Professional Portfolio

Vannesa Macias

University of Illinois at Chicago, College of Nursing, BSN

Vannesa Macias

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**Objectives**

I am eager to be a diligent, an action oriented, and a patient focused nurse that ensures safety practice for patient care. I strive to create team provision for exemplary care for patients with complex care in order to ensure teamwork and safety are the number one priority.

**Education**

**University of Illinois at Chicago**Expected: May 2020

*Bachelor of Science in Nursing, GPA: 3.0*

UCONSAand PNSO

Student Nursing Organization

**City Colleges of Chicago- Richard J. Daley** *No Degree*

*Continuing Education Courses, GPA 4.0*

**Work and Volunteer Experience**

**Saint Mary’s and Elizabeth’s Hospital**

Chicago, IL

*Critical care Unit* March 2021 – Present

* Utilized meticulous clinical skills to care for patents, active listening, and independent thought process to care for patients in the best way possible.
* Utilized meticulous clinical skills to provide patient care for patients who are intubated, sedated, paralyzed, and patients with critical conditions to stabilized and improve the patient’s condition.
* Monitor patient’s telemetry and read telemetry strips to determine cardiac interpretation.
* Care for patients with care and dignity to assist their human needs when the most vulnerable
* Assist patients with ADL’s and promote autonomy when possible and appropriate.
* Attend Rapid Response, Code Blues, and other emergency situations when needed.
* Care for patient’s post-emergency and stabilize patient the most possible.

**Northwestern Memorial Hospital**

Chicago, IL

*Medical Surgical Unit* November 2019 – March 2021

* Utilize clinical skills to take patient’s vitals and reporting any major changes to nurse, ensuring two set of vitals for abnormalities
* Utilized clinical skills to obtain stool, urine and other pertinent samples
* Monitor patient’s glucose, perform ECG, remove Foley and IV catheters
* Give patients a sense of autonomy by ensuring patients are able to use maximum independence in basic ADLs, and assisting them when needed
* Always ensuring patient privacy and dignity in most vulnerable state and, and ensuring their personal needs are met
* Assist and help nurse by ensuring patient comfort and needs
* Give care and comfort to all patients no matter acuity of illness

**La Palapa**

Chicago, IL

*Waitress*  August 2018 – September 2019

* Utilized basic food handling techniques to ensure customers received orders on time and in a clean manner
* Ensured customer satisfaction by making sure food quality was obtained, and assuring that all required items were at the table for proper service
* Maintained personal cleanliness and restaurant cleanliness to provide a safe environment for food and customers

**Certifications, Skills and Honors**

* Basic Life Support (BLS) certified through American Heart Association
* Advance Cardiac Life Support (ACLS) certified
* Fluent in Spanish
* Proficient in Cerner Power-Chart and EPIC charting system
* Proficient in Microsoft Office – Excel, Word, and PowerPoint
* Certified Nursing Assistant

**References**

The following references will give letters of recommendation upon request:

**Kizito Ojiako**

ICU Intensivist

AMITA- St. Mary’s and Elizabeth’s Hospital

P: 312.770.2400

E: kizito.ojiako@amitahealth.org

Relationship to Reference: ICU intensivist and current co-worker

**Consuelo Saucedo**, RN, BMTCN, ONS

Register Nurse

University of Illinois Hospital and Health Science System

P: 773. 322.8846

E: csaucedo@uic.edu

Relationship to Reference: Previous Preceptor in Acute Care Setting- Bone Marrow Transplant

**Katie Stephens,** MSN, APN, FNP-C

Clinical Instructor- Department of Behavioral Health Science

University of Illinois at Chicago, College of Nursing

P: 773.203.5783

E: kmsteph3@uic.edu

Relationship to Reference: Fundamentals and Medical Surgical clinical Instructor

**Margret Clifford**, BSN, RN, CN, CRMSN

Register Nurse

Northwestern Memorial Hospital

P:773.458.3641

E: Margaret.clifford@nm.org

Relationship to Reference: Previous co-worker and charge nurse

**Michael Behlke**, MBA

Assistant Director of Recruitment

University of Illinois at Chicago, College of Nursing, Office of Academic Programs

P: 312.966.9645

E: mbehlke@uic.edu

Relationship to Reference: nursing academic advisor

**Continuing Education**

**National LGBT Health Education Center: A Program of the Fenway Institute**

Credited by: American Academy of Family Physicians

* Providing Quality care for Lesbians, Gay, Bisexual, and Transgender Patients- an introduction to staff training

1.00 Credits

**Nurse Initiative Promoting Immunization Training**

Credited by: The University of Oklahoma, College of Nursing

* Obtaining information about vaccination and how to educate adults and families about vaccinations for their children and themselves.

6.0 Credits

**The Center for Disease Control and Prevention** (CDC)

Credited by: American Nurses Credential Center’s Commission on Accreditation

* Health Literacy for Health care professionals

1.00 Credits

**The Institute for Health Care Improvement**

Credited by: American Nurses Credential Center’s Commission on Accreditation

* Improvement Capability, Patient Safety, Leadership, Person- and Family-Centered Care, & Triple Aim for Populations

1. Credits

**Continuing Education Completed as of March 2020 = 26.00 credits**

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**Licensure**

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