

# Brittiany Lockwood

## Registered Nurse

Salisbury, MD 21801

[brittiany.lockwood@gmail.com](mailto:brittiany.lockwood@gmail.com)

+1 443 735 3169

Successfully completed a Registered Nurse program and am licensed in the state of Maryland, currently in school to become an NP with a passion for chronic care management, behavioral health and dermatology.

- Successful completion of a dysrhythmia course, telemetry certified, BLS and ACLS
- Over 4 years as a nurse and 5 years as a Certified Nursing Assistant, and CPR certified in home, acute, critical and emergency care areas.
- More than 5 years' successful experience in customer service, retail and

administrative support with recognized strengths in account maintenance, problem-solving and trouble-shooting, and sales

- Excellent working knowledge using EPIC, CERNER, Microsoft Word, Microsoft Outlook, Microsoft Excel and Microsoft PowerPoint. Typing speed: 55wpm

Authorized to work in the US for any employer

## Work Experience

---

### Telemetry Nurse

Trusted Health - Glen Burnie, MD

January 2021 to Present

- Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans.
- Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications.
- Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed registered nurse.
- Monitors and adjusts specialized equipment used on patients, and interprets and records electronic displays.
- Identifies irregular telemetry readings and notifies appropriate medical team members.
- Initiates corrective action whenever information from monitoring equipment shows adverse symptomatology
- Provides basic, bedside care.
- Initiates patient education plan, as prescribed by physician. Teaches patients and significant others how to manage their illness/injury, by explaining: post-treatment home care needs, diet/nutrition/exercise programs, self-administration of medication and rehabilitation.
- Records patients' medical information and vital signs.
- Prepares equipment and aids physician during examination and treatment of patient.
- Responds to life-saving situations based upon nursing standards and protocol.

- Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms.
- Performs other position-related duties as assigned, depending on assignment setting.

### **Cardiac Telemetry Nurse**

University of Maryland Shore Medical Center - Easton, MD

August 2018 to Present

- 26 bed Cardiac Care/ICU Step Down unit, providing intermediate care to cardiac, renal and pulmonary patients primarily with an average 4 to 1 patient to nurse ratio.
- Initiate and maintain various cardiac drips as well as insulin drips.
- Complete full head to toe physical patient assessments and implement prescribed plan of care.
- Prepare and safely administer medications.
- Accurately and thoroughly document patient care on the electronic medical record.
- Participates in a multidisciplinary team to promote best patient outcomes.
- Monitors the patient for adverse reactions, change in condition with the ability to activate immediate evaluation of patient if Nurse feels there is a major change in condition.
- Teaches patients and significant others how to manage their illness

### **Registered Nurse Case Manager/ Behavioral Health Care Manager**

Mindoula Health

September 2019 to February 2021

- Efficiently accept patient hand offs from an Intake BH Care Manager and seamlessly continue care.
- Develop rapport with patients to create a safe therapeutic environment and assist them in developing insight into themselves, their patterns, and their relationships.
- Encourage patients to express feelings and discuss what is happening in their lives, assisting them in developing insight into themselves and their relationships.
- Guide patients in the development of skills and/or strategies for managing problems and triggers to increase relapse prevention and reduce risk.
- Encourage patients to develop work skills and to participate in social, recreational, or other therapeutic activities that enhance interpersonal skills and develop social relationships through brief therapeutic interventions including but not limited to motivational interviewing, behavioral activation, and problem-solving therapy.
- Educate patients on medication, the importance of medication adherence, and monitor patient's medication and medication related problems. Reporting all findings to PCP and Psychiatric Consultants.
- Responsible for communicating treatment recommendations, ensuring recommendations are being addressed by PCP and communicate updates reported by PCP and/or patient to psychiatrist.
- Match daily calendar to documentation in the mm R System.
- Reflect all billable activity in case notes on mm R entered within 24 hours after billable activity.
- Present follow-ups to the psychiatrist with necessary information during case presentation.
- Counsel patients about their mental or physical illness, abuse, medication, and available community and social resources.
- Assess patients for risk, make quick evaluations for risk, develop safety plans and respond within the parameters outlined within their safety plan, formulating and performing crisis intervention ensuring the safety of patients as necessary.
- Monitor, evaluate, and record patient's progress using validated assessments each month that the patient is in the program.
- Prepare and maintain all required records, reports, paperwork, and patients' diagnostic records, maintaining confidentiality of patients at all times.

