

Sandra Smith

Chipley, FL 32428

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Certified Nursing Assistant offering 10 years of experience in healthcare environments. Excellent time management abilities, with compassionate bedside manner and astute observational skills. Knowledgeable about mobility assistance and patient hygiene needs.

Work Experience

CNA - Certified Nursing Assistant

Washington Rehabilitation and Nursing Center - Chipley, FL
September 2020 to Present

Provide care for residents assigned by nurse in charge

Housekeeper

Super 8 Motel
January 2020 to Present

Strip linen from rooms for laundry
Make beds
Take out garbage
Sanitize and disinfect bathrooms
Dust, vacuum, mop
Clean refrigerator and microwave
Take care of guests cleaning needs during their stay

Part Owner

C&S Remodel, Repair & Cleaning LLC - Chipley, FL
August 2018 to October 2019

Completed all company insurance renewals including property, Workers' Compensation and general liability
Oversaw various construction projects from conceptualization to completion
I did all the cleaning for the cleaning part of the company
Used various software to provide clients with quotes and invoices

CNA

Bay Medical Center - Panama City, FL
May 2018 to August 2018

Conducted routine checks on standard patient vitals, including blood pressure and heart rate
Responded to patient alarms and needs-assessment requests to identify course of treatment
Worked with physicians and nursing team members to support patient needs, including collecting specimens, monitoring vitals and maximizing

patient comfort

Collected biological specimens and packaged for laboratory transport to complete important diagnostic tests

Documented patient intake and dietary requirements and assisted with feeding to promote proper patient nutrition

Cna

Sims Veterans Nursing Home - Panama City, FL

October 2014 to December 2017

Provided hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures

Preserved patient dignity and minimized discomfort by carrying out duties such as bedpan changes, diapering and bathing

Documented patient intake and dietary requirements and assisted with feeding to promote proper patient nutrition

Responded to patient alarms and needs

Certified Nursing Assistant

Seabreeze Healthcare - Panama City, FL

January 2012 to October 2014

Provided hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures

Managed and maintained patient rooms, shared-living areas and nursing stations

Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness

Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate

Certified Nursing Assistant

Lisenby Retirement Center - Panama City, FL

September 2010 to February 2012

Managed and maintained patient rooms, shared-living areas and nursing stations

Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness

Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets

Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate

CNA

Bay Center Health and Rehabilitation - Panama City, FL

December 2008 to September 2010

Responded to patient alarms and needs-assessment requests to identify course of treatment

Preserved patient dignity and minimized discomfort by carrying out duties such as bedpan changes, diapering and bathing

Documented patient intake and dietary requirements and assisted with feeding to promote proper patient nutrition

Provided hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures

Used mobility devices and [hoyer lift] equipment to carefully and transport patients

Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate

Supervisor And Sewing Machine Operator

Westpoint Home - Chipley, FL

November 1994 to July 2007

Provided onsite training

Successfully led key projects which resulted in orders being produced on time

Oversaw various bed linen projects from conceptualization to completion

Education

GED

Tom P. Haney Technical School - Lynn Haven, FL

Skills

- Charting (10+ years)
- Infection control (10+ years)
- Medical terminology (10+ years)
- Problem solver (10+ years)
- Documentation (10+ years)
- Housekeeping (10+ years)
- CNA (10+ years)
- Cna Certified (10+ years)
- Certified Nursing Assistant (10+ years)
- Hoyer Lift (10+ years)
- Laundry (10+ years)
- Vital Signs (10+ years)
- Workers' Compensation (2 years)
- Meal Preparation (10+ years)
- Patient Care (1 year)
- Nursing
- Hospital Experience
- Alzheimer's Care
- Caregiving
- Dementia Care

Certifications and Licenses

CPR

American heart association certified

Certified Nursing Assistant (CNA)

Additional Information

SKILLS

Documentation procedures Electronic charting

expert Collecting vital signs

Infection control procedures Patient relations

Monitoring fluids Collecting specimens

Quick problem solver Understands medical procedures

General housekeeping ability Charting expertise

Grooming and bathing assistance Assisting with personal grooming

Medical terminology knowledge Understands mobility assistance

Performing patient intakes needs