# lisa Whiteside

#### 6513151794

Robbinsdale, MN 55422 lisawhiteside36\_oaa@indeedemail.com +1 651 315 1794

To obtain a job with a company that will provide me with opportunity to utilize my skills while challenginge me to grow professionally

Willing to relocate: Anywhere

### Work Experience

### **Nst/ nursing Assistant**

University of Minnesota - Minneapolis, MN November 2016 to Present

Care of patients with dignity and respect, assist with vitals, blood glucose, blood pressure, weights, bladder scanning, room placement, discharge, admission work.

#### **CNA - Certified Nursing Assistant**

Redeemer Health and Rehab - Minneapolis, MN May 2012 to November 2016

Provide Care for the elderly and developmentally disable patients though assistance with bathing, dressing, grooming oral hygiene, and feeding

Assist residents in transferring using appropriate assistant devices and transfer belt

Kept accurate records of patients food intake, output, and vital signs

Accurately administered medication

proficient in word, excel, and outlook

Knowledgeable in using the switchboard, scanner, fax machine

Medication administration

Cpr certified

less

### nursing assistance

Park Health and Rehabilitation - Saint Louis Park, MN August 2008 to October 2016

Provide Care for the elderly and developmentally disable patients though assistance with bathing, dressing, grooming oral hygiene, and feeding

Assist residents in transferring using appropriate assistant devices and transfer belt

Kept accurate records of patients food intake, output, and vital signs

Accurately administered medication

proficient in word, excel, and outlook

Knowledgeable in using the switchboard, scanner, fax machine

Medication administration

Cpr certified

### Education

### Some college

# **Nursing Licenses**

#### **CRNA**

Expires: August 2020

State: MN

### Skills

- BLS certificate cpr
- Senior Care
- Medication Administration
- Nursing
- Caregiving
- Vital Signs
- Hospital Experience
- Caregiving
- EMR Systems
- Laboratory Experience
- Medication Administration
- Nursing
- Senior Care
- Vital Signs
- Patient Care
- Meal Preparation
- Experience Administering Injections
- Critical Care Experience
- Laundry
- Home Care
- Medical Office Experience
- Insurance Verification
- Venipuncture
- Phlebotomy
- Medical Records
- Triage
- Epic
- Medical Terminology

- Microsoft Word
- Medical Imaging
- Computer Skills
- Computer Operation
- Customer service

## Certifications and Licenses

### NAR

January 1998 to January 2020

State: MN

### **CNA**

March 1998 to March 2020

### **CPR**