|  |
| --- |
|  Rosa Foster, BSN, RN451 Payne Lane, Yreka Ca 96097 · (530)340-2363Rosamaria01@hotmail.com  |
| Registered Nurse with 6 years of experience providing quality care to a wide variety of patients in an acute care setting with a focus in Labor and Delivery. Aiming to leverage my experience and knowledge to effectively fill the nursing position at your hospital.  |

# Experience

|  |
| --- |
| October 2015 to CurrentRegistered Nurse at Fairchild Medical center, OBSTETRICS Sorian and Obix Charting Systems. Responsibilities include but not limited to care of maternal and neonatal patients, antepartum, intrapartum, postpartum, pre-, and post-surgical care. Triaging antepartum patients, stabilizing patients, and assisting in preparing patients for transfer of care to a higher-level care facility. Assisting with breastfeeding and working with interdisciplinary teams.  |
| March 2008-October 2015Licensed Vocational Nurse, Fairchild Medical Center, Medical Surgical FloorProvided direct patient care in an acute care setting to post-op ortho patients, acutely ill medical patients and performed physical assessments and reassessments under the observation of an RN. Administered PO/IM/SC medications. Transfused blood products. Managed patient load of five patients with excellent time management and patient care.  |
| August 2004-August 2005Certified Nurse Assistant Took vital signs, measured intake, and output, assisted residents and patients to the bathroom, changed occupied beds. Fed patient’s meals and assisted them with ADLs as needed.  |
|  |

# Education

|  |
| --- |
| **Western Governors University**Bachelor’s degree-Registered Nursing (RN-BSN) 2021**College of the Siskiyous, Yreka, CA** Associate Degree Registered Nursing, 2015**College of the Siskiyous, Weed, CA**Associate Degree in Licensed Vocational Nursing, 2007**College of the Siskiyous, Weed, CA**Associate of Arts, 2004Certified Nurse Assistant Certificate  |

# Skills

|  |  |
| --- | --- |
| * Epidural monitoring
* Electronic charting
* Fetal monitoring
* Cervical exams
* Neonatal care
* Patient assessments
 | * Pain management during labor
* Postpartum care to mother and infant
* Preparing patients for surgery
* Breastfeeding care
* IV initiation and therapy
* Time management
 |

# Licenses and Certifications

* Registered Nurse-License, California #95076365
* Neonatal Resuscitation (NRP)
* Advanced Cardiac Life Support (ACLS)
* Pediatric Advanced Life Support (PALs)
* Basic Life Support (BLS/CPR)
* Advanced Fetal Monitoring Certificate
* S.T.A.B.L.E

# References

Available upon request