MINDY FRENTRESS

Bossier City, LA 71111 318-773-9108 frentressm@yahoo.com

Summary

Experienced nursing professional bringing demonstrated clinical expertise, leadership skills and technical knowledge. Proficient in updating charts, monitoring medications, protecting patient from surgical injuries, and working with multidisciplinary teams to optimize patient care. Quality-driven and efficient with strong interpersonal abilities. Offering over 21 years in the field and looking for a challenging, long-term position.

Skills

- Medication and IV administration
- Charting and documentation
- Clinical leadership and supervision
- Dispensing medication
- · Taking vital signs
- HIPAA and confidentiality

- Staff Development and Precepting
- Triaging patient concerns
- Talented in minor surgery assistance
- Laparasopic procedures familiarity
- Broad medical terminology knowledge
- Body mechanics knowledge

Experience

July 2006 to Current

Specialists Hospital of Shreveport

Shreveport, LA

RN Staff Nurse

- Communicates effectively with physicians and provided support during surgical procedures.
- Ensures that the Operating Room is prepared with all necessary supplies, implants, instrumentation, and equipment, in accordance with the physician's preference card.
- Creates and corrects physician preference cards.
- Prepares patients for surgical procedures by reviewing patient information, answering questions and giving medications as ordered.
- Assists anesthesia in intubations and start IVs.
- Properly positions patients in various positions using multiple positioning aids and tables.
- Monitors sterile field and scrub techs.
- Participates in Quality Assurance meetings for the Operating Room
- Performs charge nurse duties such as organizing and assigning the surgical cases and teams.

November 1999 to June 2006

Willis Knighton Bossier

Bossier City, LA

RN Staff Nurse

- Circulated multiple specialties including General, laparoscopic, and cardiovascular procedures
- Assesses, plans, evaluates and ensures the implementation of the patients care to achieve identified outcomes and delivers safe patient care according to facility policy and procedure.
- Performs scrub nurse duties for general cases as needed.
- Performed charge nurse duties for General, Laparoscopic, and OB/GYN services.

Education and Training

Northwestern State University

Shreveport

Certifications

- Basic Life SupportAdvanced Cardiac Life SupportPediatric Advanced Life Support