

# Lehlumeh Sado

## Registered Nurse

Houston, TX

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+1 281 235 4378

Trilingual Registered Nurse with 2+ years of nursing experience ready to undertake new challenges in a ever-growing field of healthcare. Possessing experience in COVID-19, Med-Surg, Acute Care, and Humanitarian Nursing. Team leader with 2+ years of leadership experience. Current valid license, CPR and first aid certified.

Phone: (281) 235-4378

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Authorized to work in the US for any employer

## Work Experience

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### Registered Nurse Med/Surg (COVID)

Longmont United Hospital - Longmont, CO

January 2022 to Present

- Assessing, planning, implementing, and evaluating patient care plans in consultation with healthcare professionals.
- Evaluating medical information, as well as providing direct and individualized bedside nursing care to pre-and post-surgery patients.
- Preparing, administering and recording prescribed medications.
- Changing dressings, inserting catheters, and starting IVs.
- Adjusting specialized medical equipment as needed, as well as interpreting and recording measurements.
- Monitoring patients' vitals and reporting adverse reactions to medications in a timely manner.
- Collaborating on discharge planning with the healthcare team.
- Answering questions and educating patients and their families on surgical procedures and post-surgery care.
- Maintaining and updating patient files, medical charts, and health records.
- Adhering to best nursing practices, standards, and protocols.

### RN Charge Nurse

Fort Bliss Hospital (Travel Contract) - Doña Ana, NM

September 2021 to January 2022

- Frequent float to Med-Surg and Acute Care vaccine support opportunities for our refugee population.
- Oversee daily functioning of the unit, directing admissions, discharges, and general patient flow.
- Support the patient's healthcare team as an advocate for the patient and their family
- Consistently hit targets set by client, and without any reduction in quality.
- Assisted in starting up a Behavior Health unit with the psychologist on site to ensure adequate mental health access for my patients.
- Efficiently gathered information from families and patients to help develop treatment plans.

- Started IV's and blood draws with success.
- Documented all patient information, including service plans, treatment reports, and progress notes.
- Worked with parents, family, and teachers to implement consistent behavior therapy techniques.
- Conducted outreach advocacy and rehabilitative services for regular cases and crisis intervention.

### **Acute Care/LTAC Registered Nurse**

Paradigm at Westbury - Houston, TX

May 2021 to September 2021

- Restores and promotes patient's health by completing the nursing process.
- Performed wound care and trachea care for acute patients.
- Collaborates with physicians and multidisciplinary team members.
- Provides physical and psychological support to patients, friends, and families.
- Identifies patient care requirements by establishing personal rapport with patients and their families.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations.
- Protects patients and employees by adhering to infection-control policies and protocols; medication administration and storage procedures; and controlled substance regulations.
- Documents patient care services by charting in patient and department records.

### **LTAC Registered Nurse**

The Vosswood Nursing Center - Houston, TX

April 2021 to May 2021

- Restores and promotes patient's health by completing the nursing process.
- Collaborates with physicians and multidisciplinary team members.
- Provides physical and psychological support to patients, friends, and families.
- Identifies patient care requirements by establishing personal rapport with patients and their families.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and hospital or regulatory standards.
- Resolves patient problems and needs by utilizing multidisciplinary team strategies.

### **Student Nurse / Clinical Rotations**

Ideal Professional Institute - Houston, TX

January 2020 to October 2020

- Learned starting blood draws and IV's.
- Frequent Med Surg experience in numerous hospitals and clinics.
- Monitored patients' vital signs.
- Mentored and coached inexperienced licensed and unlicensed staff.
- Administered medication via IV/PO/SQ/IM.
- Performed patient's assessment incl. cardiovascular, urinary catheters, respiratory, neurologic, tracheostomy, and trauma.
- Established IV access to take blood samples.
- Monitored and recorded input and output in patients with renal failure, gastroenteric, and cardiac conditions.
- Removed secretions using aspiration technique in patients with endotracheal tubing.
- Ordered medical tests.
- Provide general patient care ADL's, administering dressing changes, providing nurses notes, and other aide duties for patient.

- shadowed countless experienced nurses in learning more about being a safe and effective nurse
- demonstrated effective skills to preceptor's satisfaction.
- Taught patients and their caregivers how to manage health conditions.
- Provided clinical expertise for complex cases and medical emergencies.

## Education

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### **Bachelor's degree in Nursing**

The University of Texas at Arlington - Arlington, TX  
October 2021 to Present

### **Associate of Science in Nursing**

Ideal Professional Institute - Houston, TX  
September 2020

### **Associate of Science in Pre-Nursing Studies**

Houston Community College - Houston, TX

## Nursing Licenses

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### **RN**

Expires: May 2023

State: TX

## Skills

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- Medication administration
- Critical care experience
- Epic
- Hospital Experience
- Nursing
- Crisis Intervention

## Languages

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- Spanish - Fluent
- English - Expert
- Etsakor - Expert

## Certifications and Licenses

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### **CPR/AED/First Aid**

June 2021 to June 2023

CPR, AED, & First Aid skills to ensure timely resuscitation for people of all age groups (Infants, children and adults.)

**Basic Life Support (BLS)**

January 2022 to Present

**Advanced Cardiovascular Life Support (ACLS)**

January 2022 to Present

Additional Information

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References

Coworker

John Thomas  
281-886-3804

Supervisor

Joy Kone QMHP  
571-263-7103  
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