and reported their prices to management in order to remain competitive

## Cashier/Sales associate at Forever 21

June 18 2008- May 22 2016 Savannah, GA 31406

Handled all customer relation issues in a gracious manner and in accordance with company policies. Used time efficiently when I am not serving customers, including folding clothes and cleaning out fitting rooms

Followed merchandising guidelines to present visually appealing displays.

Fostered a positive work environment by consistently treating all employees and customers with respect and consideration.

Worked with the management team to implement the proper division of responsibilities. Determined customer needs by asking relevant questions and listening actively to the responses. Responsible for informing the customers of the store policy, promotion, and sales. Responsible for the amount of money that should be left in the draw before and after I clocked out.

#### **CERTIFICATIONS & LICENSURE**

Registered Nurse- State of GA license #RN255309 (exp. 1/31/2024) Registered Nurse- State of CA license #95271508 (exp. 4/30/2023) BLS Provider certified (renewal date 12/2023) Medical Surgical Nursing (certified Aug 2021)

### **COMMUNITY ACTIVITIES**

- Second Harvest Food Bank (2014)
- Collegiate Women at VSU (2012)
- Redondo Beach Cleanup (2020)
- Delta Sigma Theta Volunteer (2021-present)

### **EXPERIENCE**

- Navy ROTC (August 2006-May 2009)
- United States Air Force Nurse (March 2020-present)