

Crystal Moore

Kingsport, TN 37663

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Willing to relocate: Anywhere

Work Experience

Registered Nurse

Select Specialty Hospital - Bristol, TN

October 2015 to Present

Full time from October 2015 - February 2017

PRN from February 2017 - present

Salary: \$32hr base

Duties, Accomplishments and Related Skills:

Select Speciality is a long term acute care hospital. I care for 2-5 patients at a time depending on the acuity. I care for a wide range of patients from vent weaning to traumatic brain injuries to wound care. Patients range from med/surgical type patients to critical patients. We do critical drips as well. I have gained ICU experience since working there.

During my time at Select Speciality as a full time employee I started a hospital based Shared Governance. I held and oversaw monthly meetings that were open to all employees in which we discussed issues related to employees and/or patients and implemented plans to improve the hospital as a whole.

Supervisor: (423-844-5916)

Okay to contact this Supervisor: Yes

Registered Nurse

out patient plastic surgery center - East, Tennessee

October 2017 to January 2022

Salary: \$28hr

Hours per week: 40+

Duties, Accomplishments and Related Skills:

I worked in a state accredited out patient board certified plastic surgery center. I was involved all aspects of patient care including, but not limited to:

- scheduling patients for consultations, surgical procedures, radiological procedures and surgeries
- overseeing patient flow
- obtaining a thorough medical history during the interview process

- assisting the surgeon with consultations, injections and minor procedures
- proving and going over surgical quotes with patients
- seeing patients for their pre-op visit and providing education on pre and post-op care/instructions
- drawing patient labs and preparing specimens
- preparing the OR for surgical procedures
- setting up for minor procedures
- circulating in the OR
- breaking down and cleaning the OR
- recovering patients in PACU
- provide postoperative care such as dressing changes, suture, staples and drains removal
- charting using Nextech EMR
- consulting patients for coolsculpting and implementing/overseeing their coolsculpting treatment

In addition to direct patient care my other responsibilities include:

- keeping the clinic and OR stocked
- directly in charge of ordering inventory for the practice
- cleaning and sterilizing surgical instruments
- ensuring that state requirements are met and logs are kept up to date

Furthermore I have been trained on obagi skin care and performing platelet rich plasma microneedling. I have knowledge of other skin care treatments such as chemical peels, dermaplaning, facials, and various lasers.

Both Allergan and Galderma neurotoxins and fillers are used at our practice and I have been educated on both companies products. I have not been trained to inject as our surgeon does all of the injections at the practice but I directly assisted him.

Surgical procedures performed at my current practice include: breast augmentation, mastopexy, breast reduction, transgender top surgery, gynecomastia, brow lift, blepharoplasty, face lift, ear lobe repair, ear lobe reduction, otoplasty, rhinoplasty, liposuction, BBL, abdominoplasty, arthroplasty, thigh lifts, chin implants, scar revisions, tattoo removal, lesion excisions and neograft hair transplant.

I find it rewarding to build rapport with patients and love getting to see them through their entire perioperative surgical experience from their first consultation, to their surgery, to all of their follow up visits and seeing their final results.

I took pride in and enjoyed being able to perform multiple different roles within my job and like knowing I can fill in when/where needed.

Registered Nurse

Holston Valley Medical Center - Kingsport, TN
February 2017 to September 2017

Salary: 28.95hr
Hours per week: 36-48

Duties, Accomplishments and Related Skills:

I was a registered nurse on an ICU step-down unit where I cared for a wide variety and range of patients. I worked night shift and worked 36-48 hours a week. I occasionally filled in as shift leader and trained new employees.

Supervisor: Trista Ruff (423-224-5152)

Okay to contact this Supervisor: Yes

Registered Nurse

Holston Valley Medical Center - Kingsport, TN

February 2010 to October 2015

Salary: \$26.70

Hours per week: 38-52

Duties, Accomplishments and Related Skills:

I permanently moved back to the tricities in 2010 upon which I got a job on a 30 bed med/surg unit. During my time there I served as a shift leader and held a charge nurse title. I was a member of the Unit Based Council and participated in the highest level of the Clinical Achievement Program that the hospital offers. My nightly duties included a patient load of 6-8 patients as well as dealing with any issues that arise with the other patients on the unit, and any issues with family members or staff. While I knew med/surg wasn't going to be my "forever home" in my nursing career I wanted to have a good foundation and gain experience. I feel I grew tremendously during my time in med/surg both as a nurse and a leader from being exposed to a variety of patients and situations. I learned to juggle many things at once, gained skill and knowledge in prioritizing and time management and learned the essence of team work.

Supervisor: Beverly Horton (423-224-6500)

Okay to contact this Supervisor: Yes

Registered Nurse

Johnson City Medical Center - Johnson City, TN

May 2009 to October 2009

Hours per week: 36

Duties, Accomplishments and Related Skills:

I started my nursing career on a neuro step down unit upon graduation from nursing school from ETSU in may of 2009. I worked there until October of 2009. At the time I was married to a man in the military and he was unexpectedly transferred across the country which is why my stay was so short on the unit. I learned basic nursing skills and became comfortable with direct patient care of critically ill patients during my time on the step down unit.

Supervisor: Amy Smith (423-431-6943)

Okay to contact this Supervisor: Yes

Student Nurse Tech

VA Medical Center - Mountain Home, TN

September 2008 to May 2009

Hours per week: 24

Duties, Accomplishments and Related Skills:

I worked on a med/surg as a student nurse tech during my senior year of nursing school. My job duties were the same as the CNA's/patient care techs. I was able to assist with other nursing duties with the supervision of an RN such as inserting foleys, IV's, and NG tubes. I was able to practice nursing skills as well as gain experience as a bedside nurse.

Supervisor: Unsure of name (423-926-1171)

Okay to contact this Supervisor: Yes

Education

Bachelor's in Nursing

East Tennessee State University College of Nursing - Johnson City, TN

May 2009

Nursing Licenses

RN

Expires: August 2023

State: TN

Skills

- Critical Care
- Hospital
- Med Surg
- Operating Room
- RN
- Tube Feeding
- ICU Experience
- Laboratory Experience
- Nursing
- Experience Administering Injections
- EMR Systems
- Epic
- Patient Care
- Medication Administration
- Vital Signs
- BLS, ACLS