

CONTACT

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PROFESSIONAL SUMMARY

Focused ICU Nurse promotes 6 years of healthcare experience, including electronic chart management, patient education, and care plan development. Skillfully prioritizes patient care to address emergent needs and deliver appropriate treatments. Keen awareness of social, cultural, and moral issues with dedication to advocating for patient rights and needs.

SKILLS

- Patient needs assessment
- Patient advocacy
- Critical thinking
- Vitals monitoring
- Patient education
- Task prioritization

LICENSURE AND**EXPERIENCE****REGISTERED NURSE, ICU** Oct 2018 - Current

Northwestern Lake Forest Hospital, Lake Forest, IL

- Assisted physicians with procedures such as bronchoscopies, endoscopies, and intubations.
- Prioritized care given to each patient based on factors such as diagnoses and current medical needs.
- Set up and managed use of devices such as mechanical ventilators, cardiac monitors, and oxygen delivery devices
- Worked closely with interdisciplinary medical team to continuously evaluate and update patients' treatment plans.
- Continuously monitored unit's patients to quickly identify and address adverse conditions such as shock and sepsis.
- Performed efficiently in emergency patient care situations, following established protocols, remaining calm, informing appropriate persons, and documenting events.
- Established priorities of patient care based on essential patient needs and available unit resources of time, personnel, equipment, and supplies.
- Demonstrated sensitivity to, and advocated for, patient and family rights, age-specific needs, and cultural and ethical beliefs.

REGISTERED NURSE, CARDIAC TELEMETRY Mar 2016 - Sep 2018

Northwestern Lake Forest Hospital, Lake Forest, IL

- Completed continuous cardiac monitoring to recognize and intervene in cases of arrhythmias.
- Cared for patients with invasive lines, including arterial lines, pulmonary artery catheters, and ventriculosomies.
- Prepared patients for physician examinations and treatments, answered questions and offered emotional support.
- Monitored patients closely to spot problems and reported serious concerns to treating physicians for timely interventions.
- Administered prescribed medications and monitored patients for side effects and adverse reactions.
- Monitored all aspects of patient care, including diet and physical activity.
- Trained student and newly-registered nurses in the correct nursing procedures and performance strategies.
- Educated patients, family members, and caregivers on conditions and treatment protocols to aid in compliance and improve outcomes.

PATIENT CARE TECHNICIAN May 2014 - Feb 2016

Northwestern Lake Forests Hospital, Lake Forest, IL

CERTIFICATIONS

RN Registered Nurse

Illinois

ACLS

Advanced Cardiac Life Support

BLS

Basic Life Support

- Completed equipment proficiency testing and recalibrated machinery to stay within strict performance standards.
- Applied safety precautions to protect staff from biohazardous materials such as blood-borne pathogens.
- Attended to comfort of patients by adjusting bed settings, completing timely turns, and repositioning individuals with utmost care.
- Improved patient wellbeing by assisting with exercises, physical therapy, or taking walks around facility.
- Applied correct aseptic and sterile techniques and used appropriate personal protective equipment.
- Acted empathetically with patients to brighten outlooks, frequently engaging individuals in conversation.
- Maintained patients' hygiene by assisting with baths and toileting.

EDUCATION

BACHELOR OF SCIENCE - NURSING *Aug 2020*

Purdue University, West Lafayette, IN

ASSOCIATE OF SCIENCE - NURSING *Dec 2015*

Oakton Community College, Des Plaines, IL

- ***Graduated with honors. Inducted into Alpha Delta Nu Nursing Honors Society.***
- ***Class President, Student Government.***
- ***Awarded Butler Family Foundation Nursing Scholarship.***