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Summary

Certified Nursing Assistant/ Medication Aide with experience serving chronically ill patients, including assisting with daily living activities and household tasks. Patient and highly compassionate. Skilled at operating within long-term care environments or outpatient centers. Knowledgeable and compassionate Nursing staff member with 8+ years of healthcare experience. Diligent about serving all facets of patient medical and personal needs. Focused on delivering high-quality care to individuals of all backgrounds while protecting patient safety and promoting satisfaction with facility services.

Self-sufficient Medication Aide skilled at recording patient vital signs and administering various medications to over 26+ patients daily. Sound knowledge of medical terminology and the use of medical equipment. Hands-on experience in obtaining and recording equipment readings and blood and urine reports.

Skills

- Monitoring
- Social Perceptiveness
- Web Browser Software

Experience

Medpool Services | Fort Collins, CO CNA/Medication Aide 02/2021 - Current

- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.
- Provided primary resident care and assistance with daily living activities.
- Supervised medication administration, personal hygiene and other activities of daily living.
- Scheduled and accompanied clients to medical appointments.

• Provide First Aid

• Customer service

• PPE use

- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Worked successfully with diverse group of coworkers to accomplish goals and address issues related to our products and services.
- Demonstrated self-reliance by meeting and exceeding workflow needs.
- Rendered hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Documented information in patient charts and communicated status updates to interdisciplinary care team.
- Researched and recommended cost-effective transportation methods and conducted regular safety audits on equipment.
- Formulated shipping documents for material transported via private fleet.
- Minimized empty miles and maximized driver service hours by implementing backhaul solutions.
- Verified that drivers had completed safety prerequisites and required training.
- Resolved complaints and eliminated delays by collaborating with vendors and updating strategies.
- Revised production schedules to account for changing designs, shortages and other types of interruptions.
- Monitored workflow and schedules to ensure timely delivery.

Sava Senior Care | Berthoud, CO Medication Aide/ Mgmt 02/2013 - 02/2021

- Arranged for travel accommodations for all corporate personnel, processing trip expenses promptly.
- Maintained adequate unit supplies to meet expected patient demands.
- Updated patient charts to reflect changes to care plans, interventions and observations.
- Administered medications, tracked dosages and documented patient conditions.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Utilized EPIC EMR to document all patient interventions, such as evaluations, care plans and observations.
- Collaborated with interdisciplinary personnel to create, implement and manage patient care plans suiting individual needs and preferences.
- Assisted patients with daily tasks, such as dressing, hygiene upkeep and movement throughout facility,
- Collected biological samples from patients and performed routine lab tests to support diagnosis.
- Continually assessed patient pain levels and applied appropriate pain management techniques.
- Viewed electronic health system records to evaluate patient wound care history, other relevant medical information and prescription medications.
- Obtained, inspected and distributed sterile and non-sterile surgical equipment and instruments.
- Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.
- Assisted doctors, nurses and support staff with preparation for and conducting patient procedures.
- Recorded observations and baseline measurements to maintain accurate medical records.
- Explained procedures to patients to reduce anxieties, enhance cooperation and facilitate smooth procedures.
- Used restrictive devices and patient-shielding techniques to minimize patient and staff radiation exposures.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Provided excellent customer service by effectively communicating with patients, families, staff and staff in other hospital departments.
- Improved profit margins by streamlining operations and workflow.
- Demonstrated self-reliance by meeting and exceeding workflow needs.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Treated patients with broad range of diagnoses ranging from sepsis, renal failure, diabetic ketoacidosis, pulmonary embolism, myocardial infarction, pneumonia, acute respiratory distress syndrome, congestive heart failure and chronic obstructive pulmonary disease.
- Managed all facets of telemetry, including PA catheters and arterials, vasoactive drug administration and titration, thrombolytic therapy, dysrhythmia interpretation and chest tube management.

Education and Training

Front Range Community College | Westminster, CO Associate of Arts

12/2017

• Completed coursework in Criminal Justice, Psychology and Art.

Colorado Christian University | Denver, CO Some College (No Degree) in BSN

UCHEALTH Medical center of the Rockies | Loveland, CO **Patient Care Technician, ICU** 10/2018 - 05/2020

Certifications —

- Certified Nursing Assistant (CNA)
 Basic Life Support
 Certified Medication Aide (CMA)