Kristen McQuade

(207) 694-4952 | Kristenmcquade87@gmail.com

Summary

Hardworking nursing professional licensed in Maine. Trained in monitoring and caring for patients with diverse needs. Familiar with updating charts, tracking vitals, and preparing biological samples. Safety-oriented and knowledgeable about infection control and prevention protocols.

Experience

Houlton Regional Hospital

Registered Nurse, Acute Care | 08/2015 - 09/2017

- Provide medical care, treatment, and support to patients.
- · Record medical history and symptoms.
- Conducting physical examinations to assess overall health.

Houlton Regional Hospital

Registered Nurse -Ambulatory Care | 09/2017 - 07/2018

- · Work closely with physician, surgeons, and nursing staff as part of unit team.
- Educate patients on preventative care and lifestyle choices to improve overall health.
- · Assess patients before and after surgery.

Houlton Regional Hospital

Registered Nurse, Emergency Department | 07/2018 - 12/2021

- Administer oral, IV, and intramuscular medications as part of patient treatments.
- Record changes in patient conditions and laboratory test results.
- Assess patient conditions and prioritize treatment and medical procedures.
- Coordinate care with multi-discipline team of physician, technicians, and care providers.
- Assist physicians with various patient treatments.
- Excellent time management, critical thinking, and ability to multi-task.

Skills

Treatment planning, Communication, Flexibility, Patient Assessment, Patient Care, IV Therapy, Medication Administration

Education

Northern Maine community college | Presque Isle, ME Associate -nursing | 05/2015

Languages

English

Certificates

TNCC -12/31/2024, ACLS -3/2023, BLS -9/2023, License # RN66735 6/2022