

Elena Rezende

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A California licensed Registered Nurse seeking to use earned skills and knowledge in challenging nursing role. Trained and experienced in performing vital sign, medication administration, routine physical and mental health assessments to multicultural populations in a Medical-Surgical/Telemetry Unit/Postpartum unit/PACU and O.R. Team player and fast learner who thrives in diverse settings. Highly organized, Communicates effectively in English, Portuguese and Spanish.

Work Experience

Registered Nurse Aesthetic

JoliMobile - Richmond, CA
December 2021 to Present

- Consult and treat patients in Botox and Fillers
- Provide charting in EMR system
- Provide excellent customer service and education to all patient
- Provide follow up service to patients to maximize satisfaction

Registered Nurse (RN)

EastBay Endo-Surgery Center - Oakland, CA
November 2021 to Present

- Review patient's medical, assess and monitors the physical and emotional status of the patients and document on EMR per policy and procedure
- Addresses patient needs specific to the anticipated procedure
- Verifies procedure with the patient and explain plan of care prior to transport to procedure room
- Actively participate as a team member in support of the endoscopy process
- Supervise and direct patient care in pre-op, O.R. and post-op
- Monitor and report any abnormal observed complications to the anesthesia provider and physician
- Successfully able to start patient peripheral IV
- Monitor and assess patient for recovery from anesthesia
- Assist Patients with dressing, discharge instructions, medication reconciliation

Home Health Nurse

Pinnacle Home Health - Walnut Creek, CA
August 2020 to Present

- Perform head to toe assessment
- Develops and/or contributes to the individualized plan of care
- Ensures the plan shows multidisciplinary planning, consultation, and education
- Ensures plan is reflective of admission or outpatient database, on-going findings, age-appropriate care, cultural specific needs, and appropriate acuity
- Ensures plan is discussed w/ patient, family/significant others, and completed on time
- Monitors the patient's progress based on the plan

- Ensures care meets standards of practice
- Ensures patient safety related but not limited to, medications and procedures utilizing the five rights; patient falls; decubitus prevention, and prevention of nosocomial infections
- Ensures optimal pain control and patient comfort; identifies and discusses patient anxieties, fears, or concerns regarding patient condition, treatment, or discharge
- Ensures that the patient understands medication purpose, side effects, and administration instructions in the hospital as well as at the time of discharge
- Charting is accurate, legible, dated, and timed

Laser Aesthetic Registered Nurse

California Dermatology care & Aesthetic skin care center - San Ramon, CA
September 2021 to November 2021

- Consult and treat patients on various laser procedures
- Assist Physicians and other providers in clinic
- Provide pre-op medication treatment and education as necessary
- Provide meticulous charting on EMR-Next Tech
- Excellent customer service and education to all patients

Registered Nurse - Psychiatric Inpatient Program (PIP)

California Medical Facility (CMF) - Vacaville, CA
June 2021 to September 2021

- Delivery of specialized inpatient psychiatric care ranging from acute to intermediate treatment based on the needs of the patient
- Perform medical emergency to patient
- Work with Physicians and Psychologist to deliver care
- Conduct daily assessments
- Administration of psychotropic and similar medications to patients
- Remove of potentially harmful and triggering environmental features
- Collaboration on psychiatric intervention plans
- Conduction of targeted psychoeducation classes
- Daily documentation of patient's progress

Registered Nurse

Octapharma Plasma - San Pablo, CA
April 2020 to June 2021

- Perform medical evaluation of potential donors for automated plasmapheresis procedures
- Provide emergency care on adverse reactions, including administration of medication or treatments
- Conduct evaluations, including mental health assessments, to ensure donor compliance with criteria
- Review medical history conduct physical assessments
- Review lab results, counsel donor with abnormal test and defer them accordingly
- Work with team of nurses, physicians, phlebotomists to handle client care
- Educate potential donors in the community, resources including local agencies about plasmapheresis
- Prepare donor area for plasmapheresis process
- Registering new and current donor
- Performs donor medical screening to determine suitability of donor to include reviewing health related documents and taking vital signs including blood pressure, pulse, and temperature
- Performs finger sticks and utilizes screening equipment to obtain hematocrit and protein readings
- Stocks and maintains an orderly work area with sufficient supplies to meet production demands

Postpartum, Clinical Preceptorship

Contra Costa Regional Medical Center - Martinez, CA

April 2019 to May 2019

- Performed routine mom and baby assessments, medication management
- Monitoring laboratory tests and values
- Oriented and educated parents in baby care
- Gave clear and concise report using SBAR
- Delegated tasks effectively and safely to members of the healthcare team
- Performed direct mom/babies care and assessments, obtaining vital signs, glucose monitoring and administering prescribed medications to Postpartum moms and babies
- Monitored baby feeding routine, weight and hygiene

Psychiatry Student Nurse, Clinical Rotation

John Muir Behavioral Health Center - Concord, CA

March 2019 to April 2019

- Helped educated adults and adolescent patients and families about their illness, and facilitate integration back into the community
- Ensured open communication with patients, families and health care team members to enhance and promote patients' recovery

Medical- Surgical/Orthopedic/Oncology/Rehab/Renal Student Nurse, Clinical Rotation

John Muir Health Walnut Creek Medical Center - Walnut Creek, CA

August 2017 to March 2019

- Performed various assessments; provided intravenous therapy; monitored various drainage devices, wound and ostomy care
- Documented the patient's plan of care using identified nursing diagnoses, patient outcomes in the Epic EHR system
- Performed direct acute nursing care and comprehensive routine assessments which included head-to-toe assessments, obtaining vital signs, glucose monitoring and administering prescribed medications to adult and geriatric patients

Medical- Surgical/Operation Room/PACU/Telemetry/ Labor and Delivery/ Postpartum/NICU Student Nurse, Clinical Rotation

Contra Costa Regional Medical Center - Martinez, CA

January 2018 to December 2018

- Provided physical assessment to newborns immediately after delivery, determined APGAR scores, administered vaccines and vitamin K injections
- Educated new parents on post-delivery care of mothers and newborns, including newborn safety
- Performed routine assessments, administration medications as prescribed
- Proper documentation of all patient's interventions utilizing the Cerner Electronic Health Record

Pediatric Medical- Surgical Student Nurse, Clinical Rotation

UCSF Benioff Children's Hospital - Oakland, CA

October 2018 to November 2018

- Assessed pediatric patients, obtained vital signs, administered medications

- Documented of all assessment findings, daily cares and safety checks

Education

ADN

Los Medanos College - Pittsburg, CA
August 2017 to May 2019

Certificate in Aesthetics

Aesthetic Medical Educators Training - Washington State

Skills

- Nursing
- Cerner
- Infant Care
- Dermal Fillers
- Botox Experience
- EMR Systems
- Experience Administering Injections
- Epic
- Vital Signs

Languages

- Portuguese - Expert
- Spanish - Fluent

Certifications and Licenses

Registered Nurse

California License Number: RN95215520 Exp. Date: 06/30/2023

American Heart Association Exp. Date: 03/2023 ACLS

American Heart Association Exp. Date: 03/2023 PALS

American Heart Association Exp. Date: 03/2023 BLS

CPR Certification

Aesthetic Nurse Botox/ Fillers

Present