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SARAH J. HOLDER

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PROFESSIONAL SUMMARY

Proficient and caring nursing team member offering outstanding patient-facing experience. Adept at addressing patient needs with compassionate care and attention to detail. Diligent about maximizing satisfaction, safety and wellness while serving patients of all backgrounds.

SKILLS

- Pulse oximetry tracking
- Patient Management
- Breathing treatments
- Maintaining nutrition
- Chronic disease management
- Caregiving skills
- Direct Patient Care
- Patient Assessments
- Active Listening

WORK HISTORY

Registered Nurse | Advantage Nursing & Maxim Healthcare - Marion/Fairview Heights, Illinois 11/2021 - CURRENT

- Managed care from admission to discharge.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Provided direct patient care, stabilized patients and determined next course of action.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Led successful team comprised of RNs, LPNs and ancillary staff.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.

Licensed Practical Nurse | Maxim Healthcare - Fairview Heights, Illinois 02/2014 - CURRENT

- Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.
- Collaborated with interdisciplinary team of healthcare and social service providers to address patients' needs through effective intervention and care planning.
- Educated patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.
- Documented accurate and complete patient information to address patient problems and expected outcomes.
- Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.

- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.
- Cared for wounds, provided treatments and assisted with procedures.

Licensed Practical Nurse | Advantage Nursing Services Inc. - Marion , IL 02/2009 - CURRENT

- Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.
- Collaborated with interdisciplinary team of healthcare and social service providers to address patients' needs through effective intervention and care planning.
- Educated patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.
- Documented accurate and complete patient information to address patient problems and expected outcomes.
- Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.
- Cared for wounds, provided treatments and assisted with procedures.

Licensed Practical Nurse | Intelistaf Healthcare - Carbondale , IL 04/2000 - 08/2004

- Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.
- Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.
- Communicated with patient's family or friends to provide advice, comfort and release instructions.
- Administered injections, prescribed medications and enemas and cleaned and dressed wounds to assist with basic medical care.
- Informed nursing personnel of new admissions, expected time of arrival, room assignment and other information to prepare for patient arrival.
- Assisted ailing patients with eating and bathing to support activities of daily living.
- Reviewed care plans to verify patient's diagnosis, treatment goals and specific nursing orders.

- Observed patients under treatment to identify progress or side effects of medications.

EDUCATION

Rend Lake College, Ina, IL 05/2021

Registered Nurse (ADN): Nursing

IL RN # 041.518668

Rend Lake College, Ina, IL 12/2005

Licensed Practical Nurse: Nursing

IL LPN # 043.101326

John A Logan College, Carterville, IL

Certification (CNA) : Nursing