**Name**: Chinwe Opara

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**PROFESSIONAL SUMMARY** : AANPCP and AANC certification

**Internship with Omincare Clinic for 10 months working with Family, women, children and elderly from 2014-2015 .**

**Duties: as seen under primary responsibilities were all performed during the internship**

* able to assess patients’ Past medical history, Review of symptoms, Physical examination, Medication review, Depression screening using  phq-9 provided by agency and adjust medications as needed. Able to identify drug to drug interactions and work with the PCP for change.
* Responsible for checking vitals, conducting a physical exam that includes monofilament test, urine dipstick, and foot exam (as appropriate)
* Able to identify diagnoses to be used in care management and active medical management
* Able to formulate a list of current and past medical conditions using clinical knowledge and judgment and the findings of your assessment
* Communicate findings in your assessment that will be used to inform the PCP of potential gaps in care
* Educate members on topics such as disease process, medication, and compliance
* Comply with all HIPAA regulations and maintain security of protected health information (PHI)

**Credentials**

* Family Nurse practitioner (AANP)
* Family Nurse Practitioner (AANC)
* Wisconsin License APNP (7268-33)
* Registered nurse BSN (2012 graduate)
* NCLEX-RN EXAMINATION License# 170298-30 (Wisconsin) 2010-present
* DE A 03/20/2018 till 12/31/2020
* NCLEX-PN EXAMINATION License# 305888-31 (Wisconsin) 2005-2009.

**EDUCATION:**

* Doctorate of Nursing in progress : Chamberlain University, Addison, IL
* Family Nurse Practitioner: Chamberlain College of Nursing, St Louis, Missouri 2015-
* Bachelors of Science Chamberlain College of Nursing, St Louis, Missouri 2011
* Associate Degree of Nursing Excelsior College, Albany, New York 2007-2009.
* License Practical Nursing,. Milwaukee Technical College, Wisconsin 2002-2005
* Certified Nursing Assistant 2001

**Optional certificate:**

• Affiliation and Certificate Ventilator certified nurse 2010-2013

• Basic life support (current )

**Volunteer service**

• Community Service Children hospital volunteer service 2005-2006 Milwaukee, Wisconsin Reference available upon request

**Experiences:**

1. **Family Nurse Practitioner Village Manor Park Nursing Home Facility March 2018 till Present**

* Perform initial residents screening and resident history and physical examination
* Updates resident record and check record for accuracy with each encounter
* Analysis problem and determine the need for follow up and further

treatment options

* Collaborates with the MD in evaluating the labs result, order labs or other diagnostic tests
* Support residents to adopt health promotion strategies that promote healthy lifestyles, and apply principles of self-care
* Educate staff as it relates to resident assessment, change of condition and appropriate documentation of findings
* Clinically examine and assess resident needs from psychological and physiological perceptive, and plan clinically care accordingly
* Diagnose and manage both acute and chronic conditions by integrating both drugs and non-drugs treatment methods
* Prescribe and review medications for therapeutics effectiveness
* Use technology and appropriate software as an aid to management in planning, implementation, and monitoring of care presenting and communicating information

1. **Family Nurse Practitioner : Department of Corrections Milwaukee County since March 2018 till present**

* Able to perform medical examinations and evaluations for Inmates coming into the facility.
* Able to diagnose, treat and follow up consultations and health education
* Able to obtain past and histories and develops patients care plan ensuring completeness and accuracy using PMOR format
* Able to participate in planning programs and in developing specific health policies and procedures
* Able to practice safely, environmental and infection control measures.
* Able to counsel to both family and inmates
* Work with Medical Director and follow her policy designed
* Able to operate autonomously in Booking department by admitting Inmates into correctional departments in Milwaukee and Racine and Franklin areas
* See 10-20 patients in 10 hour window
* Deals with mentally and behaviors issues

1. **Case Management Private Duty with Male adult in home care since 2009-April 6th 2018**

* Able to viewpast medical history, Review of symptoms, Physical examination, Medication review at every plan of care every 60 days. Depression screening and documentation almost weekly due to hyperactivity and on different anti-depressant medication.
* Responsible for checking vitals, conducting a physical exam, able to perform both urine dipstick and straight UA, Communicate findings in your assessment to Primary Care Providers. Educating staff and family members.

