**KENDAL BILZ, RN, BSN**

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**EDUCATIONAL BACKGROUND**

***Bachelor of Science in Nursing*** *with Honors****,*** Boise State University, Boise, ID: 12/2020

***Associate of Science in Nursing*** *with Honors****,*** Grossmont College, El Cajon, CA: 06/2019

**LICENSE**

**Registered Nurse**, State of California, 2019 – Present

**CERTIFICATIONS AND SKILLS**

AHA: **BLS, ACLS**

**NIHSS** Stroke Scale

**CRRT** NxStage

Basic to intermediate EKG interpretation

Hemodynamic Monitoring

**Proning Therapy for ARDS**

**ICU REGISTERED NURSE EXPERIENCE**

***MICU and SICU,* Sharp Chula Vista Medical Center**, Chula Vista, CA: 08/2019 – Present

* Conduct individualized initial and ongoing assessments while implementing the nursing process caring for diverse medical and surgical patient populations including, stroke, sepsis, myocardial infarction, cardiogenic shock, DKA, HHS, acute kidney injury, chronic kidney disease, heart failure and respiratory failure
* Closely monitor telemetry, mechanical ventilation, and vital signs to identify sudden or subtle changes and proactively problem solve to employ appropriate interventions
* Collaborate and consult with members of the healthcare team regarding plan of care in an organized and efficient manner to attain optimal health during rounds
* Administer, titrate, and monitor vasopressors and other intravenous medications to maintain hemodynamic stability in acute and chronically ill patients
* Practice evidenced based care to prevent the incidence of ventilator associated pneumonia (VAP) through application of routine ventilator care and management
* Assist intensivists and doctors with intubation and insertion of central venous catheters, arterial lines, dialysis catheters, and chest tubes while maintaining a sterile field
* Implement emergency standing orders for life threatening conditions in the absence of a physician per hospital policies and procedures
* Coordinate and support nursing staff in clinical problem solving and critical thinking as a resource nurse as well as, respond to codes in the hospital working with the code team
* Provide comprehensive and compassionate patient and family-centered care during transition to end of life while maintaining a peaceful and quiet environment
* Commended for documentation of patient care and chart accuracy using Cerner

**NURSING ASSISTANT EXPERIENCE**

***Nursing Assistant-SRN Float Pool,* Sharp HealthCare***,* San Diego, CA: 08/2018 – 08/2019

* Cultured the ability to conform to new units and hospital policies while working in multiple specialties with ease throughout four hospital locations
* Implement high quality patient-centered care with a commitment to excellence in an acute care setting while prioritizing tasks and using time proficiently

***Nursing Assistant,* Grossmont Post-Acute Care**, La Mesa, CA: 12/2016 – 07/2017

* Provided consistent high-quality nursing assistance and patient care with an optimistic and professional attitude while improving patient outcomes and satisfaction
* Observed diverse patient conditions and obtained/recorded vital signs to include intake and output amounts plus charted pertinent data while maintaining patient confidentiality

**REFERENCES**

***Chloe Templo***, *ICU Charge Nurse:* (619) 920-3748 [chloe-temple@hotmail.com](mailto:chloe-temple@hotmail.com)

***Ed Naval,*** *ICU Clinical Lead Nurse:* (858) 382-1586 [enaval1234@gmail.com](mailto:enaval1234@gmail.com)