

# AMANDA HELTON

NURSING SUPERVISOR

## CONTACT

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## PROFILE

Dedicated Neuro-Nurse with 4 years direct patient care experience and 2 years supervisory experience. Adept at interdisciplinary communications and plan of care development with extensive knowledge of long-term treatments and care planning of the neuro patient. Proficient leadership skills and experienced in the maintenance of Joint Commission Stroke Certifications for facilities in both the acute and rehab setting.

## SKILLS

- STAFF LEADERSHIP AND SUPERVISION
- INFECTION CONTROL
- INTERDISCIPLINARY CARE PLAN DEVELOPMENT
- PATIENT AND FAMILY ADVOCACY
- EKG INTERPRETATION
- BLS
- STROKE CERTIFIED

## EXPERIENCE

### Cardinal Hill Rehab Hospital- Nursing Supervisor

2020- Current

Provided direct patient care including routine assessments and IPOC implementation of the post-acute stroke patient, medication administration and management, wound care, and prevention, and multiple IV therapies while maintaining Joint Commission Standards. Supervisory roles include but are not limited to functional oversight of an 8-unit hospital, clinical and leadership support to all on duty staff, performance of routine auditing for policy and procedure compliance (medication diversion, documentation of care and education), payroll and timecard management, and scheduling.

### St. Joseph Hospital- Charge Nurse

2016-2020

Provided direct patient care to the neuro patient including the management of all elements of care such as assessments, care plan development, medication administration and patient education. Duties and responsibilities also included the coordination of in-service educational programs, providing leadership to a 7-person clinical team and the management of patient admissions, transfers and discharges while assigning tasks and handling conflict. *ACLS and PALS certifications obtained.*

### St. Joseph Hospital- CNA

2010-2016

Duties included the monitoring of fluid intake and outputs, documentation of results and collected specimens for testing, answering call-lights and aiding in patient comfort and safety, collaboration with interdisciplinary healthcare teams to provide high-quality support to patients and the support of patients' daily living needs, including feeding and bathing. Other duties included EKG/ telemetry interpretation, unit clerk duties and video monitoring of the epileptic patient.

## EDUCATION

### Capella University

2021-Current

BSN

### Bluegrass Community and Technical College

2011-2016

Associates Degree in Nursing