

# Beth Julen

## **Enthusiastic and flexible RN ready to step into a challenge!**

Portland, OR 97211

[bethsemailaddress@gmail.com](mailto:bethsemailaddress@gmail.com)

+1 503 688 3550

I'm an RN currently working in a Level II Trauma Emergency Department.

ATTRIBUTES \*Create quick and deep connections with patients and their families - listen and reflect

- Driven \*Time efficient \*Advocate \*Intuitive \*Attentive \*Observant \*Empathetic \*Highly Adaptable
- Creative Problem Solver \*Enjoy collaborating and learning \*Non-judgmental \*Ethical \*Dependable
- Ambitious \*Self-starter - I love to streamline! \*Communicator and coordinator \*Positive
- 

SKILLS \*Mental/behavioral health \*Level II Trauma \*Substance use \*Children/adolescents \*IV skills

- Sedation \*Patient safety \*Pain management \*Phone triage \*Trauma Informed Care \*Withdrawal Protocol
- Vital Signs \*Assessing \*Monitoring \*Medication management \*SBAR \*Education \*Discharge planning
- 

CERTIFICATIONS \*EPIC EMR trained \*ACLS, PALS \*CPR/BLS/AED \*PMAB Trained \*NIHSS \*C-SSRS

Willing to relocate to: Open for discussion... - Santa Barbara, CA -

Authorized to work in the US for any employer

## Work Experience

---

### **Registered Nurse (RN)**

Providence Medical Center - Portland, OR

April 2021 to Present

Child and adult patient care from triage and vital signs to discharge in a Level II Trauma hospital ED. Assessing, monitoring, planning, medicating, educating and of course, infection control.

### **Registered Nurse**

Cascadia Behavioral Healthcare - Portland, OR

October 2020 to April 2021

Registered Nurse in community health primary care. Leadership role in COVID response. Responsible for opening a PC clinic in Clackamas independently. Phone triage and telephonic support.

### **Volunteer**

CARES NW - Portland, OR

2018 to 2019

Coordinated DHS/CARES evaluation accountability. Provided patient care while protecting privacy. Shadowed medical assistant. Provided family support.

### **Hotline Screener & Permanency Caseworker**

Department of Human Services, Child Welfare - Portland, OR

2014 to 2019

Hotline Screener: Took reports of abuse/neglect, triaged, recorded, investigated, and assigned emergency response in rapid succession. Clear, concise, and quick documentation required.

Permanency Casework: Worked with families, the courts, community resources, and therapists to determine child safety risks and recommend family reunification or expedited adoption of children to achieve permanency. Strong communication skills and report writing required for court.

### **Tutor**

Independent - Portland, OR  
2012 to 2015

Worked with a high school student on the Autism Spectrum Disorder and with Attention Deficit Hyperactivity Disorder. Taught organization and socialization, provided homework help, and used de-escalation techniques. Family education included.

### **Teacher**

The Marylhurst School - Oregon City, OR  
2012 to 2014

Inquired, instructed, assessed, scaffolded, evaluated, and reported. Facilitated genuine connections. Participated in anti-bias curriculum and sensory processing disorder training. PreK-5th grade. Thorough documentation and communication with parents and education team required.

### **Medical Case Manager**

Lifeworks Northwest - Portland, OR  
2010 to 2010

Liaison between psychiatric practitioner, counselor, and child/adult patient. Created "Meducation," psychiatric medication education; taught about medication and compliance in face to face meetings. Crisis management.

### **Residential Care Counselor**

Boys and Girls Aid Society of Oregon - Portland, OR  
2009 to 2009

Group home/treatment center for post-juvenile detention teens with substance abuse and co-occurring mental/behavioral disorders.

### **Residential Counselor**

Seattle Children's Home - Seattle, WA  
2008 to 2008

Group home for teens with developmental disabilities and severe mental illness including active suicidality, sexual predation, and childhood sociopathy.

### **Assistant Supervisor & Residential Counselor**

Ryther Child Center - Seattle, WA  
2007 to 2007

Organized staff hiring, scheduling, managing, teambuilding, and legal communication. Counselor in a treatment center of teens with substance abuse and co-occurring mental/behavioral disorders.

## Education

---

### **Bachelor of Science in Nursing**

Concordia University - Portland, OR

April 2019 to August 2020

### **Master of Arts in Teaching**

Lewis & Clark Graduate School of Education and Counseling - Portland, OR

2012

### **Bachelor of Arts in Psychology**

University of Washington - Seattle, WA

2003

## Nursing Licenses

---

### **RN**

State: OR

## Skills

---

- Medical/Surgical
- ER Procedures
- Documentation
- Wound Care
- Care Plan Administration
- Patient Discharge
- Diabetes Testing & Teaching
- Child abuse/neglect
- Mental Health
- Apple
- Microsoft
- EPIC
- ORKids
- ACLS
- PALS
- BLS
- Autism Experience
- Critical Care Experience
- Triage
- Nursing
- Tutoring
- Case Management

- Medication Administration
- Social Work
- Vital Signs
- EMR Systems
- Crisis Intervention
- Medical Records
- Experience Administering Injections
- Classroom Management
- Group Therapy
- Crisis Management
- Individual / Group Counseling
- Motivational Interviewing
- Hospital Experience
- CPR (10+ years)
- Special Education
- Customer Service
- Patient Care
- Primary Care Experience
- Venipuncture
- Management
- Laboratory Experience
- Basic IV (2 years)

## Certifications and Licenses

---

### **Teaching Certificate**

### **ACLS Certification**

### **BLS Certification**

### **PALS Certification**

### **CPR Certification**

### **NIHSS Certification**

### **C-SSRS Certification**

## Assessments

---

### **Nursing Skills: Clinical Judgment — Highly Proficient**

June 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

### **Patient-Focused Care — Highly Proficient**

June 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: [Highly Proficient](#)

### **Verbal Communication — Expert**

June 2020

Speaking clearly, correctly, and concisely

Full results: [Expert](#)

### **Building Relationships for Childcare Providers — Expert**

June 2020

Building positive and productive relationships with families of children ages 0-3

Full results: [Expert](#)

### **Early Childhood Development — Highly Proficient**

June 2020

Knowledge of the development of children ages 0-3 and of ways to foster that development

Full results: [Highly Proficient](#)

### **Elementary School Classroom Management — Highly Proficient**

June 2020

Managing behavior in elementary school classrooms

Full results: [Highly Proficient](#)

### **Youth Program Counselor — Expert**

June 2020

Leading, communicating with, and supporting youths

Full results: [Expert](#)

### **Case Management & Social Work — Highly Proficient**

June 2020

Prioritizing case tasks, gathering information, and providing services without judgment

Full results: [Highly Proficient](#)

### **Medical Terminology — Highly Proficient**

June 2020

Understanding and using medical terminology

Full results: [Highly Proficient](#)

### **Teamwork: Interpersonal Skills — Highly Proficient**

June 2020

Resolving disputes, solving team problems, and understanding nonverbal cues.

Full results: [Highly Proficient](#)

### **Clinical judgment — Expert**

January 2022

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.