

Jesseca Galan

Seeking the Opportunity to Apply Nursing Skills and Inspire Patients

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Registered Nurse with over 4 years of experience at an inpatient hospitals filling various roles. I PRN, Float, and Charge at local and distant facilities healthcare facilities. I would like a role that I can utilize my knowledge, skills, ambition, and experience on a daily basis. I provide bedside care to a variety of patients at a hospital as a registered nurse, and I have managed staff/resident care at a skilled nursing facility. I am currently focused on earning a Bachelorette in this field, and I aim to utilize my experience and knowledge to effectively be an asset to a clinical setting that will allow for me to grow.

- Proficient in providing assistance to doctors and surgeons during regular medical and surgical procedures
- Well versed in communicating effectively with patients and their families regarding the disease care and precautions
- Adept at administering IV medications and collecting blood and urine samples for laboratory analysis
- Efficient in post surgery patient monitoring and progress charting
- Familiar with infection control, hygiene and sanitation protocols associated with healthcare setting
- Trained in medical equipment handling and instrument sterilization

Willing to relocate to: DMV - Silver Spring, MD - Washington, DC

Authorized to work in the US for any employer

Work Experience

Registered Nurse (RN)

Holy Cross Hospital - Silver Spring, MD

January 2022 to Present

RN Med/Surge Tele: Oncology | Holy Cross Hospital - Silver Spring, MD 2022-Present

Travel Assignment/ Contract

- Administer scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Care for individuals with an array of medical issues such as pulmonary, cardiology and infectious disease patients that utilized telemetry monitoring and oncology management.
- Address patient care needs, collected vitals, dressed wounds, insert and managed catheters.
- Admission and discharge of patients, documented and charted changes in patient conditions, and communicated with primary care physicians to relay patient needs.
- Familiarize myself with the practice of multiple units to serve as a Float when needed.

Staff Nurse Med/Surg

Health South Rehabilitation Hospital - Houston, TX

June 2016 to Present

- Help patients by supervising care and treatments, leading patient assessments, creating personalized plans of care, targeting patient concerns and offering the best solutions.

- View each patient with a strong sense of empathy, listen closely to their personal stories, and get to know each one's physical, mental and emotional needs.
- See patients progress due to the effort you and your team put forth each day and build rewarding relationships with them during stays that last from two to four weeks.
- Spend each day helping someone to regain control of their lives with the goal of being discharged from the hospital and back to their community, families and friends.

LVN Staff Nurse Med/Surg

Health South Hospital - Houston, TX

April 2016 to Present

- Worked directly with physicians, agency coordinators, pharmacists, therapists, patient and physicians and social workers
- Provided nursing care for up to 6-8 patients per shift
- Worked directly with physicians, pharmacists, social workers, patient and physicians and therapists
- Admitted patients
- Administered medication and treatments
- Delivered patient education

Education

Associate's degree in Associate Degree in Nursing: Registered Nurse

College Of Healthcare Professionals - Houston, TX

October 2019 to July 2021

Associate of Science in Nursing in Vocational Nursing

San Jacinto Community College - Houston, TX

January 2017 to December 2017

Nursing Licenses

RN

Expires: July 2021

State: TX

Skills

- patient monitoring (4 years)
- sterilization (4 years)
- Problem-solving (4 years)
- Team Work
- Reliability (10+ years)
- Flexibility
- Infection Control Training
- Nursing

- Medication Administration
- Laboratory Experience
- Laboratory Experience
- Critical Care Experience
- Hospital Experience
- Vital Signs
- Tube Feeding
- Basic IV
- Experience administering injections
- Catheterization
- EMR systems
- Epic
- Supervising Experience
- Pain Management
- Patient Care

Languages

- Spanish - Intermediate

Certifications and Licenses

BLS Certification

March 2020 to March 2022

BLS (Basic Life Support) is the emergency medical care offered to an individual who requires sustained treatment to maintain their severe signs until they get additional needed care.

CPR Certification

April 2020 to April 2022

I am certified to perform adequate CPR skills in order to compress the chest and heart so that blood can be pumped to the brain.

Advanced Cardiovascular Life Support (ACLS)

November 2021 to November 2023

The ACLS builds on the foundation of lifesaving BLS skills, emphasizing the importance of continuous, high-quality CPR. Reflects science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC).

Additional Information

SPECIAL SKILLS

- IV administration - Burn/wound dressing - Catheterization

- Post surgical nursing - Assistance in minor surgery
- Emergency assistance - Patient monitoring