

Tiji Thomas

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To grow step by step in life and looking for a job that lets me providing good nursing care to patients of your progressive health care institution and work directly with them to administer medication, provide routine treatment and handle day today intervention and analysis.

Work Experience

Registered Nurse

Queen Elizabeth Hospital - Norfolk, VA

November 2017 to June 2021

Surgical Assessment Unit-Nov 17 -June 2021-Queen Elizabeth Hospital (NHS)

- A unit which admits patients from ED, GP Surgery, Midwife, Nurse Practitioners and Out of Hour referrals of adults for investigations and surgical interventions. The specialties covered by SAU are General Surgery, Urology, Obstetrics and Gynecology (below 16 weeks of Gestation), Orthopedics, ENT.
- Carried out admission, discharge procedures, monitored, recorded and provided care according to physician and nursing care plan.
- Triaged patients accordingly. Prioritized poorly patients and provided immediate care as required.
- My duty involved direct patient care dealt with knowledge and nursing skills every day. The roles which I took up included in charge for the shift, mentorship and clinical care.
- When taking charge of the unit, I coordinated with my team of doctors and nurses in admitting new patients and meeting their treatment needs within the target time.
- Also, I liaised with bed managers and the ED coordinator in managing patient flow.
- Attended the MDT rounds, update Safe care in the health-roster regarding the total census of inpatient and staff patient ratio.
- A Safety briefing is done (duplication in names, IPACS, MCA-DOLS, falls risks etc.) during the handover, thereby giving a clear picture of the unit to the next shift.
- Competent IT skills
- Follow up with discharged patients, referral to community nurse for wound dressing, catheter care, medicine administration, arrangement of transportation to residences.
- Made follow up appointment's for patients post surgery, follow up bloods ,wound dressing, drain removal.

Registered Nurse

Communicable disease Centre - Ward, AR

January 2017 to October 2017

Registered Nurse

Communicable Disease Centre (Hamad Medical Corporation)

January 2017 to January 2017

- Worked as a Registered Nurse and assisted in the process which ensures that patient care is delivered in accordance with established corporate wide policies and procedures, nursing standards, guidelines and protocols.
- Coordinated nursing services with the services of other health care disciplines
- Ensured assignments provided were appropriate utilization of personnel.
- Worked in the out patient department as well, assisted in arranging procedures on outpatient basis.
- Also worked in the medication administration room, providing clients with the DOTS therapy and required medication either I.V or I.M.

Registered Nurse

Fortis Hospital - Mulund, Mumbai
March 2013 to May 2016

Medical Surgical Ward

Fortis Hospital (JCI)
March 2013 to May 2016

- Worked as a Staff Nurse in Medical Surgical Ward, took care of transplant patients and International Patients, long term care patients, pre term and post term pregnant patients. Monitored, communicated and recorded patients condition appropriately with the concerned team.
- Worked as Team leader, handled emergency situations as well.
- Also was a part of JCI Accreditation in March 2015.
- Provided and documented patient care by applying the nursing process
- Demonstrated leadership by involving team members to improve care
- Acted as a catalyst to identify and impact change related to patient care and unit functioning.
- Implement and monitor care plans for patients.
- Assess and coordinate discharge plan for patients.

Education

B.sc in Nursing

Rajiv Gandhi University Of Health Science
2006 to 2011

Nursing Licenses

RN

Expires: May 2022

State: IL

Skills / IT Skills

- I am self motivated, I can communicate reasonably well. I have a good level of emotional intelligence to get along with different type of patients and colleagues and I can feel myself cool in hard times.
I am trained to be proactive, highly initiate responsible in execution, hard working in endeavors, ability to comprehend, assertive in resolution.
- Venipuncture

- Acute care
- Basic IV
- Laboratory experience
- Critical care experience
- Nursing
- ADLs
- Care plans
- Triage
- Patient care
- Tube feeding
- Medication administration
- EMR systems
- Catheterization
- Medical records
- Catheter care
- Patient monitoring
- Phlebotomy
- Hospital experience
- Employee orientation
- Experience administering injections
- Vital signs
- Communication skills
- English
- Computer skills
- Microsoft Office (7 years)

Certifications and Licenses

RN

BLS Certification

ACLS Certification