1. **Family Nurse Practitioner: United Healthcare Housecalls: DEC 2016-August 1 2017**

**Duties:**

* able to assess patients’ Social HX, Family HX, Past medical history, , Review of symptoms, Physical examination, Medication review, Depression screening using  phq-9 provided by agency and discuss medications adjustments during education, if needed.
* Able to identify drug to drug interactions and work with the PCP for change.
* Responsible for checking vitals, conducting a physical exam that includes monofilament test, urine dipstick, and foot exam (as appropriate)
* Able to identify diagnoses to be used in care management and active medical management
* Able to formulate a list of current and past medical conditions using clinical knowledge and judgment and the findings of your assessment
* Communicate findings of the assessment that will be used to inform the PCP of potential gaps in care
* Educate members on topics such as disease process, medication, and compliance
* Comply with all HIPAA regulations and maintain security

1. **Registered Nurse Supervisor St Camillus Healthcare 2010 till 2017**

* Geriatric RN Supervisor (St. Camillus Healthcare Center): Supervising 75 elderly residents in nursing home and in-Charge of 800 + in the Assisted Living and Independent residents in St. Camillo. Healthcare center.
* Works one on one with Nurse Practitioner and physician with Patients labs, medications and Care plans
* Able to care for complexities of diagnoses

**Duties**

* Able to provide direct care to chronically ill residents in long-term care facilities
* Collaborating with primary care physicians/ nurse practitioners, staff and patients' families (can directly speak to family or call them on phone to update any changes or new medications
* Coordinating of care for patients by admitting and discharging them.
* Able to update care plan as needed per any change of conditions or any recent medications
* Always participating in care conferences with Managers, OT/PT, DON and Social Worker and family members as directed as POA
* Utilizes review process of our facility
* Monitor and identifying patients' behavioral health issues and discuss with facility Nurse Practitioner and/or Physician.
* Providing education to our nursing staff, physicians and administration in our Nursing Home
* Cultural sensitivity and working effectively with diverse background in multicultural setting.
* Promotes safety environment to all staff and residents

**6. Private Nurse (Home Care Nurse with Outreach Home Healthcare agency): 2009 till 2011**

* Visitingpatients’ home with different co-morbidities.
* Providing safety environment
* Monitoring vent patients on ventilator, providing tracheotomy care, administering IV therapy, monitoring and giving tube feeding, advocating for patients’ right, providing wound care and monitoring change of condition.
* Encouraging autonomy, identifying abnormalities in labs and discrepancies in medications; Responsible of translating medications’ order and carrying admission and discharge plan, preventing infection and encouraging health promotion.

**7. LPN;** **Menomonee Falls Health Care Center Geriatric LPN/ Geriatric RN 2005-2010. Unit supervisor**

* Managing about 25 elderly residents with collaboration of RN supervisor and/or independently as time allows. Medication pass, assessing, diagnosis, planning, and documentation, tube feeding administration per following agency policy , responsible of calling MD in change of conditions and lab abnormalities. Advocating for residents’ safety, Foley catheter insertion and monitoring for infection, able to do wound vacuum.
* Works with Nurse practitioner or physician monthly directly by discussing the change of conditions with residents such as those with CHF and diabetics; for example the diet and weight but could report with unexpected wt gain and wt loss immediately. Plan care provider by PCP in timely fashion

**8. CNA; River Hills West Pewaukee: Certified Nurse Assistant 2002-2005** .

* Direct care with residents; such as, transferring resident from bed to chair or standing, bed bath and showering, feeding the patients, providing safety, working on the direction and collaboration with LPN/RN, able to transfer with Hoyer-lift, sit-stand; can give efficient shower bed, dressing the patients as policy of the state and the company , provide grooming for the patients.