**Tameika Rutherford**

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profile

Registered Nurse with four (5) years of clinical nursing experience.

* Progressive Care Unit -March 2021 - Present
* Intensive Care Unit - 2 years
* Medical Surgical Unit - 2 years

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**Professional work experience**

**Adventist Healthcare Shady Grove Medical Center,** Rockville, MD - March 2021 - Present

**Registered Nurse, Progressive Care Unit**

* Maintain airways and continuously monitor oxygen status of patient using High- Flow oxygen, CPAP and BiPAP.
* Perform basic cardiac rhythm monitoring and EKG as needed.
* Administer medication, intravenous fluids, blood and blood transfusion product as prescribed by physician while monitoring patient’s reaction.
* Monitor and document vital signs and intake and output.
* Collect patient’s history, perform physical assessment, formulate nursing diagnosis, plan, implement, and evaluate, document nursing care and report changes in patient’s condition to other members of the healthcare team.
* Orient and precept new staff members including RNs and student nurses.

**Cornwall Regional Hospital**, Mount Salem, Montego Bay, JA - Feb. 2017 – January 2021

**Registered Nurse**, **Intensive Care Unit**

* Cared for patient connected to mechanical ventilator.
* Prepared and administered nebulizing solution via the mechanical ventilator.
* Checked and refilled water level of the humidifier of the mechanical ventilator.
* Troubleshoot mechanical ventilator alarm.
* Medicated and fed patient via NGT/OGT/PEG tube.
* Monitored vital signs and oxygen level continuously.
* Performed Central Venous Catheter and Atrial line care.
* Assisted doctors in carrying out medical procedures.

Cornwall Regional Hospital, Mount Salem, Montego Bay Feb. 2017 - January

**Nurse: Registered Nurse, Medical and Surgical Unit**

* Carried out the role of a charge nurse, with responsibility to supervise EAN, PCA, student nurses and newly licensed nurses.
* Performed medical and surgical dressings, colostomy care, nasogastric (NG) tube insertion and feeding, Foley catheter insertion, tracheostomy care, venipuncture and airway suctioning.
* Educated patients and families about illness and treatment regimen.
* Assisted patient with bathing, grooming, nutritional need and other general nursing care.
* Participated in teaching rounds, shift reports and staff conferences.
* Implemented discharge plan including referrals to appropriate agency.

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##### education

**August 2016** Northern Caribbean University (NCU)

Mandeville, Jamaica Bachelor of Science in Nursing

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Registered Nurse in Maryland

Basic Life Support *02/16/2021*

Advanced Cardiac Life Support *02/24/2021*

NIH Stroke Scale *02/26/2021*