

Angela Kepner

Des Moines, IA

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I am a dedicated Nurse LPN with medical experience providing superior clinical care to a broad-based patient population. Proven skilled leader and team player that is able to maintain positive attitude and maintain productive work environment. Demonstrated ability to establish trust, emote genuine patient caring, and manage crisis situations.

Authorized to work in the US for any employer

Work Experience

LPN

GS Labs, LLC - Des Moines, IA

Present

Covid Testing

Nurse Supervisor

The Gardens at Luther Park - Des Moines, IA

January 2021 to July 2021

Worked directly under the Nurse Manager of Health Services. Performed daily, weekly, and monthly medication and documentation audits. Provided medication administration and patient care when staff shortage or call ins occurred. Rounded with PA for facility and carried out orders provided by PA and other providers. Completed lab draws when stat orders needed. Provided disciplinary education to staff members as needed. Complete and recorded covid testing for staff and residents per state guidelines. Communicated with family members and residents to coordinate cares needed. Completed and documented physical assessments.

LPN Charge Nurse

WesleyLife - Des Moines, IA

August 2018 to July 2021

Charge Nurse for Skilled and LTC residents.

Inpatient Care Nurse

WellCare of Iowa

December 2015 to March 2016

Telephonically reviewed medical information in order to determine the medical necessity of stay according to review standards. Determined whether treatments are consistent with member's diagnosis and appropriate level of care. Ensured that services provided to eligible members are within benefit plan and appropriate contracted providers are being utilized. Determined medical necessity and length of stay based on the consistent application of CMS criteria, Interqual criteria, and Clinical Coverage Guidelines and communicates with Medical Directors for those reviews that fall outside of approvals. Assessed and coordinated simple discharge planning (short-term rehabilitation, homecare etc) with physicians, caregivers and ancillary providers to support the member's continuity of care needs. Interacted with

facility discharge planners/utilization management team to coordinate medical treatment plan, and identified opportunities for optimizing clinical outcomes through referrals to specialty care programs or an alternate level of care. Identifies members at high risk for complicated medical treatment plans, and/or repeat admissions potential and refers them to the appropriate case and disease management teams. Coordinated authorization and/or delivery of post-acute care services, including, but not limited to referrals to case and disease management, home health, medical equipment, skilled nursing facilities and other community based services. Identified quality of care issues, and reported to appropriate health plan Quality department representative. Followed and applied all necessary regulatory requirements for assigned market. Able to oversee the appropriate utilization management of services requested. Assisted with implementation of healthcare initiatives in market. Assisted in implementation of specific strategies that improve the quality and outcomes of care in market.

Nurse Care Manager/Review Tech

IFMC - Des Moines, IA

April 2006 to November 2011

I performed assessments and evaluations of disease management patients per client's contractual obligations. Collected detailed information which included medical, social, and financial information to facilitate the appropriate treatment plan that is consistent with the patient's needs. Collaborated with health care providers and ancillary service providers to validate the appropriate treatment plan and identify educational opportunities. Provided ongoing education according to the evidence based guidelines, evaluated treatment and re-evaluated the patient's commitment to make the necessary changes. Stayed in touch with the health care trends and changes. Recommended changes in policy or procedures to ensure the company maintains a competitive advantage. Performed prospective, concurrent or retrospective utilization review/medical management for all services including appropriateness of quality of care based on contract, state, or URAC requirements. Screened individual situations according to specific criteria to determine if care is appropriate. Referred cases that fail to meet screening criteria to peer reviewer. Coordinated and participated in peer-to-peer reviews as warranted. Served as liaison between peer reviewer, provider, facility and/or subscriber. Coordinated and participated in appeal processes. Trained and served as a mentor to team members and physician reviewers to ensure reviews and appeals are conducted thoroughly and within specified time frames. Documented reviews and special project results in workflow documentation system, ensuring data is accurate and timely.

Staff Nurse/Clinic/Urgent Care

Mercy South Clinic - Des Moines, IA

April 2001 to October 2005

I provided urgent care to a broad spectrum of patients. Triage patients to ensure appropriate care when needed. Supervised receptionists, CMA's, and of staff members. Improved the patient medication pick-up processes. Maintained charts, documented test results, and assessments. Performed all laboratory testing and procedures needed. Administered medications, injections and monitored patient's responses. Worked with seven physicians on a weekly basis and assisted with minor procedures. Provided specialized care for cardiac/pulmonary patients on 50 bed floor, rotating shifts, overseeing staff members (CNA's), training and orientating new employees (RN new grads, LPN's and CNA's) and participated in floor committee improvement meetings. Conducted patient assessments and developed implemented and evaluated individual care. Provided appropriate care and achieved patient outcomes by combining patient involvement and education into total care. Performed technical aspects of cardiology/pulmonary assessing and documenting the response to treatments and medications, provide health and nutrition education, and maintain charts and documentation. Key member of the unit committee. Analyzed all

forms and documentation tools to improve the nursing documentation and treatment plans. Drafted revised forms and policies to improve care and ensure best practices.

Education

Diploma in Nursing

Maric College of Medical Careers - San Diego, CA

Certifications and Licenses

Nurse's License: Class: PN, State: IA, Expires: July 2017