# Shanta Washington

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Seeking a registered nurse position that utilizes an extensive knowledge of clinical detail.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

### **Registered Nurse**

Colleton Medical Center-Walterboro - Walterboro, SC November 2020 to Present

Medsurg nursing

### **Registered Nurse**

Life Care Centers of America November 2017 to Present

Hilton Head, SC

- Provide bedside care.
- Administer medications and document therapeutic effects.
- Take vital signs (temperature, blood pressure, pulse and respiration).
- Assist with resident comfort.
- Prepare and administer medications
- Help coach staff as necessary.
- Accurately documented all elements of nursing assessment, including treatment, medications and IVs administered, discharge instructions and follow-up care.
- Addressed patient care needs, collected vitals, dressed wounds and managed catheters.

### **Registered Nurse**

Geri Psych unit

January 2019 to February 2021

Hilton Head Hospital, Hilton Head SC -Current

- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.

### **Agency Licensed Practical Nurse**

Colleton County Board - Walterboro, SC February 2013 to October 2019

- Administer medications.
- Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans including the psychiatrist and psychologist.
- Train medical technicians on medication administration.
- Schedule medical appointments.

#### **Licensed Practical Nurse**

Magnolia Recovery- Hilton Head, SC January 2015 to December 2018

- Responsible for the admission coordination for a medically managed withdrawal service.
- Communicate with different referral partners and develop relationships to ensure optimal patient outcomes.
- Extensive working relationship with nursing staff including the DON to coordinate the continuum care.
- Provide psychiatric assessments and stabilization.
- Provide pharmacotherapy, psychoeducation, and pharmacological education for clients and enhance the patient experience utilizing a multitude of interventions and therapeutic skills.
- Reviewed physician orders and dispensed medication and treatment, participating in medication management to promote patient safety and effectiveness.

#### **Licensed Practical Nurse**

NHC Healthcare - Okatie, SC October 2012 to December 2015

- Provide bedside care.
- Administer medications and document therapeutic effects.
- Take vital signs (temperature, blood pressure, pulse and respiration).
- · Assist with resident comfort.
- Prepare and administer medications
- Collect samples and monitor catheters.
- Provide wound care.
- Help coach staff as necessary.
- Educated patients and caregivers on discharge instructions.

#### Education

## **Bachelor's Degree in Nursing**

USC - Aiken, SC

March 2020 to August 2021

### **Associate Degree in Nursing**

Technical College of the Low Country - Beaufort, SC January 2019 to August 2019

### **Diploma in Practical Nursing**

ECPI University - Medical Careers Institute - Charleston, SC

## **Nursing Licenses**

### RN

Expires: April 2022

State: SC

### Skills

- Medication Administration
- Nursing
- Nursing
- Hospital Experience
- Managed Care

## Certifications and Licenses

## **BLS, ACLS**

February 2021 to February 2023

### **BLS Certification**

## **Compact State Nurse License**

### **CPR Certification**

### Assessments

## **Electronic Health Records: Best Practices — Highly Proficient**

September 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use Full results: <u>Highly Proficient</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.