

Shanea Washington

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Authorized to work in the US for any employer

Work Experience

Nursing Assistant

Redeemer Health and Rehab Center - Minneapolis, MN

June 2018 to Present

As an overnight nursing assistant my job duties include but are not limited to, assisting residents with activities of daily living. I assist resident's in getting ready for bed. Cleaned up and changed into night clothes. I assist in brushing teeth and properly cleaning and storing of dentures. I assist resident's with toileting needs. I turn and reposition resident's at least every two hours or as their care specifies. I make sure resident's are comfortable and able to sleep. I help residents with any other needs that may arise throughout the night. I report all changes in residents to my charge nurse. I also chart via matrix care on residents within the shift.

Nursing Assistant Certified

ST. THERESE NURSING HOME - New Hope, MN

March 2014 to April 2017

As a nursing assistant in the TCU, I helped short term residents achieve and succeed at activities of daily living. I assisted them with bathing...grooming...toileting...dressing...and any other activities they may have needed assistance with. I helped resident's get to and participate in activities offered by the facility. I assisted with catheter and colostomy cares. I assisted resident's with tracheotomy and tube feeding cares. I also assisted nurses with wound care on some residents.

I also floated to the long term care floor and the memory Care unit. In long term, I assisted residents with turning and repositioning. Helped residents to transfer, using a gait belt or mechanical lifts. I performed nightly rounds to assist residents with toileting needs and/or breath checks.

On the memory Care unit I was usually floated for a few hours to help out co-workers with their nightly rounds. I assisted mainly with toileting needs. I also would assist with one on one care to residents that were having a hard time, usually due to the affects of sun downing.

Nursing Assistant Certified/Home Health Aide

Augustana Care - Minneapolis, MN

August 2011 to October 2016

I worked at Augustana as an on call nursing assistant for the most part. As an on call assistant I worked in almost all areas, from assisted living, long term care, TCU and memory care. My duties shifted depending on which department I worked in but it was generally the same. In the assisted living facility I assisted residents with medication administration. I primarily worked overnight on the TCU and Long Term Care departments. I would assist residents with any needs they had and any needs described in their individual care plan. Memory Care kind of fluctuated as different residents faced different challenges at different

times. I supported and assisted residents to meet their nightly needs. I did a lot of one on one support with various residents. I was there to help and redirect residents as needed.

Home Health Aide

Interim HealthCare - Minneapolis, MN
July 2012 to February 2014

Certified Nursing Assistant/Home Health Aide

Provided personal care: bathing grooming dressing feeding assistance toileting catheter care. Assisted nurse with resident vital signs: blood pressure, temperature, pulse, weights, and respirations. Assisted residents in and out of bed, wheelchairs and automobiles.

Nursing Assistant

Golden Living Center Lake Ridge - Roseville, MN
April 2009 to August 2011

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Education

Certificate in Nursing Assistant

Lake Superior College
November 2007

High School Diploma

University High School
2005

Skills

- CNA for over ten years. I am currently on the Minnesota registry. (10+ years)
- Care Giver (10+ years)
- Alzheimer's Care (7 years)
- Catheter Care (10+ years)
- Critical Care Experience
- EMR Systems
- Medication Administration
- Memory Care
- Nursing (Less than 1 year)
- Tube Feeding (5 years)
- Cleaning Experience (10+ years)
- Home Care (5 years)
- Dementia Care (10+ years)

- Laundry (10+ years)
- Patient Care
- Infection Control Training (10+ years)
- Meal Preparation (4 years)
- English (10+ years)
- Senior care (10+ years)
- Social Work (Less than 1 year)
- Hospice Care (5 years)
- Microsoft Word (10+ years)
- Home Health (10+ years)
- Medical Office Experience (1 year)
- Computer Skills (1 year)
- Caregiving (10+ years)
- Vital Signs (10+ years)
- Assisted living (8 years)

Certifications and Licenses

CPR

Certified Nursing Assistant (CNA)

Nursing Assistant

November 2007 to July 2020

I have been a Nursing Assistant for almost 14 years. It is what I love to do. There is a reward and satisfaction that I honestly don't know if you can get that feeling anywhere else. There is a wisdom that money can't buy. I just love how the smallest things can create the biggest smile and generate the most appreciation.

Additional Information

Interpersonal Skills

*dependable*hard-working*self-motivated*highly-energetic*caring*compassionate*honest*patient*team player