

Erika Ruiz Millan

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Virginia State Board Certified Registered Nurse with over 2 years of experience delivering high-quality care to patients.

Proven leader effective at uniting and achieving patient care goals. Im energetic, organized and dedicated with patients.

Seeking to learn and use earned skills and knowledge to assist at your hospital.

Willing to relocate to: Chesapeake, VA - Portsmouth, VA - Norfolk, VA

Work Experience

RN, Medical-Surgical

Chesapeake Regional Hospital - Chesapeake, VA
December 2020 to Present

Educated patients and families on diseases, medical and surgical

Chesapeake, VA procedures, medication regimens and pain self-management.

RN, Medical-Surgical Performed physical assessment, obtained vital signs, checked blood sugar

12/2020 - Current levels, IV assessment and updated information in patient charts.

Facilitated communication patients, visitors, nurses, physicians and other hospital personnel.

Performed EKGs on patients

Inserted IVs and administered oral and injectable medications.

Collected blood and urine samples for lab analysis to diagnose disease or screen for health problems.

Used critical thinking with telemetry patient and other kinds of drips like Heparin.

Monitored patients' condition and reported changes in status or acuity to nurses.

Interpreter Spanish to English.

Registered Nurse

Hospital Auxilio Mutuo
December 2019 to October 2020

Monitored and recorded patient condition, vital signs, recovery progress

12/2019 - 10/2020 and medication side effects.

Conducted post-op reviews, tracked patients' vitals to reach optimal care targets.

Coordinated care with physicians and administrative staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.

Maintained adequate unit supplies to meet expected patient demands, such as equipments & controlled drugs.

Developed and maintained quality care systems and standards, including creating and improving medical protocols and guidelines.

Instructed patients, caregivers and families on diagnoses, treatment options and self-management to maintain continuity of care.

Registered Nurse

VWR

March 2020 to March 2020

Part of Avantor Manati, Puerto Rico register employees and perform screening before accessing company's Rico premises to meet COVID-19 protocols.

Registered Nurse

03/2020 - 03/2020

Education

Bachelor of Science in in Nursing in Nursing

Universidad Interamericana De Puerto Rico - Arecibo, Puerto Rico, US

July 2020

Skills

- Proficient speaker of English and Spanish.
- Ability to work directly with patients, families, and
- Ability to work under pressure with minimum of
- doctors.
- supervision.
- Proficient in minor surgery assistance.
- Excellent communication skills and time management
- Monitoring vital signs, administration medication and IV
- Experience in administration.
- Basic Disaster Life Support (BLS) Certification. Due date:
- Experience in EPIC
- JAN 2022
- Critical thinking and problem solving.
- Advanced Cardiac Life Support (ACLS) certification. Due
- Strong Ethics and confidentiality.
- date: Sept 2022
- Strong leadership skills.
- PEARS due date: April 2023
- Phlebotomy. No due date

Certifications and Licenses

RN

BLS Certification

ACLS Certification