

# Nichole Varga, MSN, APRN, FNP-BC

BOARD CERTIFIED FAMILY NURSE PRACTITIONER

## Contact



Elmwood Park, NJ



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## Education

### Master of Science in Nursing

Family Nurse Practitioner  
Chamberlain University  
Graduated April 2020

### Bachelor of Science in Nursing

Sentara College of Health Sciences  
Graduated May 2017

### Associate of Science in Nursing

Registered Nurse  
Gateway Community College  
Graduated June 2013  
Honors: *Dean's List*

### Licensed Practical Nurse

Lincoln Technical Institute  
Graduated June 2010

## Licenses & Certifications

- FNP-BC, ANCC
- APRN, New Jersey, Nevada and Virginia
- RN, New Jersey, Nevada, Virginia, and Washington, DC
- BLS, *American Heart Association*
- Infection Prevention Certified

## Leadership Positions

- Nurse Manager
- Nurse Preceptor

## Profile

Highly-motivated, board-certified nurse practitioner with one year of advanced practice experience following seven years as a registered nurse. Committed to providing safe, patient-focused, and cost-effective healthcare while empowering others to improve their lives by taking a holistic approach to wellness and utilizing evidence-based disease prevention strategies.

## Nurse Practitioner Experience

### AESTHETIC NURSE INJECTOR, NURSE PRACTITIONER

Beverly Hills Rejuvenation Center | 2020 - Present

- Administer various cosmetic services including neuromodulator injections and dermal filler injections
- Educate patients on the variety of skin care products and services
- Work collaboratively with a team of estheticians, physician associates, and doctors

### AESTHETIC NURSE INJECTOR, NURSE PRACTITIONER

Weight Loss & Vitality | 2018 - 2020

- Provided in-office dermatology treatments and minor cosmetic procedures
- Educated clients via one-on-one individualized coaching sessions to help ensure weight loss success
- Worked collaboratively with clients to identify their barriers to weight loss and establish an effective treatment plan

### AESTHETIC NURSE INJECTOR, NURSE PRACTITIONER

Metropolitan ENT & Facial Plastic Surgery | 2019 - 2020

- Performed aesthetic procedures such as facial injections
- Provided assessments on antiaging skin care treatments
- Worked collaboratively with a team of estheticians and ENT facial plastic surgeons

## Professional Skills

- Proficient in comprehensive health coaching to individuals and families across the lifespan
- Advanced health assessment and medical management skills
- Astute to subtle changes in patient conditions
- Patient and family advocate
- IV Therapy
- Phlebotomy
- PRP Hair Loss
- Cosmetic facial injections & antiaging skincare treatments

## Personal Skills

- Reliable and professional
- Organized and efficient
- Skilled and proficient in multi-tasking
- Prioritization skills
- Empathetic and patient-focused
- Quick learner
- Self-motivated
- Flexible

## Professional Affiliations

- Member, *International Society of Plastic and Aesthetic Nurses*

## Nursing Experience

Aesthetic Nurse Injector, Registered Nurse  
Richmond Surgical Arts Plastic Surgery | 2015 - 2017

Aesthetic Nurse Injector, Registered Nurse  
Ideal Image | 2013 - 2015

Physician Office, Registered Nurse  
Sentara Forest Lakes Family Medicine | 2013

Rehabilitation Unit, Licensed Practical Nurse  
Elim Park | 2011 - 2013

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## Nurse Practitioner Practicum Experience

*Under Supervision of a Preceptor*

### ❖ PRIMARY CARE | 250 HOURS

Alexandria Immediate Care

### ❖ INTERNAL MEDICINE | 125 HOURS

Lloyd Moss Free Clinic

### ❖ PEDIATRICS | 125 HOURS

Boulevard Pediatrics

### ❖ FAMILY PLANNING / WOMEN'S HEALTH | 125 HOURS

Alexandra Health Department

- Performed comprehensive health histories and physical examinations in patients across the lifespan
  - Established diagnoses and managed medical treatments for adults with acute and chronic conditions including, but not limited to: COPD, diabetes, hypertension, hyperlipidemia, thyroid disorder, depression, anxiety, and musculoskeletal pain
  - Formulated diagnoses and treatments of acute and chronic pediatric conditions including, but not limited to: allergies, asthma, viral illnesses, strep throat, and otitis media
  - Provided advanced care such as I&D and splinting for patients presenting to the clinic with various urgent care needs including dermal wounds and musculoskeletal injuries
  - Ordered and interpreted laboratory, EKG, and radiologic testing
  - Educated patients about preventative screening and vaccinations
  - Conducted Pap smears and STD testing
  - Educated patients on how to prevent, manage, and treat STDs
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