# VERONIKA WATERBURY

Registered Nurse (RN)



**J** (585) 545-0078

Rochester, NY

### **EDUCATION**

Associate in Applied Science Nursing

#### Monroe Community College

- iii August 2019 December 2021
- Rochester, NY

Bachelors of Arts

Psychology

University at Buffalo, SUNY

- iii August 2013 May 2019
- Buffalo, NY

#### CLINICAL PLACEMENTS

Rochester General Hospital Strong Memorial Hospital Highland Hospital St. Ann's Community

#### SKILLS

First Aid/CPR - BLS Certified
Electronic Medical Records (EPIC)
Phlebotomy
Deescalation

#### PERSONAL STATEMENT

I am an enthusiastic new graduate with outstanding patient care and employment references. Balancing work and school full-time through a pandemic, I further developed time management skills and maintained focus to achieve my goal of becoming a Registered Nurse. I am eager to master new skills within a fast paced environment and offer a combination of diverse clinical knowledge and critical thinking abilities. With over three and a half years' experience working on a Behavioral Medical-Surgical unit, I have provided care for acutely ill patients experiencing co-occuring medical and psychological disorders. My strong background in patient care and consistent work ethic make me a valuable addition to any medical care team.

#### WORK EXPERIENCE

## Sr. Psychiatric Technician

#### Strong Memorial Hospital - Inpatient Medicine in Psychiatry

- - Promote patient care delivery as part of a multidisciplinary team ensuring HIPPA and accurate documentation in the electronic health record.
  - Obtain vital signs and accurately record in E-Record and report information according to established procedures
  - Preceptor for newly hired psychiatric technicians
  - Provide individual patient care needs including but not limited to:
  - Assist patients with personal and daily care, such as bathing, oral hygiene, and assistance with feeding for those unable to feed themselves.
  - Perform phlebotomy and collect samples
  - Performing EKG's
  - Accurately document patient intake and outputs
  - · Assisting patients with ambulation and safe transfers
  - Prevention of hospital acquired pressure sores through proper and frequent positioning
  - Implement fall precautions
  - Perform safe restraining techniques

#### Home Health Aide

#### **Family Care Services of WNY**

- - Assist with ADLs and direct patient care for geriatric patients requiring total care
  - Perform safe patient transfers including the usage of Hoyer Lifts
  - Tasks included personal hygiene, assistance with mobility and transfer, patient feeding, light cooking and house-keeping
  - Responsible for honest and reliable home health care