

Savinder Virk

Family Nurse Practitioner

Henderson, NV 89052

virksavinder@gmail.com

+1 469 216 3223

My name is Savinder and I have been practicing Primary and Chronic disease Management ,Pain Management, Urgent care, Mental health, Age and Wellness Therapy. I am fluent in three languages besides English.I also have extensive knowledge of Ayurvedic , Chinese and other Natural medicine.

Willing to relocate to: Chico, CA - Roseville, CA -

Authorized to work in the US for any employer

Work Experience

Family Nurse Practitioner

Nevada Family Care & Wellness Center - Henderson, NV

May 2021 to January 2022

Manage Patient Health/Labwork/ Diagnostic Testing/ Speciality Referrals

Annual Physical

Pediatric Physical

Well Woman Exam and Physicals

Acute Illness

Chronic Illness Management

Urgent Care Needs

Trigger Point Injections

Age and Wellness management

Weight loss Management

Mental Health Examination and management

Nurse Practitioner

SKYTHERAPIST, INC - Georgia

July 2020 to January 2022

- Mental Health Assessment
- Assessing needs of family as well as patient
- Psychotherapy -Counseling for Behavior Modification
- Psychopharmacology medication prescribing
- Managing overall patient care regarding lifestyle and development issues
- Emphasizing preventative care and disease management

Family Nurse Practitioner Locum

CareMore - Las Vegas, NV

February 2021 to May 2021

Chronic disease management

- Congestive heart failure
- chronic and end stage renal disease

- Diabetes Management
- Wound care
- Coumadin management
- Diagnostic testing
- Referral to specialists
- Home Health Management
- Well Woman Exam

Nurse Practitioner

Western State Pain Institute, Behavioral and Primary Urgent Care LLC - Las Vegas Valley, NV
August 2020 to February 2021

- Physical and Mental & Neurological health Assessments
- Counseling on Medications and Prevention of Drug -Opioid Abuse
- Referrals to Physical Therapy, Psychiatric and Counseling Services
- Developing treatment plans for acute and chronic diseases
- Well Women Exams
- Pediatric Physical and Mental Health exams
- Educating and guiding patients on disease prevention and healthy lifestyle habits
- Understanding the changes in health promotion throughout the aging process
- Performing diagnostic tests and screening evaluations
- Managing overall patient care regarding lifestyle and development issues
- Emphasizing preventative care and disease management
- Providing acute or chronic pain relief through the use of medications, nerve blocks, electrical stimulation or other therapies

Family Nurse Practitioner-Board Certified

VEGAS MD-temporary assignment - Henderson, NV
October 2020 to December 2020

- Developing treatment plans for acute and chronic diseases
- Educating and guiding patients on disease prevention and healthy lifestyle habits
- Understanding the changes in health promotion throughout the aging process
- Conducting physical and mental health exams
- Performing diagnostic tests and screening evaluations
- Managing overall patient care regarding lifestyle and development issues
- Emphasizing preventative care and disease management
- Prescribing medications

Mental Health Nurse

Green Oaks Psychiatric Hospital-temp assignment - Dallas, TX
December 2019 to June 2020

Medical and Mental Health Assessments, Medical Reconciliation, Wound Care, Medical Administration, EMR documentation,

Manager of Operations

JV Trucking - Dallas, TX
January 2006 to January 2020

Responsibilities include- Dispatch, Inventory Management, Quick Books, Management of a team of 25 members.

Psychiatric Nurse

Garland Behavioral Hospital - Garland, TX
October 2017 to October 2019

Admissions, patient interviews, discharging, patient assessment mental and physical , medication reconciliation, patient mental and physical health history collection, wound care,

Mental Health Nurse

Flexcare Staffing-travel assignment - Franklin, NH
August 2018 to November 2018

Insurance Intake, Patient assessment, history and physical, medication administration, daily behavioral assessment, medication reconciliation, discharge, follow up and placement assistance

Medical Surgical & Mental Health Registered Nurse, BSN

Capstone Healthcare Staffing - Plano, TX
February 2017 to April 2018

Job responsibilities

- Assist with incoming crisis call to ensure that urgent issues are immediately addressed;
- Performed and accurately documented physical, psychosocial, and emotional assessments.
- Actively anticipated patient's and/or patient's family needs and expectations and utilized these in conjunction with the assessment to develop an appropriate plan of care for the patient.
- Utilized critical thinking skills in planning and prioritizing nursing care.
- Maintained and utilized competencies per unit expectation.

Medical Surgical Registered Nurse, BSN

Texoma Medical Center - Denison, TX
March 2016 to January 2017

- Perform physical exams and health histories. Provide health promotion, counseling and education. Administer medications, wound care, and numerous other personalized interventions. Interpret patient information and make critical decisions about needed actions.
- Responsible for delegation within scope of practice to provide safe and effective care to patient population; communicates the needs of patients, families and visitors in a professional and timely manner recognizing life threatening signs and symptoms of heart attack, stroke and respiratory distress; integrates behavior standards and AIDET fundamentals of service into all work activities.

Insurance CPht Representative

Prime Therapeutics Inc - Irving, TX
October 2012 to June 2013

- Assisted callers with Prior Authorizations from Physicians, Nurses and Doctors.
- Answered customer's questions and helped them successfully resolving any issues.
- Properly educated customers about health conditions and diseases.
- Responsible for data entry during calls.

Lead Pharmacy Tech CPhT

Walmart - Frisco, TX
March 2009 to March 2010

- In charge of ordering drug merchandise from McKesson.
- Conducted data entry, dispensed, and filed all prescriptions.

- Responsible for insurance and verification processes from Physicians, compounding of medication and restocking during pharmacy audits.

Education

Master's in Nursing

United States University - San Diego, CA
October 2017 to December 2019

Bachelors of Science in Nursing in Nursing

West Coast University - Dallas, TX
January 2016

Nursing Licenses

RN

Expires: October 2023

RN

Expires: October 2023

State: NV

Skills

- IV Therapy (4 years)
- Meditech (3 years)
- Cerner (3 years)
- Mental Health (6 years)
- Medical Surgical (6 years)
- Wound Care (6 years)
- Acute Care (6 years)
- Home Health
- Epic
- Critical Care Experience (6 years)
- Pain Management
- Medical Imaging
- Experience Administering Injections
- Hospital Experience
- Primary Care Experience (2 years)

Languages

- Punjabi - Expert

- Hindi - Expert
- Urdu - Fluent

Certifications and Licenses

BLS for Healthcare Providers

April 2016 to June 2022

Nurse Practitioner

June 2020 to June 2025