**TRAVEL LABOR AND DELIVERY NURSE, HARLEM HOSPITAL, NEW YORK** 07/2021-12/2021

**CLINICAL NURSE, INOVA ALEXANDRIA HOSPITAL, NORTHERN VIRGINIA** 10/2019-07/2021

**Labor and Delivery**

* Took care of high-risk pregnancies including GDM, PIH, preeclampsia, and postpartum hemorrhages.
* Used fetal heart monitors to make appropriate interventions.
* Managed insulin drips, magnesium drips, and Pitocin.
* Circulated during C-sections, assisted during vaginal deliveries, and triaged patients in the OB ED.
* Experience maintaining isolation precautions, donning doffing PPE, while taking care of a COVID-19 positive laboring patient.
* Managed patient's pain including epidural and patient controlled analgesia administration.

**CLINICAL NURSE , VIRGINIA COMMONWEALTH UNIVERSITY HEALTH SYSTEMS, RICHMOND VA .**  12/2017 - 02/2019

**Cardiothoracic Surgery**

* Provided care for patients with heart failure, cardiac arrhythmias, aortic surgery, heart transplant, LVAD, total artificial hearts, minimally invasive surgery, general thoracic surgery, and vascular surgery.
* Initiated IV therapy to include cardiac drips, antibiotic therapy, pulmonary hypertension drips, hydration therapy, monitored blood infusions, and pain management.
* Responded with initial diagnosis to patients undergoing sudden life threatening emergences.
* Educated patients on their disease process, how to take certain medications, and preventative measures.
* Monitored telemetry, chest tubes, other drainage devices, and pacer wires.

**Nurse Residency**

* Completed an evidence base practice project on how gratitude effects nurses retention rate.
* Presented findings on the use of gratitude during morning safety huddle to the managers of the hospital.

**VOLUNTEER NURSE, TANZANIA** 08/2017 – 10/2017

**Themi Hospital, Arusha, Tanzania**

* + Labor and Delivery - monitored fetal heart rate, observed contractions, administered medication, and assessed newborn
  + Antenatal unit- took vitals, measured fundus, and assessed fetal heart rate and fetal position.
  + HIV clinic- tested patients for HIV and STIs, administered medication, and counseled patients.
  + Family Planning - educated women on methods of birth control, assisted with IUD insertion, helped insert birth control implants, and gave depo shots.

**Levolosi Hospital, Arusha, Tanzania**

* + Minor surgery unit- assisted with circumcisions, tubal ligation, sutures, and wound dressings.
  + Outpatient unit- helped diagnose patient who had pneumonia, malaria, typhoid, and TB.

**COMMUNITY OUTREACH ORGANIZER, TANZANIA** 08/2017 – 10/2017

**HIV Screening, Arusha, Tanzania**

* + Started an outreach program providing HIV testing and health check ups at schools and orphanages.
  + Tested over 300 children for HIV.
  + Arranged for Tanzania Volunteer Experience, a NGO, to adopt this program, with the goal to test all children in Arusha for HIV.

**Fundraising, Arusha, Tanzania**

* + Raised $5,525 for medical supplies, collaborated with Tanzanian doctors and fully stocked Levolosi minor surgery room with supplies.
  + Consulted with nursing leaders at Themi Hospital and donated equipment for a C-section theater

**VOLUNTEER NURSE, DELHI INDIA** 02/2019 – 03/2019

**Faridabad Slum Clinic**

* + Community clinic- Took vitals, preformed a nursing assessment, and triaged patients.
  + Weekly school clinic- wellness assessments on over 200 children and education on malnutrition

**EDUCATION, JAMES MADISON UNIVERSITY, HARRISONBURG VA**

**Bachelors of Science in Nursing, 2017**