

Lindsey Thurston

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To obtain a position as Licensed Practical Nurse at a quality care facility

Authorized to work in the US for any employer

Work Experience

Patient Care Assistant

Mayo Clinic - Eau Claire, WI

December 2020 to Present

- Obtain vital signs
- Assist patients with ADLs
- Ambulate patients
- Assist nurses
- Record I&O
- Follow Active orders for patients
- Time management
- Communication within the care team
- Maintain a safe environment
- Remove IVs and Foleys

CNA - Certified Nursing Assistant

Specialized Medical Staffing, INC - Bloomer, WI

August 2017 to November 2020

- Travel to several long term care facilities to provide care to residents
- Assist residents use the bathroom, shower, and do exercises
- Assist residents with eating
- Chart in a timely manner
- Obtain vital signs and weights
- Communication within the care team
- Adapt to new environments
- Maintain a safe and clean environment

CNA - Certified Nursing Assistant

Bellin Health - Green Bay, WI

September 2016 to May 2017

Bellin Health - Green Bay, WI

- Take vital signs
 - Help patients ambulate
 - Draw Blood
 - Remove foleys
 - Remove IVs
 - Charting meals and activities
 - Interact and collaborate with physicians and other healthcare professionals
 - Ensure a clean and sanitary environment
 - Answer patient calls
 - Take patient blood sugars
- RBI Caring Hearts CBRF - Bangor, WI
- Assist residents with ADLs
 - Administer resident's medications including: pill, insulin shots, and blood sugar
- Serve meals and help residents eat as needed
- Take vital signs
 - Answer patient calls
 - Interacted and collaborated with physicians and other healthcare professionals
 - Collect information about conditions and treatment plans from caregivers, nurses and doctors
 - Clean and sanitize patient areas

Education

College Degree in Nursing

Chippewa Valley Technical College - Eau Claire, WI
August 2017 to May 2021

Nursing Program

Northeast Wisconsin Technical College Green Bay
September 2016 to May 2017

Western Technical College - La Crosse, WI
May 2016

Sparta High School - Sparta, WI
2016

Skills

- Venipuncture
- Anatomy Knowledge (5 years)
- Physiology Knowledge (5 years)
- EMR Systems (5 years)
- Patient Care (5 years)
- Phlebotomy
- Epic (5 years)

- Patient care (5 years)
- Medication administration (3 years)

Certifications and Licenses

CNA

June 2016 to June 2022

Licensed Practical Nurse

February 2022

Taking exam in February 2022

Additional Information

Trained in classroom and clinical setting

- Possess a thorough understanding of anatomy
- Dedicated, resourceful and reliable worker; can be counted on to get the job done
- Works well independently as well as cooperatively in a team environment
- Organized and technologically savvy