

Alexis Clark

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Authorized to work in the US for any employer

Work Experience

DOU/Step-down Registered Nurse

VA Long Beach Healthcare System - Long Beach, CA

August 2020 to Present

- Provide exceptional care and customer service to veterans hospitalized after surgery, after a CVA or MI, for observation, or treatment of sepsis, thrombus, uncontrolled diabetes, wounds, or altered mental status
- Administer medications as ordered and appropriate, and document accordingly in BCMA and CPRS
- Assess and monitor patients throughout the shift, and collaborate with the healthcare team to ensure positive care outcomes for veterans
- Document all nursing assessments and interventions accurately and in a timely manner in CPRS
- Perform chart check each shift, and carry out MD orders as appropriate, including drawing blood for labs, and performing 12-lead EKGs, collecting specimens, as well as documentation in the correct templates in CPRS

Unit Relief Charge Nurse

COVID - Inglewood, CA

January 2020 to Present

- * Assign patients to RNs based on patient acuity and RN experience
- * Determine ER patient suitability for admission to telemetry COVID unit
- * Assist RNs on the floor with patient care, admission, discharge and patient/family issues as needed
- * Continually assess patient care by RNs and CNAs, and direct staff to make improvements as necessary
- * Act as charge nurse and "super user" in Centinela's designated COVID unit by assisting staff with blood draws for the lab, obtaining EKGs, administering breathing treatments, and provide nursing care for COVID positive patients, while maintaining strict isolation precautions

Telemetry Registered Nurse

COVID - Inglewood, CA

September 2018 to Present

- * Assess, monitor, and treat patients with cardiovascular disease, chest pain, arrhythmias, CVA, MI, and post-infarct, as well as patients with end stage renal disease, uncontrolled diabetes, and respiratory complications
- * Administer blood and blood product transfusions while monitoring patients for adverse reactions
- * Administer medications to manage irregular cardiac rhythms and evaluate outcomes
- * Prepare and administer oral, SUBQ, IM, and IV medications and document accordingly in Meditech
- * Assess and monitor PICC lines, dialysis access lines, NG and PEG tubes, continuous tube feeding, JP drains, chest tubes, nephrostomy tubes, and Foley catheters

* Develop, implement, and update individualized nursing care plans and report pertinent observations and patient reactions to appropriate personnel (physician, advanced practice nurse, charge nurse) and record observations accurately and concisely

Field Registered Nurse

COVID - Pomona, CA

January 2019 to January 2020

- * Assess patients recently discharged from acute care facilities for home health care needs including nursing care, respiratory therapy, physical therapy, occupational therapy, and wound care
- * Provide wound care in the home, and educate patients on wound prevention and treatment
- * Administer IV antibiotics and medications in the home, assess PICC lines and change dressings
- * Educate patients and family members on disease prevention and management, side effects of medications, medication use and purpose, signs and symptoms of illness exacerbation, and safety in the home

Education

Bachelor of Science in Nursing

California State University

June 2016 to May 2018

Bachelor of Arts in Political Science

West Virginia University - Morgantown, WV

August 2000 to August 2004

Nursing Licenses

RN

Expires: November 2021

State: CA

Skills

- Meditech
- Microsoft Office
- Nursing Experience
- Critical Care Experience
- Infection Control
- Supervising Experience
- Tube Feeding
- EMR Systems
- Medication Administration
- Home Care

- Venipuncture
- Assessment
- Hospital Experience
- Patient care
- Clinical research

Links

<http://www.linkedin.com/in/AlexisNicoleClark>

Certifications and Licenses

Dysrhythmia Interpretation and Therapeutic Modalities

Present

BLS Certification

February 2021 to February 2023

Advanced Cardiovascular Life Support (ACLS)

June 2019 to June 2021