GINA TSILIONIS

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PROFESSIONAL SUMMARY

Knowledgeable Registered Nurse Manager with excellent conflict resolution and problem-solving abilities demonstrated across a 25-year career history. Keeps units running at peak efficiency, quality and performance. Excellent communication and coordination skills. Skilled in providing patient-centered care to a diverse child, adult, and geriatric long-term/rehab/office patient setting. Seeking a position in a facility/clinic that will allow utilization of expertise.

Skills

- Employee Supervision
- Process Implementation
- Data Analysis
- Decision Making
- Critical Thinking

- Risk Management
- Problem Resolution
- Emergency Readiness
- Verbal and Written Communication
- Compassionate and Caring

WORK HISTORY

Nurse Unit Manager Long Term/Rehab Facility, 03/2018 to 07/2021

Greenwood House - Trenton, NJ

- Covid tested all residents/staff at least weekly with both antigen and PCR tests, while maintaining proper paperwork, and logging results accurately.
- Vaccinated patients to protect individuals from illnesses of concern.
- Fostered improvement in staff development, personnel training and standards of patient care.
- Evaluated skills of nursing personnel and verified staff certifications for validity.
- Established and continuously optimized unit schedules and individual work assignments.
- Conducted patient assessments and developed treatment plans for 54 patient unit.
- Assessed patients to determine individual needs and develop care plans in coordination with multidisciplinary healthcare professionals.
- Investigated and independently resolved complaints from staff, physicians and patients by leveraging clinical judgment and unit management expertise.
- Reviewed department performance and adjusted coverage to compensate for changing conditions.
- Supervised professional and paraprofessional nursing staff and delegated tasks to maintain continuum of care.
- Evaluated and monitored care and services throughout shift to improve quality levels.
- Monitored and inspected staff processes to eliminate hazards posed for both residents and staff while

ensuring continuous compliance with regulations.

- Transcribed physician orders accurately and alerted nurses to new orders, single orders and stat medications.
- Assisted with processing patient admissions, transfers and discharges.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Supervised, directed and motivated high-quality performance from nursing staff.

Charge/Staff Nurse, 09/2000 to 03/2018

Greenwood House - Trenton, NJ

- Performed various nursing interventions such as wound dressing, vital sign monitoring and specimen collection for 138 patient facility.
- Gathered patient health data through interviews and observation, documenting data in electronic records.
- Formulated plans for nursing measures to restore, maintain and promote patients' physical and mental health.
- Assessed physical, psychological, physiologic and cognitive status of patients.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Managed elements of patient care from admission to discharge or transfer to other units.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Ordered, interpreted and evaluated diagnostic tests to identify and assess patient condition.
- Monitored patients' conditions and reported changes in physical presentation, appearance and behavior to discuss treatment with physicians.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Directed patient care by initiating and following through with plan of care, continuing care and discharge instructions.
- Collaborated with multidisciplinary team to evaluate patient data and determine patient care plans.

Pediatric Registered Nurse, 11/1995 to 01/2000

Princeton Nassau Pediatrics - Princeton, NJ

- Cultivated rapport with patients and caregivers, utilizing proactive communication with parents and children.
- Analyzed and interpreted patients' histories, symptoms, physical findings and diagnostic information to develop appropriate diagnosis.
- Provided basic educational services to parents and guardians on topics such as child growth and development and special needs.
- Identified common pediatric and adolescent illnesses to plan and implement interventions and management.
- Thrived in high volume atmosphere providing care ranging from wellness visits to illnesses and injuries.
- Helped young patients feel comfortable with procedures and immunizations.
- Sterilized instruments and equipment and stocked unexpired supplies and medications to prepare patient care areas.
- Prepared and administered vaccines and medications, collected specimens and performed other patient

care tasks to assist physician with examinations and procedures.

• Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.

Education

Associate of Science: Nursing, 01/1996 Mercer County Community College - Trenton, NJ

Certifications

- Licensed Registered Nurse, New Jersey -License# 26NO11280600
- Licensed Cosmetologist, New Jersey License # 32wg01118900
- IV Certification, Pharmcare, 2001
- BLS Certification, Tristate, March 2021 to April 2023