

# Georgina Lara

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Compassionate nurse aspiring to practice, acquire and improve my skills. Desire to improve the health and well-being of the community. By utilizing my patient care, interpersonal relations and medical expertise, I believe to achieve the upper most level of patient care.

## Work Experience

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### **Charge Nurse/Unit Manager**

Windsor Hampton Rehab Center Post-Acute Care - Stockton, CA  
2018 to Present

Follow rehabilitation and treatment plans to accelerate patient recovery, minimize pain and discomfort. Reduce risk for infections and complications from serious illness and injuries. Develop care plans and supervise the care provided by nursing aides and licensed nurses. Complete data collection; administer medications and treatments as ordered for 30+ patients with diverse condition and acuity levels as well as intravenous therapy. Manage appointments and transportation for all patients. Communicate with providers for all changes in condition, discharges, admissions and transfers. Maintain organized medical documentation and patient information.

### **RN Staff Nurse**

Saint Joseph's Medical Center - Stockton, CA  
Present

Staff RN/Float Pool 2021-present

Follow Medical treatment plans to provide and accelerate patient recovery. Conduct individualized patient assessments, prioritizing data collection based on the patient's immediate condition within timeframe following hospital's policies and protocols. Develop plans of care individualized for each patient. Administer appropriate treatments as ordered by a licensed independent practitioner in an accurate and timely manner. Perform nursing interventions as established by individualized patient care plans. Deliver nursing care with appropriate age and cultural competence. Provide individualized patient/family education. Document patient's assessment findings. Initiate emergency resuscitative measures according to individualized patient's code status and advanced life support protocols. Maintain patient confidentiality. Maintain nursing competency by attending educational classes as provided by the hospital and peer-review research articles.

### **Assist surgeon**

Eye Surgery Center of Northern California - Citrus Heights, CA  
2019 to 2019

Citrus Heights Ca-  
Pre-Op, Or, PACU Preceptorship 2019

Perform pre and post-operative care for patients such as, establishing IV peripheral access for surgery, ensure consent forms are properly filled out, ensure the proper eye is being marked prior to surgery,

review medical history, Assist surgeon with medication administration, preparing BSS bags, documenting surgery process and assist surgeons when complications arise. Perform post-op care, take vital signs per protocol, ensure patient is stable prior to discharge, provide post-op instructions and perform phone calls to follow up with patients' status and health after surgery.

## Education

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### **BSN**

Chamberlain University - Rancho Cordova, CA  
2020

## Languages

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- Spanish - Fluent

## Additional Information

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AHA- BLS