

# Nicole Fears

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## Work Experience

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### **Registered Nurse, Clinical Research**

Washington University School of Medicine - Saint Peters, MO  
September 2021 to Present

- Admission of patients to room
- Assisting Research coordinators with study orders
- Documentation of data including vitals signs, blood glucose, nursing notes
- IV placement and phlebotomy
- Administration of study infusions
- Epic experience
- Collecting and processing lab samples

### **Registered Nurse, Telemetry**

Barnes Jewish Hospital - Saint Peters, MO  
July 2020 to September 2021

- Assessed patients needing continuous telemetry monitoring
- Facilitated coordination of care between different disciplines
- Performed NIH stroke assessments and neurological checks for CVA patients
- Experience with EPIC
- IV placement and phlebotomy experience
- Assessed and treated CIWA patients per protocol
- Occasionally floated to Medical/Surgical and Intensive Care Units
- Experience taking Covid-19 positive patients

### **Medical Assistant**

Mosaic Family Medicine - Kirkwood, MO  
June 2019 to April 2020

- Oversaw scheduling of Well Woman, Well Child, and Physical exams
- Administration of vaccines to adults and children per Physicians' orders
- Responsible for relaying any patient concerns or questions to the Doctor
- Demonstrated proficiency in performing venipunctures and preparing specimens for pick up
- Aided in the creation of an employee handbook to help new hires transition smoothly into the Medical Assistant role

### **Personal Trainer**

Studio Element - Brentwood, MO  
January 2013 to April 2020

- Led clients through daily workouts tailored individually for their age, preferences, goals and any limitations

- Interacted with clients and listened to feedback to provide them with a positive training experience
- Performed assessments for new and existing clients that included taking a manual blood pressure reading, skinfold measurements, resting heart rate, and various strength, endurance, and flexibility testing

### **Patient Care Technician, Advanced Cardiac Care Unit**

Missouri Baptist Medical Center - Town and Country, MO  
June 2018 to March 2019

- Assisted nurse with vital signs and blood glucose monitoring
- Upkeep of patients' rooms including picking up soiled linen, taking out trash, and changing bed sheets
- Helped nurses with admissions

### **Health Screening Technician/Health Coach**

Interactive Health Solutions - Owings Mills, MD  
January 2012 to January 2017

## Education

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### **Associate of Science in Nursing**

Saint Charles Community College - O'Fallon, MO  
December 2019

### **Bachelor of Arts in Psychology**

Maryville University - St. Louis, MO  
May 2017

### **Bachelor of Science in Exercise Science**

Southeast Missouri State University - Cape Girardeau, MO  
December 2011

## Skills

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- Clinical Research
- Laboratory Experience
- Hospital Experience
- Medication Administration
- Epic
- Nursing
- Personal Training
- Vital Signs
- Experience Administering Injections
- Patient Care

## Certifications and Licenses

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**AED Certification**

**First Aid Certification**

**BLS Certification**

**RN**

**ACLS Certification**

**AHA Certification**

**CPR Certification**