- Use clear and accurate verbal and written communication skills to facilitate communication with patients, patients' family/caregivers, staff, and treatment team
- Produce high quality documentation that enables the patients to receive the best treatment possible.
- Competently relate to patients, their families, and agencies involved with patients through above average interpersonal skills.
- Maintain a monthly caseload of patients.

### **Cardiac Step Down/ Telemetry Registered Nurse**

Peninsula Regional Health Systems

October 2017 to May 2018

- Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans.
- Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications.
- Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed registered nurse.
- Monitors and adjusts specialized equipment used on patients, and interprets and records electronic displays.
- Identifies irregular telemetry readings and notifies appropriate medical team members.
- Initiates corrective action whenever information from monitoring equipment shows adverse symptomatology
- Provides basic, bedside care.
- Initiates patient education plan, as prescribed by physician. Teaches patients and significant others how to manage their illness/injury, by explaining: post-treatment home care needs, diet/nutrition/exercise programs, self-administration of medication and rehabilitation.
- Records patients' medical information and vital signs.
- Prepares equipment and aids physician during examination and treatment of patient.
- Responds to life-saving situations based upon nursing standards and protocol.
- Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms.
- Performs other position-related duties as assigned, depending on assignment setting.

### **Emergency Room Registered Nurse**

Nanticoke Memorial Hospital

June 2017 to November 2017

- Works as a team member.
- Performs a variety of nursing procedures with a patient focused approach.
- Demonstrates knowledge in the current concepts of Emergency and Critical Care while functioning on/ in the guidelines of the Delaware State Nurse Practice Act.
- Performs at a level of competence that allows independent thought and action.
- Is responsible for monitoring statistical data and budget outcomes.
- Assures sound fiscal management of the services provided.
- Applies critical thinking to patient care management.
- Assures appropriate care based on patient needs and assessment of changing needs and level of care.
- Uses age specific assessment, communications, and knowledge of physical and mental capabilities.

### **Critical Care Technician**

University of Maryland Medical System - Easton, MD

January 2015 to January 2017

- Insert / remove IV's and Foley's, perform EKG's, draw labs, splinted pts, and perform acute wound care as well as any other tasks as delegated within the scope of practice.
- Assists the senior medical staff as necessary.
- Maintains positive relationships with patients, families, physician, co-workers, other departments within the hospital and management, creating an enthusiastic working environment.
- Maintains level of supplies throughout the ER by creating inventory and ordering standards.
- Assists patients into room and placed on appropriate monitoring devices, informed about patient's vitals to the assigned nurse, and update patients chart using Citrix Meditech program.
- Conducts self in a proficient and professional manner.
- Transfers patients to rooms.
- Compliant with HIPAA regulations at all times.
- Supports and promotes an environment that was conducive to quality customer service and the therapeutic milieu.
- Responds to every emergency situation according to hospital policy.
- Practices flexibility by assuming the role of unit secretary and floating to any floor and between two hospitals when needed.
- Properly documents all procedures as required and without error.

## Education

---

### **BSN/MSN in Nurse Practitioner**

Chamberlain

February 2021 to Present

### **Associates in Nursing**

(RN) Wor-Wic Community College Salisbury - Salisbury, MD

May 2017

### **Certificate**

Wor-Wic Community College Salisbury - Salisbury, MD

August 2016

### **High School Diploma**

Honors Stephen Decatur High School Berlin - Berlin, MD

June 2005

## Nursing Licenses

---

### **RN**

Expires: December 2021

State: MD

### **RN**

## Skills

---

- Med Surg
- RN
- Critical Care
- Medical Surgical
- Nursing
- Epic
- Citrix
- Case Management
- Motivational Interviewing
- Crisis Intervention
- Hospital Experience
- Medication Administration
- Cerner

## Certifications and Licenses

---

### **BLS Certification**

### **ACLS Certification**

### **BLS Certification**

## Assessments

---

### **Electronic health records: Best practices — Expert**

March 2021

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Expert](#)

### **Clinical judgment — Proficient**

March 2021

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.